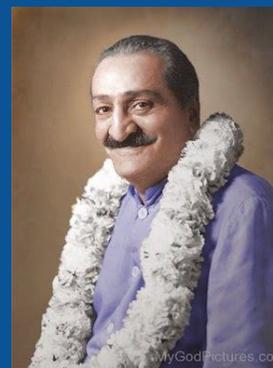


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



January 16

DONATE

Volume 267

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Circle Center event (right column items) use our [Circle Center Reservation Form](#).
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- The Circle Center is located in Myrtle Beach Mall, 10177 N. Kings HWY, Myrtle Beach, SC 29572; 843-273-0709. Its hours of operation are Fridays, Saturdays and Sundays from 2-6 p.m. or at other times by appointment. To schedule, go to www.ambcircleoffriends.com/calendar.html and fill out the online reservation form or contact Jeff Stearns at jstearns@sccoast.net.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

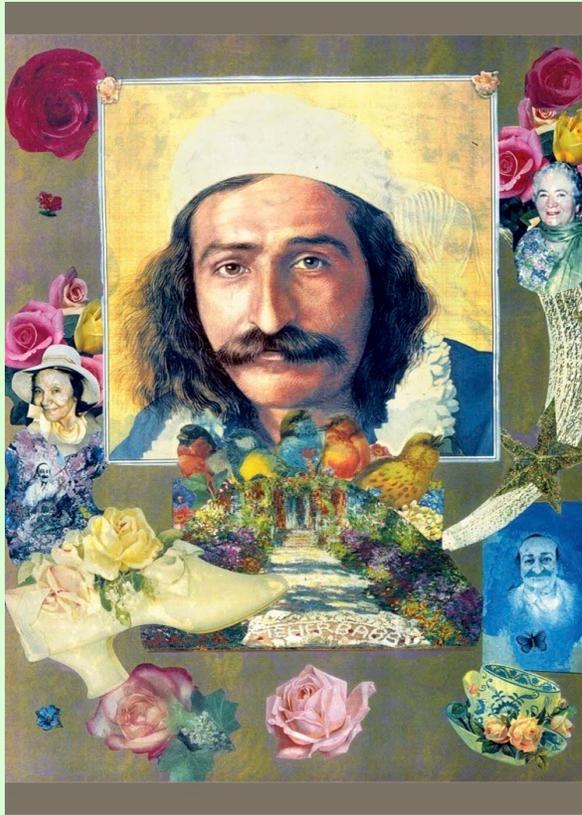
COMMUNITY NOTICES

New Baba Card

THIS WEEK AT THE CIRCLE CENTER

Early Days with the Mandali, 1969-1971

Saturday, January 18 · 3:00 – 5:00pm at the Circle Center. Greg Harland and Clive Adams present Inception of the Mandali era. Through personal slides, stories and anecdotes, light is shed on how the Mandali Era began following the passing of the Avatar of the Age, Meher



This Baba card comes in 2 sizes. 5x7 and one that is small. They are on sale at Sheriar Bookstore, and all proceeds will go to the Trust. If you know anyone willing to take some to India or the LA Baba Bookstore, please tell them to call me at 917-365-9788. It would be great to get them to any Baba Bookstore, so please, notify me if you are able to deliver them. See attachment at bottom for reverse side of card.

~ Submitted by Marilyn Seides

Forgiveness and Surrender with Meher Baba

Sat., Feb. 8 · 11:00am – 4:00pm at the Circle Center.

Forgiveness and Surrender with Meher Baba is a full day workshop facilitated by

Baba...

Respectful Rebuttal - An Alternative Narrative Regarding Sufism Reoriented

Sunday, January 19, 2020 · 3:00 – 4:30pm at Circle Center.
Richard Blum Presents: In his recent talk at the Circle, Allan Cohen presented a historical review supporting Sufism Reoriented's claim that the organization would always be led by Illumined Murshids. Richard will present other historical information not discussed by Allan that suggest an alternative conclusion. He will also explore means of fostering harmony between Sufism and the larger Baba community in spite of our differing beliefs.

An Evening of Music with The Levins

Wed, January 22, 2020, 7pm – 9pm at the Circle Center.

Laurent Weichberger. There will be two sessions, two hours each session. Attendance at the first session is required to join the second session. Workshop is by registration, 20 people maximum.

Session 1 (11am-1pm): Forgiveness with Meher Baba. This will be based on the book of the same title, available at Sheriar Books, and Amazon.com. We will share personal experiences of forgiveness, and explore what Meher Baba has explained about forgiveness, as well as work together on forgiveness exercises with Baba. This topic naturally flows into surrender.

For advance purchase:

<https://www.sheriarbooks.org/product/forgiveness-with-meher-baba/>

<https://www.amazon.com/Forgiveness-Meher-Baba-Laurent-Weichberger/dp/0692722572>

Session 2 (2-4pm): Surrender with Meher Baba. This will be based on the article of the same title, which appeared in The Glow: Spring 2018 Issue. We will share about surrender based on what Baba has given us to understand about the importance of surrender to Him. We will also work on surrender exercises together, and share personal experiences. At the end of the day, we will offer both our forgiveness work and our surrender to Baba directly, in silence.

*"The open hearted songs of
The Levins feed my soul. -
John Platt, WFUV*

*A Harmony-driven acoustic duo
known for their sun-splashed,
peace infused songwriting that
connects on a universal level.*

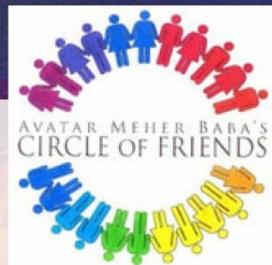
#@/TheLevins

THE LEVINS



TheLevinsMusic.com

From harmony in voice to harmony for humanity...



Wednesday, January 22nd

7:00 pm

CIRCLE OF FRIENDS

Myrtle Beach Mall

10177 N Kings Hwy Myrtle Beach, SC 29572

An evening of music with The Levins, a harmony-driven acoustic duo known for their sun-splashed, peace infused songwriting that "underscores the positive messages of love, peace and self-awareness. Each tune serves as another stepping stone toward a better day & a richer life." Tom Staudter. The Levins will be sharing music from their new CD, Caravan Of Dawn, which orbits around a transformative messages of healing and exploring the "sorrow inside joy and joy inside sorrow." They will also share music from their other albums, including "My Friend

About the facilitator: Laurent Weichberger came to Baba in 1986 in New York City. During the period 2002 - 2011, he worked closely with Don Stevens, who told him (and the group gathered together) that there is no spiritual work in the world more important than that of forgiveness. As a result of their work together two forgiveness books were created:

1. The Doorbell of Forgiveness, by Don Stevens and Companions:
<https://www.sheriarbooks.org/product/the-doorbell-of-forgiveness/> and

<https://www.amazon.com/Doorbell-For-giveness-Don-Stevens/dp/095250975X/>

And 2. Forgiveness with Meher Baba, which will be made available for sale at the event.

We hope you can join us.
~ Submitted by Laurent Weichberger

Rides to Center Needed

If you live near Craig and Louise Smith and are willing to give them a ride to Center programs from time to time, please call them and let them know. Then if they want to go to a program, they can call you and see if you can give them a ride that particular night. Any help is greatly appreciated. Please call: 843-272-4334.

~ Submitted by Laura Smith

Hafiz” based on the inspiring renditions of the poetry of Hafiz in Daniel Ladinsky’s “The Gift.” This album is also the foundation for their musical theater-circus collaboration currently garnering recognition in the San Francisco Bay Area Theater scene, View trailer here: <https://youtu.be/S79IKAmISE4>
<https://www.thelevinsmusic.com>

PRESIDENT’S REPORT

Thank you for reading our weekly e-newsletter! We are excited to share that our extended family continues to grow, as more and more of our Baba family tune in to this email list, Youtube videos, and FB page. For those who do not know us, we are a community center directly across the street from the Meher Spiritual Center. Our mission is simple: We are here to serve our community and complement the excellent work of the Meher Spiritual Center.

Our bylaws state: “We are aspirants who strive to remember Avatar Meher Baba through love, fellowship and service to one and all.” As such, we welcome all who enter through our doors, and give no importance to caste, creed, or religious ceremonies. If there is a program you would like to see happen, we are excited to help organize it. Even better, if you have ideas for an event you would like to host, we have openings in our calendar reserved just for you.

Looking forward to hosting you at the Circle!

Holiday Bazaar Update

A big thank you once again to all of you in our Baba family who helped make our Bazaar & Book Sale event a great success. As a result of your generous donations, we

Jerry Edwards Report

Jerry Edwards is in room 233 in the Myrtle Beach Manor. His new phone number is 843-758-5861. He enjoys calls and visits.

~ Submitted by Laura Crabtree

Circle Center Videos

Check out ever new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

~ Submitted by Chris Ott, Editor

Food Donations

Food Donations CoF invites you to bring donations of nonperishable food to the Circle Center. Bins are located on either side of the couch by the back door. Contributions go to the Racepath Community. The Circle Center is open Fri., Sat. and Sun. from 2 to 6 PM.

~ Laura Crabtree, Circle of Friends Secretary

HOUSING - RENT/OWN

Rental Needed

I will be moving to MB in March...if anyone has or knows of a rental available please let me know...I don't need much studio, one bedroom, will be only me, would love to be near Baba Center, but have transportation, so not a must...my email akiick@msn.com
208-908-8115

~ Submitted by Alice Kiick

Winter Rental/ housesit/ houseshare needed

Baba snowbird looking to escape from

had a huge selection of books, jewelry, art, and beautiful household items. We raised over \$2,600, of which 25% will be donated to the Meher Spiritual Center. Community in action! Jai Meher Baba!

The Circle is Getting a Make-over

Hi Dear Meher Baba friends. If you have been to the Circle recently, you may have noticed a few changes, and a bit of tidying up. We are happy to tell you that our Aesthetics Committee, Sally Gerke, Fereshteh Azad and Judy Mangold have been asked to plan and make some improvements to our space, so that it is even more welcoming and comfortable, as well as aesthetically pleasing.

Our project will be ongoing, but initially we added some nice area rugs and organized the pictures after the Bazaar and Auction events, bringing back our permanent collection of art, and designating only one wall (the wall facing the front door) to be a rotating Baba artist display area. More on this in future Newsletters. Another improvement has been to organize the bookshelves. Thank you John L. for the stately organizers, and Lisa J. for the organization tips. They are happily put to good use for organizing our supplies, brochures, and other misc. items. And here is where we invite you to participate in maintaining our space:

1. Please resist all temptations to redecorate! If you have a suggestion, please contact one of us.
2. If you move a piece of furniture for a meeting or use a supply item, please restore or return it after using it.
3. Please put recyclable items in the proper bin. Glass, plastic, cans, metal, NOT paper.

Maine for February, March.

Non smoking

Deb Cook 843-685-4981

~ Submitted by Deborah Cook

Winter Rental

Winter Rental: newly remodeled home, with view of ocean, four bedrooms, fully equipped and furnished. 5 minute walk to beach. \$500/week, \$2000/month, from December 15-30, 2019; February 1-March 31, 2020. Contact: Glenn Fox; email: foxportctr@att.net; phone 910.995.2497



4. Please contact one of us (or a Circle Volunteer) if you plan to bring something into the space, such as a donated item, or work of art. Please do not put up your own artwork on walls or place furniture or other items in the space without prior approval.

5. We ask all meeting organizers to encourage participants to restore furniture back the way it was before the meeting, and clean up food and supplies used. We do not have staff, so we all have to pitch in to keep it tidy.

6. If you are so moved, feel free to use the vacuum cleaner in the kitchen area to vacuum up after a messy meeting.

The improvements made so far are an exciting start. Thank you for your ongoing support, and keep an eye out for future improvements!

Your Aesthetics Committee,
Sally, Fereshteh & Judy

~ Submitted by Angela Chen, Circle of Friends President

UPCOMING and ONGOING EVENTS AT THE CIRCLE CENTER

PLAY by Joe DiSabatino

Saturday, January 25, 2020 · 4:00 – 5:00pm at the Circle Center.

“Oz Meets a Midsummer’s Night (Baba) Dream” ~a 40-minute comedy will be performed at the Circle Center on Saturday, January 25 at 4:00 pm and Sunday, January 26th at 4:00 pm. Written and directed by Joe DiSabatino, it



~ Submitted by Glenn Fox

SERVICES

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

~ Submitted by Bradley Cohen

was first staged at Meherabad in January, 2011. The Wizard of Oz meets Shakespeare meets Meher Baba. An All-Star cast includes Diantha Bovey, Peter Goodman, Janet Files, Keight Brown, Lenita Silveira, Lee Rotramel, Gabe Wood and Steve Koren. Advance reservations not required.

Amartithi continuous reading of God Speaks

Thu, January 30, 9am – 6pm at the Circle Center. Dennis Wolterding and Angela Lee Chen invite you to join us for a day-long reading of God Speaks commemorating Amartithi. We will begin at 9 am and read God Speaks out loud as a group, taking turns. Reading in this manner allows for a different perspective, which complements other readings and discussions that take a more step-by-step approach. The book is taken as a whole. Every read-through brings about a new personal awareness of His message. Our understanding, and therefore His help, penetrate deeper and deeper. The reading will be done continuously, without discussion, with people getting up and taking care of their own needs, including getting their lunch. We will only stop at the end, and perhaps rest breaks if needed. It will be a day of meditation in shared companionship with this great work of Meher Baba's.*Please bring along your own copy of God Speaks, though we do have a couple to share, and something for your lunch. Possibly we can have a potluck dinner afterwards, or all agree to meet at a nearby restaurant.

Art Appreciation Course

Sun, February 2, 2pm – 4pm at the Circle Center. Joe Disabatino presents: Art Appreciation Course Art lovers, this class is for you. We'll be studying the work, lives and cultural/historical context of the great painters and sculptors in the European and American tradition. We'll explore the most significant artists and their times, starting with the late Medieval period right up to the

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.
Call: 856-287-5400.

~ Submitted by Heidi Becker-Share

Massage

Massage makes everything better . Deep Tissue, Craniosacral and Reiki.
Emily Meyer 8434678988

~ Submitted by Emily Meyer

Birth Charts

"If you've never had your birth chart read, or if you have and would like a second opinion, call me at 843.410.9636, or email me at ekaterinaflynn@gmail.com. To see what kind of work I do, go [here](#). I don't do predictive astrology."

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

present. We'll watch documentaries featuring great artists like Giotto, Bernini, Rembrandt, Turner and artistic periods (Renaissance, Baroque, etc), and then view and discuss their major works and contributions by visiting the websites that feature the artists' paintings or sculptures. Instructor: Joe DiSabatino taught this course for 3 years (2016-2019) at Coastal Carolina University's OLLI program. The plan is to meet every other Sunday from 1-3 pm at the Circle Center, starting February 2nd.

The Work of Byron Katie

Sunday, March 15 · 2:00 – 5:00pm &
Sunday April 19 · 2:00 - 5:00pm at the Circle Center.
Workshop: Meher Baba on Mind and The Work of Byron Katie presented by Anne Haug

"This whole creation is the result of imagination, the outcome of the mind. It is the mind which binds you and it is the mind which is also the means of your freedom."
Meher Baba

Baba says God-realization occurs when the unconscious is made fully conscious. Jungian psychology tells us that it is the nature of the unconscious to project and that once a particular projection is made conscious, that projection ceases. Self-inquiry is a process that helps us to systematically withdraw and integrate our mind's negative projections through growing awareness of what it is that we have been unconscious of inside ourselves. We gain self-knowledge through utilizing projections as mirrors of our inner state. Through the regular practice of self-inquiry, we come to realize more and more that the world we have projected is all for our awakening. It takes time and patience to wear out old habits and patterns of thinking, but it is well worth the effort. The outcome is a growing experience of a kinder and gentler way of living.

Work shop overview:

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

~ Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

*Review of The Work of Byron Katie together with Baba's corresponding words on the mind

*Inquiry practice through a group facilitation on a universal belief

*Guidance in completing a Judge-Your-Neighbor worksheet on someone in your family of origin-father, mother, sister, brother

(We will not work on community members in our sessions.)

*Pairs take turns as client and facilitator

*Closing comments, Q&A

Two workshops are on the calendar--Sundays, March 15 and April 19, 2 to 5 p.m. You are welcome to attend one or both. One does not necessarily build upon the other.

Inquiry /circle for the work of Byron Katie by Anne Haug
Wednesday, March 18 · 2:00 – 3:30pm at the Circle Center.

Inquiry Circle: One inquiry circle is on the calendar--Wednesday, March 18, 2-3:30 p.m.--where we come and practice the work, have discussion and Q&A. If there is enough interest, we could have a weekly inquiry circle on Wednesday afternoons.

Preparation:

There are many free resources on www.thework.com that you can review before the workshop.

In addition, Jeff Stearns has a loaning DVD through The Circle Center on The Work called Turn It Around.

~ Submitted by Dennis Wolterding

**House Painting, Pressure Washing,
Carpet Cleaning & Window Washing**
Call Jim West at 843 222 7507

~ Submitted by Jim West

For avid readers, I highly recommend Byron Katie's book *Loving What Is*. She calls it the textbook for *The Work* and it is much more thorough than the audios by the same name.

You can also watch the presentation I gave last April at The Circle Center.

To know more about me, visit my website www.kindreality.com. I will be offering sessions for individuals at no charge throughout the months of March and April. Email me at anne@kindreality.com, or text me at 406 223-1796 to arrange private sessions.

ONGOING EVENTS

Digital Responsibility Study Group, Ongoing

Every Friday, 2:00 – 3:00pm at the Circle Center.

The topics for Part III will be Captology (computer aided persuasion technology), and how Microsoft responds to data subpoenas (via 'Tools & Weapons' by Brad Smith). Presented by Richard Ward

ACA Meetings

Saturday, Nov. 30 · 9:30 – 10:30am at the Circle Center.

Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded in the belief that family dysfunction is a disease that affected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. We meet to share our experience and recover in an atmosphere of mutual respect. We discover how alcoholism and other family dysfunction affected us in the past and how it influences us in the present. We begin to see the unhealthy elements of our childhood. By practicing

the Twelve Steps, focusing on the ACA solution, and accepting a loving Higher Power of our own understanding, we find freedom. Moderated by Denny Moore.

Far Side Cinema

Every Tuesday at 7:00pm - 8:30pm at The Circle Center. Far Side Cinema is a forum of exploration and education, thinking outside of the box. True education is:

“Giving/availing information and teaching/allowing one to think for Themselves.” In this dawning of the age of Intuition, Meher Baba’s “Great Awakening” is upon us - Now, this is a struggle of the forces of Light and Dark. “What will the New Humanity look like” in the various institutions we now have? Areas of inquiry: Financial, Geopolitics, Inspirational, Exopolitics, Free Energy, Secret Space Program, Health - thru the filter of the Spiritual. We end our meetings with “The Light Prayer/meditation” by Jackie Boyce. . . and go in Peace.

Effort and Grace & Light Meditation are two programs that alternate Sunday Evenings. See [Calendar](#) for exact dates & times.

Drumming From the Heart

Ongoing class and celebration for spirit, awareness, dance. Mondays at the Circle Center from 7-8:30 PM:

We bring out the spirit and joy from rhythms in West Africa, Haiti, Cuba, Brazil, American Jazz. Drums provided. It’s a wonderful group of people, and always FUN. If you are beginning, that is fine, just show up, all you need is a smile, but it helps us if you first contact John at 617-967-2962. Whether new or ongoing, please “register” at our “meetup” website so you get announcements of events, class notes, date changes, as well as access to articles, advice, “wisdom”, videos. Register as a member at our [website](#).

For More About the Circle News [Go Here](#)