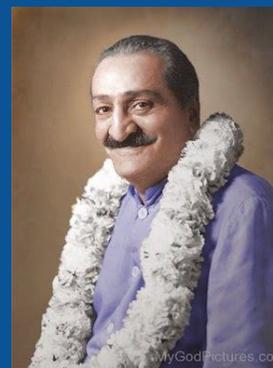


# The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)  
[Calendar SmartPhone View](#)



April 9

DONATE

Volume 279

- Send community notices (left column items) to editor Chris Ott at [christopherjonathanott@gmail.com](mailto:christopherjonathanott@gmail.com).
- To propose an online event, contact our president Angela Lee Chen at [angelaleechen@gmail.com](mailto:angelaleechen@gmail.com).
- Contact Circle of Friends directors at [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com).
- Our Facebook page is [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB).
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

## COMMUNITY NOTICES

### Picture Knitting

Hope everybody is healthy. To help with Corona times, our E-books 'Meher Baba Comforts' and 'Mixed Tapestries' will be free on Amazon kindle from 4/13/20-4/17/20.

Our new novella 'Vulturet season 14' will be available both as E-book, and as audios on our 'Tootsy' youtube channel at:

## THIS WEEK AT THE CIRCLE CENTER

While the Circle Center remains closed, information about Circle-sponsored online events can be found in the [Circle Calendar](#). Please consult it regularly to keep up with late breaking online events.

## PRESIDENT'S REPORT

Jai Meher Baba! It is clear that He has the whole world in His beautiful hands... Hope you are all doing well in our

<https://www.youtube.com/channel/UCKEaYA5-3dNpOMApTgBd8Ag>

Look for this Logo of Baba's feet on a heart:



Stay Happy & Healthy,  
Richard and Mayan  
*~ Submitted by Richard & Mayan Ward*

### **Ride Needed**

Tuesday July 7th i have a doctors appointment in Durham north Carolina. It is 3 1/2 hours there, an 11:00 AM appointment, and back. I can't drive, I have weakness in my legs and I am offering \$150.00 plus \$25.00 for you to drive me there. I go every year to see my neurologist so I can continue to receive medication from him. Jai Marc Flayton  
My phone number is 919-717-2327.

*~ Submitted by Marc Flayton*

### **Home grown eggs for sale**

Chickens are raised on Organic feed,

period of worldwide seclusion. Keep us posted on your news...

The Circle continues to add programs and events almost on a daily basis, so check the calendar daily. It is the most up-to-date and complete record of meeting information, since things can change very fast these days. The biggest news is that overnight, Zoom imposed a password requirement: the new password is posted on the calendar as well ([ambcircleoffriends.com/calendar](http://ambcircleoffriends.com/calendar)).

Our twice daily artis are attended by dozens of regulars, some of them from far flung places: India, Singapore, Dubai, all parts of the US, even a drop-in from Paris! It is a deep honor and privilege to be in a position to serve the larger Baba community in this way. If you are interested in training to become a virtual Samadhi attendant, please reply to this email or simply show up to one of the regularly scheduled trainings. You need a little tech skill and a lot of heart!

Check out weekly Effort and Grace with Jeff Wolverton, live on Zoom Sundays 5-7pm EDT. Here is a recording of the third of the series, attended by about 55 people:  
<https://youtu.be/FReFIDVWttNk>

Other exciting events:

Saturday Sharing meeting at 3-4.30PM EDT continues to be popular – it is a chance to be together more conversationally. And also on Saturdays, we have added a weekly Baba dance party at 8-9pm EDT! Roxy from LA plays us her awesome playlist.

Regular EFT tapping classes continue three times a week, yoga classes continue with Adrienne Shamszad on Wednesdays at noon.

Wheat sprouts and Sunflower sprouts.  
\$5.00/doz. Contact Jeff Stearns  
843-902-0624

*~ Submitted by Jeff Stearn*

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### Laptop Needed

Chris Maier needs a used laptop which can hold Windows 10. Low cost preferred. Call 843-877-3218.

*~ Submitted by Chris Maier*

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### For Sale

Large Dining room table 4 chairs. Very good shape, except the table has a few scratches. Dark wood. Nice pattern. \$125 OBO. Contact Phyliss Fillmore at 843-272-3071



Rich Blum continues his discussion groups every other Tuesday at 4pm. Tracey Schmidt will create poetry concerts every other Wednesday for a limited time, starting this week.

New to the calendar, Mondays a reading group to read God Speaks out loud, at 11am EDT, and a reading group to read Mehera-Meher on Thursdays at 2pm EDT. Anne Haug will be leading Inquiry Circles for The Work, as she relates it to Meher Baba, on Wednesdays 3.30-5pm. Also new, a music video sharing hour: share your favorite Youtubes with each other, right in Zoom. And, a Zoomulele Uke Jam every other Friday 4-6pm, starting April 17. All instruments welcome!

By teleconference, there is a weekly Light Meditation with Jackie Boyce on Sunday afternoon, and a weekly ACA meeting with Denny Moore on Saturday mornings.

A very special note: Adrienne is planning a live Zoom concert on April 19, 1pm EDT!

As you can see, The Circle Center is hopping with a schedule busier than ever, hosts from all over the country, and meetings that run the gamut from deeply intense to intensely funny!

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:

<https://www.ambcircleoffriends.com/calendar.html>

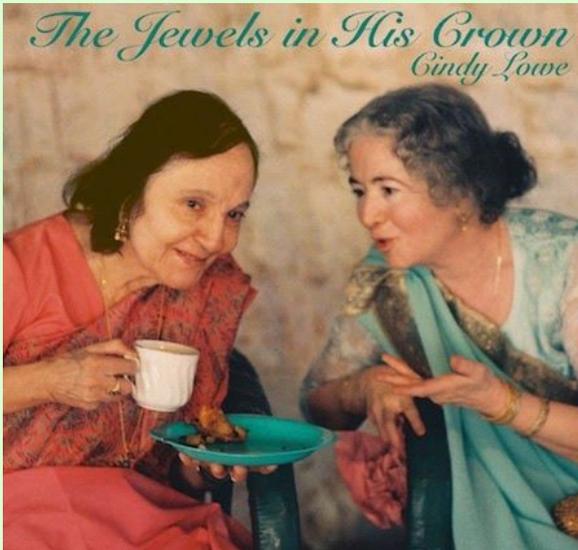
We are together in this pandemic, holding onto Baba's damaan with both hands! Join us online at the virtual Circle...

PS we have list of tech savvy people who are happy to



~ Submitted by Phyliss Fillmore

### Free Music Samples By Cindy Lowe



“The Jewels in His Crown” is a compilation of new and previously recorded songs for and about Baba’s Mandali, especially Mehera and Mani. You can listen to free samples at [www.cindyloewe.com](http://www.cindyloewe.com) as well as at

help you get online. Reply to this and we will get you tech help.

~ Submitted by Angela Lee Chen, Circle of Friends President

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### Give Us Two Minutes and We’ll Give You The Circle by Dennis Wolterding

As they say, Necessity is a mother. And COVID 19 has forced all us children to evolve.

So, just because The Circle Center is closed during this Coronavirus Crisis does not mean that The Circle is closed. Au contraire, we are very much ALIVE and GROWING!

In fact, more things are happening now than have ever happened before—they’re just taking place “online.”

The Circle of Friends uses a FREE program called ZOOM to communicate with our Community—and the World.

ZOOM is super-easy to use, but, like most computer things, can seem intimidating to the uninitiated.

That’s why The Circle’s Tech Team is here to help. Just contact Dennis Wolterding at [dennisjanwolterding@gmail.com](mailto:dennisjanwolterding@gmail.com) or call him at 843-421-1479 ,and we’ll get you up and running quicker (almost) than you can say The Master’s Prayer.

By the way, to see The Circle’s many offerings (literally, there’s something everyday to help you feel connected), go to our Calendar at <https://www.ambcircleoffriends.com/calendar.html> and click on any Event that interests you. (For those already

Spotify, iTunes, Apple Music, Amazon and other sites. Also available at Sheriar Books.

*~ Submitted by Cindy Lowe*

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### **Circle Center Videos**

Check out ever new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

*~ Submitted by Chris Ott, Editor*

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## **HOUSING - RENT/OWN**

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### **Rental Wanted**

Retired NY policeman looking to move back to Myrtle Beach.

Looking for temporary or long term rental under \$900. He is here now.

Quiet, non-smoker. Can help with maintenance. Will take good care of your place. Has a small fixed female cat. Please contact Joe Corbett at 843-957-7180. Thanks!

*~ Submitted by Phyllis Fillmore*

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## **SERVICES**

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### **Mimi Hay Alterations**

Alterations or re-styling, upcycling, adjusting garments only, (no personal adjustments!). Please call for a fitting or for a closet consultation!

Out of work and time available. :))))

*~ Submitted by Mimi Hay*

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### **Experienced Pet Care**

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals

experienced with ZOOM, the sign-in information, including the Website Address, Meeting I.D. and Password are all there, as are the telephone numbers for those wishing to connect by phone).

So folks, PLEASE don't be afraid to call Circle Tech Support so that we can embrace you in our virtual arms and bring you to where it's happening.

Again, that contact information is:  
dennisjanwolterding@gmail.com or 843-421-1479

**CALL US!**

P.S. For the visually-oriented among you, GREAT and SHORT instructional videos for using ZOOM are available at its Website at:  
<https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials>.

For many, the "Join a Meeting" Video is the only one you'll need to see in order to know how to connect with any Circle Event.

*~ Submitted by Dennis Wolterding, Community Outreach Fellowship, and Education Director*

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## **STAY INFORMED**

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB). Our events are very rarely on Mall pages.

and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at [bradleyjco@gmail.com](mailto:bradleyjco@gmail.com) or by text at 301-910-1563.

*~ Submitted by Bradley Cohen*

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### **Bach Flower Remedies**

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)  
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.  
Call: 856-287-5400.

*~ Submitted by Heidi Becker-Share*

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### **Massage**

Massage makes everything better . Deep Tissue, Craniosacral and Reiki.  
Emily Meyer 8434678988

*~ Submitted by Emily Meyer*

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### **Birth Charts**

"If you've never had your birth chart read, or if you have and would like a second opinion, call me at 843.410.9636, or email me at [ekaterinaflynn@gmail.com](mailto:ekaterinaflynn@gmail.com). I don't do predictive astrology."

*~ Submitted by K. E. Flynn*

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**Dr. Brad Mandell, Chiropractor**

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

*~ Submitted by Brad Mendell*

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### **Computer or Cell Phone Problems?**

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

*~ Submitted by Laura Smith*

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### **Home Help**

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

*~ Submitted by Lin Sonner*

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### **Acupuncture and Chinese Medicine**

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

*~ Submitted by Dr Angela Lee Chen*

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### **Piano Lessons**

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

*~ Submitted by Betsy Tomasso*

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### Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

*~ Submitted by Dennis Wolterding*

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### House Painting, Pressure Washing, Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

*~ Submitted by Jim West*

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For More About the Circle News [Go Here](#)