

Google Groups

CIRCLE NEWS NO. 172

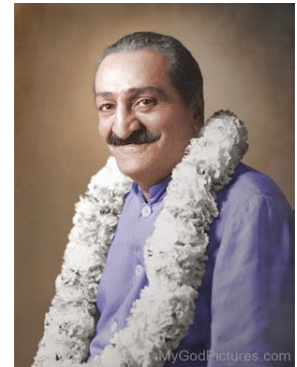
Avatar Meher Baba Circle of Friends <ambcirclefriends@gmail.com>

Feb 20, 2020 6:18 AM

Posted in group: **Circle News***The Circle News*

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
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February 20

DONATE

Volume 272

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Circle Center event (right column items) use our [Circle Center Reservation Form](#).
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- The Circle Center is located in Myrtle Beach Mall, 10177 N. Kings HWY, Myrtle Beach, SC 29572; 843-273-0709. Its hours of operation are Fridays, Saturdays and Sundays from 2-6 p.m. or at other times by appointment. To schedule, go to www.ambcircleoffriends.com/calendar.html and fill out the online reservation form or contact Jeff Stearns at jstearns@sccoast.net.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they

necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

BREAKFAST, a Poem by Keith Burroughs

It is early, still, dark.

66 degrees and breakfast on the porch.

Last night it rained so there is shimmer.

The wind bends the trees,

As it does my candle's flame.

It bows and courtesies with a gust,

Then straightens to stand tall.

Courtesy still despite violence.

-- Poem submitted by Keith J. Burroughs

Bill LePage's Baba stories at YouTube

<https://www.youtube.com/channel/UCLA0MhADft4v5JTvITdikA>

-- Submitted by Laura Crabtree

Used PC Laptop Needed

Chris Maier is looking for a used laptop with Windows 10 that hopefully someone can spare. Call

Chris (843) 877-3218

-- Submitted by Chris Maier

THIS WEEK AT THE CIRCLE CENTER

Richard Ward has cancelled his 'Digital Responsibility Group' for Friday Feb. 21 due to the flu.

PRESIDENT'S REPORT

Our bylaws state that “We are aspirants who strive to remember Avatar Meher Baba through love, fellowship and service to one and all.” As such, we welcome and love all who enter through our doors, and give no importance to caste, creed, or religious ceremonies. Our mandate is simple: we provide space for all to meet.

If there is a program you would like to see happen, we are excited to help organize it. Even better, if you have ideas for an event you would like to host, we have the space for you. We are here to serve our community and complement the excellent mission of the Meher Spiritual Center.

Looking forward to hosting you at the Circle!

A link to our Google calendar:

<https://www.ambcircleoffriends.com>

Rides to Center Needed

If you live near Craig and Louise Smith and are willing to give them a ride to Center programs from time to time, please call them and let them know. Then if they want to go to a program, they can call you and see if you can give them a ride that particular night. Any help is greatly appreciated. Please call: 843-272-4334.

-- Submitted by Laura Smith

Jerry Edwards Report

Jerry Edwards is in Myrtle Beach Manor. His new phone number is 843-758-5861. He enjoys calls and visits.

-- Submitted by Laura Crabtree

Circle Center Videos

Check out ever new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

-- Submitted by Chris Ott, Editor

Food Donations

Food Donations CoF invites you to bring donations of nonperishable food to the Circle Center. Bins are located on either side of the couch by the back door. Contributions go to the Racepath Community. The Circle Center is open Fri., Sat. and Sun. from 2 to 6 PM.

-- Laura Crabtree, Circle of Friends Secretary

HOUSING - RENT/OWN

/calendar.html

Pre-Baba's Birthday Video Afternoon

Join us in watching a classic video of Jeff Wolverson from Baba's 105th Birthday in 1999 in LA.

-- Submitted by Angela Chen, Circle of Friends President

UPCOMING and ONGOING EVENTS AT THE CIRCLE CENTER

Art Appreciation Course

Sunday, March 1 · 2:00 – 4:00pm

Sunday March 22 2:00 - 4:00pm

At the Circle Center.

Joe Disabatino Presents: Art Appreciation

Course Art lovers, this class is for you. We'll be studying the work, lives and cultural/historical context of the great painters and sculptors in the European and American tradition. We'll explore the most significant artists and their times, starting with the Renaissance right up to the present. Instructor: Joe DiSabatino taught this course for 3 years (2016-2019) at Coastal Carolina University's OLLI program. Next scheduled classes: Sunday, Feb. 16, 2-4 pm, Sunday March 1, 2-4 pm, and Sunday, March 22, 2-4 pm.

The Work of Byron Katie, Session I

Sunday, March 15 · 2:00 – 5:00pm at the Circle

Rental Wanted

Retired NY policeman looking to move back to Myrtle Beach.

Looking for temporary or long term rental under \$900. He is here now. Quiet, non-smoker. Can help with maintenance. Will take good care of your place. Has a small fixed female cat. Please contact Joe Corbett at 843-957-7180. Thanks!

-- Submitted by Phyllis Fillmore

Rental Needed

I will be moving to MB in March..if anyone has or knows of a rental available please let me know...I don't need much studio, one bedroom, will be only me, would love to be near Baba Center, but have transportation, so not a must...my email akiick@msn.com 208-908-8115

-- Submitted by Alice Kiick

Winter Rental

Winter Rental: newly remodeled home, with view of ocean, four bedrooms, fully equipped and furnished. 5 minute walk to beach. \$500/week, \$2000/month, from December 15-30, 2019; February 1-March 31, 2020. Contact: Glenn Fox; email: foxportctr@att.net; phone 910.995.2497

-- Submitted by Glenn Fox

SERVICES**Experienced Pet Care**

My name is Bradley and I am looking

Center.

Workshop: Meher Baba on Mind and The Work of Byron Katie presented by Anne Haug

“This whole creation is the result of imagination, the outcome of the mind. It is the mind which binds you and it is the mind which is also the means of your freedom.” Meher Baba

Baba says God-realization occurs when the unconscious is made fully conscious. Jungian psychology tells us that it is the nature of the unconscious to project and that once a particular projection is made conscious, that projection ceases. Self-inquiry is a process that helps us to systematically withdraw and integrate our mind's negative projections through growing awareness of what it is that we have been unconscious of inside ourselves. We gain self-knowledge through utilizing projections as mirrors of our inner state. Through the regular practice of self-inquiry, we come to realize more and more that the world we have projected is all for our awakening. It takes time and patience to wear out old habits and patterns of thinking, but it is well worth the effort. The outcome is a growing experience of a kinder and gentler way of living.

Workshop overview:

*Review of The Work of Byron Katie together with Baba's corresponding words on the mind

*Inquiry practice through a group facilitation on a universal belief

*Guidance in completing a Judge-Your-Neighbor worksheet on someone in your family of origin-- father, mother, sister, brother

for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

-- Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified) 40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.

Call: 856-287-5400.

-- Submitted by Heidi Becker-Share

Massage

Massage makes everything better .
Deep Tissue, Craniosacral and Reiki.
Emily Meyer 8434678988

-- Submitted by Emily Meyer

Birth Charts

"If you've never had your birth chart read, or if you have and would like a second opinion, call me at 843.410.9636, or email me at ekaterinaflynn@gmail.com. I don't do

(We will not work on community members in our sessions.)

*Pairs take turns as client and facilitator

*Closing comments, Q&A

Two workshops are on the calendar--Sundays, March 15 and April 19, 2 to 5 p.m. You are welcome to attend one or both. One does not necessarily build upon the other.

Inquiry /circle for the work of Byron Katie by Anne Haug

Wednesday, March 18·2:00 – 3:30pm at the Circle Center.

Inquiry Circle: One inquiry circle is on the calendar--Wednesday, March 18, 2-3:30 p.m.-- where we come and practice the work, have discussion and Q&A. If there is enough interest, we could have a weekly inquiry circle on Wednesday afternoons.

Preparation:

There are many free resources on www.thework.com that you can review before the workshop.

In addition, Jeff Stearns has a loaning DVD through The Circle Center on The Work called Turn It Around.

For avid readers, I highly recommend Byron Katie's book Loving What Is. She calls it the textbook for The Work and it is much more thorough than the audios by the same name.

You can also watch the presentation I gave last

predictive astrology."

-- Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

-- Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds. linsonner@gmail.com

-- Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

April at The Circle Center.

To know more about me, visit my website www.kindreality.com. I will be offering sessions for individuals at no charge throughout the months of March and April. Email me at anne@kindreality.com, or text me at 406 223-1796 to arrange private sessions.

Nowruz: Persian New Year Celebration

Saturday, March 21 · 5:00 – 7:30pm at the Circle Center.

Come join us for a great gathering to celebrate the first day of spring and the Persian New Year: Persian-themed Potluck dinner.

Hafiz poetry translations by Fereshteh Azad accompanied by Keith Sheridan on flute, A talk and meditation by Farshid Namiranian. Music by Jamie Newell.

Karen Cherish Noel

Saturday, April 18 · 4:00 – 6:00pm at the Circle Center.

Karen Cherish Noel Presents: Ecstatic Dance is playing world music and allowing yourself to move as your inner self wants to. It is essentially a meditation with movement. A variety of music will be played---some known and some unknown, as well as some from our favorite Baba Lovers! Come and set yourself free!

The Work of Byron Katie, Session II

Sunday April 19 - 2:00 - 5:00pm at the Circle Center.

Workshop: Meher Baba on Mind and The Work of Byron Katie presented by Anne Haug

“This whole creation is the result of imagination,

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact:

Cynthia Wolterding
 cwolterding@gmail.com
 612 849-0599

-- Submitted by Dennis Wolterding

House Painting, Pressure Washing, Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

-- Submitted by Jim West

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Work shop overview:

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*Guidance in completing a Judge-Your-Neighbor worksheet on someone in your family of origin-- father, mother, sister, brother

(We will not work on community members in our sessions.)

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ONGOING EVENTS

Digital Responsibility Study Group, Ongoing
Richard Ward has cancelled his 'Digital Responsibility Group' for Friday Feb. 21 due to the flu.

Every Friday, 2:00 – 3:00pm at the Circle Center. The topics for Part III will be Captology (computer aided persuasion technology), and how Microsoft responds to data subpoenas (via 'Tools & Weapons' by Brad Smith). Presented by Richard Ward

ACA Meetings

Every Saturday 9:30 – 10:30am at the Circle Center.

Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded in the belief that family dysfunction is a disease that affected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. We meet to share our experience and recover in an atmosphere of mutual respect. We discover how alcoholism and other family dysfunction affected us in the past and how it influences us in the present. We begin to see the

unhealthy elements of our childhood. By practicing the Twelve Steps, focusing on the ACA solution, and accepting a loving Higher Power of our own understanding, we find freedom. Moderated by Denny Moore.

Far Side Cinema

Every Tuesday at 7:00pm - 8:30pm at The Circle Center.

Far Side Cinema is a forum of exploration and education, thinking outside of the box. True education is: "Giving/availing information and teaching/allowing one to think for Themselves." In this dawning of the age of Intuition, Meher Baba's "Great Awakening" is upon us - Now, this is a struggle of the forces of Light and Dark. "What will the New Humanity look like" in the various institutions we now have? Areas of inquiry: Financial, Geopolitics, Inspirational, Exopolitics, Free Energy, Secret Space Program, Health - thru the filter of the Spiritual. We end our meetings with "The Light Prayer/meditation" by Jackie Boyce. . . and go in Peace.

Effort and Grace & Light Meditation are two programs that alternate Sunday Evenings. See [Calendar](#) for exact dates & times.

Drumming From the Heart

Ongoing class and celebration for spirit, awareness, dance. Mondays at the Circle Center from 7-8:30 PM:

We bring out the spirit and joy from rhythms in West Africa, Haiti, Cuba, Brazil, American Jazz. Drums provided. It's a wonderful group of people, and always FUN. If you are beginning, that is fine, just show up, all you need is a smile, but it helps us if you first contact John at

617-967-2962. Whether new or ongoing, please "register" at our "meetup" website so you get announcements of events, class notes, date changes, as well as access to articles, advice, "wisdom", videos. Register as a member at our [website](#).

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.



For More About the Circle News [Go Here](#)