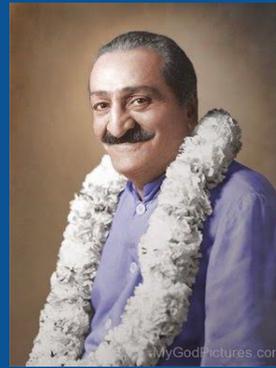


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



March 19

DONATE

Volume 276

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Circle Center event (right column items) use our [Circle Center Reservation Form](#).
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- The Circle Center is located in Myrtle Beach Mall, 10177 N. Kings HWY, Myrtle Beach, SC 29572; 843-273-0709. Its hours of operation are Fridays, Saturdays and Sundays from 2-6 p.m. or at other times by appointment. To schedule, go to www.ambcircleoffriends.com/calendar.html and fill out the online reservation form or contact Jeff Stearns at jstearns@sccoast.net.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

Free Dresser With Matching Mirror

THIS WEEK AT THE CIRCLE CENTER

Because things are changing so rapidly, all information about scheduling at the Circle Center has been moved from this newsletter to the [Circle Calendar](#). Please consult it regularly to keep up with late breaking information.



Dresser is solid pine with 9 drawers and a small cabinet.

Dresser is 64"L x 33"H x 18"D.

Framed mirror is 47"L x 44"W.

Dresser is in good condition. Top of dresser has some small dents. You will need a way to move it out of my house. If you're interested, call Carole Wood.

(828) 506-5616

~ Submitted by Carole Wood

Free Music Samples By Cindy Lowe



"The Jewels in His Crown" is a compilation of new and previously recorded songs for and about Baba's

PRESIDENT'S REPORT

Jai Meher Baba, in Whose hands everything lies!

So much has changed since a mere week ago when the last e-newsletter went out. The Circle Center fought to stay open as usual, but as you all know, circumstances have transpired that are beyond our control. Cases of coronavirus have been reported in the Grand Strand area, and at almost the same time, President Trump has suggested people not gather in groups larger than 10.

Based on this information, I have made an executive decision to move all larger events (where more than 10 attendees are expected) to a virtual format. We have subscribed to a Zoom account, and links for individual virtual events will be posted in the meeting descriptions on our public Google calendar (<https://www.ambcircleoffriends.com/calendar.html>). Bear with us as we all learn the technology. Stay tuned, because the move to virtual meetings actually increases the potential for more meetings rather than less, and we will have the ability to record the best of them to post online for viewing any time.

If coming in person to the Circle Center, please use all due caution. If you develop a fever, a dry cough without a runny nose, and shortness of breath you should immediately self-quarantine and seek medical help. If you have underlying conditions such as high blood pressure, diabetes, liver, kidney, heart or lung issues, please shelter in place at home.

If there is anyone who needs help from the community, please reach out to the Circle. We have created a list of volunteers who will be happy to help you in any way possible. And if you are someone who would like to volunteer to help others in a safe way, please contact me

Mandali, especially Mehera and Mani. You can listen to free samples at www.cindyloewe.com as well as at Spotify, iTunes, Apple Music, Amazon and other sites. Also available at Sheriar Books.

Free Workshop Material

For those coming to the self-inquiry workshop on Sunday, there are free booklets on The Work of Byron Katie available at the Circle Center. Please help yourself. It will give you an excellent overview of what The Work is and how it works.

~ Submitted by Anne Haug

Rides to Center Needed

If you live near Craig and Louise Smith and are willing to give them a ride to Center programs from time to time, please call them and let them know. Then if they want to go to a program, they can call you and see if you can give them a ride that particular night. Any help is greatly appreciated. Please call: 843-272-4334.

~ Submitted by Laura Smith

Jerry Edwards Report

Jerry Edwards is in Myrtle Beach Manor. His new phone number is 843-241-5216. He enjoys calls and visits.

~ Submitted by Laura Crabtree

Circle Center Videos

Check out ever new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

to add yourself to the list.

We are going to make it through this together. Looking forward to seeing you online at the virtual Circle!

~ Submitted by Angela Lee Chen

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

~ Submitted by Chris Ott, Editor

Food Donations

Food Donations CoF invites you to bring donations of nonperishable food to the Circle Center. Bins are located on either side of the couch by the back door.

Contributions go to the Racepath Community. The Circle Center is open Fri., Sat. and Sun. from 2 to 6 PM.

~ Laura Crabtree, Circle of Friends Secretary

HOUSING - RENT/OWN

Rental Available

Four miles north of Meher Center, a few blocks from beach, quiet, spacious, one bedroom. Contact Donna Stewart 843.902.5230





~ Submitted by Donna Stewart

Rental Wanted

Retired NY policeman looking to move back to Myrtle Beach.

Looking for temporary or long term rental under \$900. He is here now.

Quiet, non-smoker. Can help with maintenance. Will take good care of your place. Has a small fixed female cat. Please contact Joe Corbett at 843-957-7180. Thanks!

~ Submitted by Phyllis Fillmore

Rental Needed

I will be moving to MB in March..if anyone has or knows of a rental available please let me know...I don't need much studio, one bedroom, will be only me, would love to be near Baba Center, but have transportation, so not a must...my email akiick@msn.com
208-908-8115

~ Submitted by Alice Kiick

Winter Rental

Winter Rental: newly remodeled home, with view of ocean, four bedrooms, fully equipped and furnished. 5 minute walk to beach. \$500/week, \$2000/month, from

December 15-30, 2019; February 1-March 31, 2020. Contact: Glenn Fox; email: foxportctr@att.net; phone 910.995.2497
~ Submitted by Glenn Fox

SERVICES

New

Mimi Hay Alterations or re-styling, upcycling, adjusting garments only, (no personal adjustments!). Please call for a fitting or for a closet consultation! Out of work and time available. :))))
~ Submitted by Mimi Hay

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.
~ Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.

Call: 856-287-5400.

~ Submitted by Heidi Becker-Share

Massage

Massage makes everything better . Deep Tissue, Craniosacral and Reiki.

Emily Meyer 8434678988

~ Submitted by Emily Meyer

Birth Charts

"If you've never had your birth chart read, or if you have and would like a second opinion, call me at 843.410.9636, or email me at ekaterinaflynn@gmail.com. To see what kind of work I do, go [here](#). I don't do predictive astrology."

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

~ Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

~ Submitted by Dennis Wolterding

House Painting, Pressure Washing, Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

~ Submitted by Jim West



For More About the Circle News [Go Here](#)