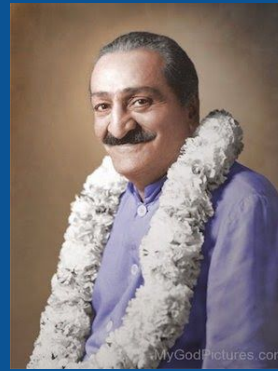


# The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)  
[Calendar SmartPhone View](#)



April 16

DONATE

Volume 280

- Send community notices (left column items) to editor Chris Ott at [christopherjonathanott@gmail.com](mailto:christopherjonathanott@gmail.com).
- To propose an online event, contact our president Angela Lee Chen at [angelalee.chen@gmail.com](mailto:angelalee.chen@gmail.com).
- Contact Circle of Friends directors at [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com).
- Our Facebook page is [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB).
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

## COMMUNITY NOTICES

### Moving, Condo For Sale

To our dear Baba community, Steven and I have made a difficult decision to move back to Pennsylvania to be with our family. We plan to return several times a year to treat our patients. We would like to sell our condo first and try to fit the other puzzle pieces together after that is in place. Where we would practice and live is flexible. The condo is 1700sq ft 3 beds 2 1/2 baths and deck. If

## THIS WEEK AT THE CIRCLE CENTER

While the Circle Center remains physically closed, we are very much open, online. Our offerings have only increased since going virtual. Information about Circle-sponsored online events can be found in the [Circle Calendar](#). Please consult it regularly to keep up with late breaking online events.

anyone is interested please let me know we're asking \$235,000 furnished 2 miles from the center. Contact Elaine Goodman at email [elg777@icloud.com](mailto:elg777@icloud.com) or phone 843-877-2614.

~ Submitted by Elaine Goodman

### Lover's Ride CD, by Max Reif



Until Sheriar Books re-opens, you may order the physical LOVE'S RIVER cd by email: [senseofwonder@yahoo.com](mailto:senseofwonder@yahoo.com). Digital down-loads continue to be available worldwide from Amazon and iTunes.

Click the above image to enlarge.

~ Submitted by Max Reif

### Picture Knitting

Hope everybody is healthy. To help with Corona times, our E-books 'Meher Baba Comforts' and 'Mixed Tapestries' will be free on Amazon kindle from 4/13/20-4/17/20.

Our new novella 'Vulturet season 14' will be available both as E-book, and as audios on our 'Tootsy' youtube channel at:

<https://www.youtube.com/channel/UCKEaYA5-3dNpOMApTgBd8Ag>

### Jerry Edwards Memorial



Jerry Edwards singing in his band Avatar Blue

The Avatar Meher Baba Circle of Friends will be celebrating the life of one of its distinguished founders, A. Gerald Edwards, otherwise known as Jerry Edwards. This virtual event will take place on Thursday, April 23 at 4 pm on the Circle's Zoom platform. Here is the link: <https://zoom.us/j/3894993058?pwd=dEpNdi9aOVBsQ0lOMUxPMehiVGc4UT09> or you can go to the AMB Circle of Friends calendar on that date, and click where it says join meeting, at 4 pm.

Dennis Wolterding will host and introduce the program with a short eulogy, and Angela Chen will be on the Zoom controls. Members of Jerry's family will then start the main proceedings with multimedia presentations, including a recording of Jerry speaking about his life. We

Look for this Logo of Baba's feet on a heart:



Stay Happy & Healthy,  
Richard and Mayan

*~ Submitted by Richard & Mayan Ward*

### Home Grown Eggs for Sale

Chickens are raised on Organic feed,  
Wheat sprouts and Sunflower sprouts.

\$5.00/doz. Contact Jeff Stearns

843-902-0624

*~ Submitted by Jeff Stearn*

### Laptop Needed

Chris Maier needs a used laptop which  
can hold Windows 10. Low cost  
preferred. Call 843-877-3218.

*~ Submitted by Chris Maier*

### For Sale

Large Dining room table 4 chairs. Very  
good shape, except the table has a few  
scratches. Dark wood. Nice pattern. \$125

OBO. Contact Phyliss Fillmore at

843-272-3071

may even hear him singing as well! After the planned segment, participants will be invited to share about Jerry. It promises to be a wonderful event about a devoted Baba Lover, who had so many facets to his life, including living in India part time for many years, working as a physicist for the US Army, flying single engine planes, scuba diving, computer programming, and, of course, music, music music!

Please join us for this very special occasion. Jai Baba!

## PRESIDENT'S REPORT

Jai Meher Baba!

With the global pandemic continuing to rage, we hope you are all doing well in our period of worldwide seclusion. Sending love to everyone. Stay safe and hold on to Baba's Damaan!

The AMB Circle of Friends, based in Myrtle Beach, SC, continues to add programs and events almost on a daily basis, so check the calendar daily. It is the most up-to-date and complete record of meeting information, since things can change very fast ([ambcircleoffriends.com/calendar](http://ambcircleoffriends.com/calendar)).

- Arti

\*Our twice daily artis are attended by, on average, 30 people and growing, some of them from far flung places: India, Singapore, Dubai, Israel, all parts of the US, even a drop-in from Paris! It is a deep honor and privilege to be in a position to serve the larger Baba community in this way. Meherabad time 7am/pm, which translates to 930am/pm EDT.

\*If you are interested in training to become a virtual



~ Submitted by Phyliss Fillmore

**Free Music Samples By Cindy Lowe**

Samadhi attendant, please reply to this email or simply show up to one of the regularly scheduled trainings. It is wonderful, fun, and full of Baba's love. You need just a little tech skill and a lot of heart! Scheduled training times are Saturday 1045am EDT or Sunday 8pm EDT.

~Special One-time Events:

\*Special concert: Adrienne Shamszad is planning a live Zoom concert on April 19, 1-2pm EDT!

\*Memorial for Jerry Edwards: a virtual gathering to remember a unique and colorful life-long Baba lover, a neighbor and friend to many. Thursday April 23, 4-6pm EDT.

\*A live introduction by the playwright and a video replay of the January 2020 Joe DiSabatino play entitled "Oz Meets a Midsummer Night's (Baba) Dream," Tuesday April 21, 3-430.

~Reading and discussion groups:

\*Check out weekly Effort and Grace with Jeff Wvolverton, live on Zoom Sundays 5-7pm EDT. Here is a recording of the fourth of the series, attended by about 65 people from all over the country:  
[https://youtu.be/r\\_xMguuoR7g](https://youtu.be/r_xMguuoR7g)

\*Sharing meetings on Saturdays 3-4.30pm EDT continues to be popular – it is a chance to be together more conversationally. We have a new host, Betty Lowman in Oregon. Be sure to login and welcome her to the role!

\*Rich Blum continues his discussion groups every other Tuesday at 4-5pm EDT, organized by topic rather than focused on a specific book. See the calendar for more details.



“The Jewels in His Crown” is a compilation of new and previously recorded songs for and about Baba’s Mandali, especially Mehera and Mani. You can listen to free samples at [www.cindylowe.com](http://www.cindylowe.com) as well as at Spotify, iTunes, Apple Music, Amazon and other sites. Also available at Sheriar Books.

~ Submitted by Cindy Lowe

### Circle Center Videos

Check out ever new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

~ Submitted by Chris Ott, Editor

## HOUSING - RENT/OWN

### Rental Wanted

Retired NY policeman looking to move back to Myrtle Beach.

Looking for temporary or long term rental under \$900. He is here now.

Quiet, non-smoker. Can help with

\*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki of New York.

\*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

\*NEW a meeting to share Francis Brabazon, Fridays 11pm-midnight EDT, led by Max Reif in CA.

\*NEW Baba through Norina meetings, led by Scott Makeig in Asheville NC, will meet Thursdays 7-830pm EDT.

### ~Poetry

\*Poetry Series: Tracey Schmidt is planning seven poetry nights, featuring a different Baba lover poet each night, every Wednesday 7-8pm starting April 14. Check the calendar for more details.

\*In the works, a Hafiz/Rumi hour, details TBA.

### ~Health, Wellness, Meditation:

\* Anne Haug in Montana will be leading Inquiry Circles for The Work, as she relates it to Meher Baba, on Wednesdays 3.30-5pm EDT.

\*Regular EFT tapping classes continue twice a week, led by Christina Bella, Mondays and Fridays 7-730pm EDT.

\*Yoga classes, with our own Adrienne Shamszad in CA, continue on Wednesdays at noon-1pm EDT. Bet you didn't know, she is an awesome yoga teacher!

\*Speaking of yoga, we have a new addition to the calendar: Diantha Bovey, certified yoga instructor, will

maintenance. Will take good care of your place. Has a small fixed female cat. Please contact Joe Corbett at 843-957-7180. Thanks!

*~ Submitted by Phyllis Fillmore*

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## SERVICES

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### Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at [bradleyjco@gmail.com](mailto:bradleyjco@gmail.com) or by text at 301-910-1563.

*~ Submitted by Bradley Cohen*

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### Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified) 40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas. Call: 856-287-5400.

*~ Submitted by Heidi Becker-Share*

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### Massage

Massage makes everything better . Deep Tissue, Craniosacral and Reiki. Emily Meyer 8434678988

lead us in gentle morning yoga, 8-8:45am EDT, every day!

\*Weekly Japa, Saturdays 2-230pm EDT led by Marilyn Seides.

\*By teleconference, there is a weekly Light Meditation with Jackie Boyce on Sundays, 2-3pm EDT

\*A weekly ACA meeting with Denny Moore on Saturdays 930-1030am EDT, also by teleconference.

-Fun

\*Weekly Baba dance party, Saturdays 8-9pm EDT! Roxy in LA plays us her awesome international music playlist. So much fun, a great way to shake off the cobwebs! Come shake a tail feather with us.

\*A music video sharing hour: share your favorite Youtubes, mp3's, etc with each other, right in Zoom, Tuesdays 7-830pm EDT. Hosted by Fereshteh Azad.

\*And, a Zoomulele Uke Jam led by Frank Eaton, III, meets every other Friday 4-6pm EDT, starting April 17. All instruments welcome!

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:

<https://www.ambcircleoffriends.com/calendar.html>

~ Submitted by Emily Meyer

### **Birth Charts**

"If you've never had your birth chart read, or if you have and would like a second opinion, call me at 843.410.9636, or email me at ekaterinaflynn@gmail.com. I don't do predictive astrology."

~ Submitted by K. E. Flynn

### **Dr. Brad Mandell, Chiropractor**

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

### **Computer or Cell Phone Problems?**

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

~ Submitted by Laura Smith

### **Home Help**

Lin Sonner still available for part time work, home help of various kinds. linsonner@gmail.com

~ Submitted by Lin Sonner

### **Acupuncture and Chinese Medicine**

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

~ Submitted by Angela Lee Chen, Circle of Friends President

### **Give Us Two Minutes and We'll Give You The Circle**

As they say, Necessity is a mother. And COVID 19 has forced all us children to evolve.

So, just because The Circle Center is closed during this Coronavirus Crisis does not mean that The Circle is closed. Au contraire, we are very much ALIVE and GROWING!

In fact, more things are happening now than have ever happened before—they're just taking place "online."

The Circle of Friends uses a FREE program called ZOOM to communicate with our Community—and the World.

ZOOM is super-easy to use, but, like most computer things, can seem intimidating to the uninitiated.

That's why The Circle's Tech Team is here to help. Just contact Dennis Wolterding at dennisjanwolterding@gmail.com or call him at 843-421-1479 ,and we'll get you up and running quicker (almost) than you can say The Master's Prayer.

By the way, to see The Circle's many offerings (literally, there's something everyday to help you feel connected), go to our Calendar at <https://www.ambcircleoffriends.com/calendar.html> and click on any Event that interests you. (For those already

Walkins possible, but appointments are recommended. Call 843.655.4629 or email [angelaleechen@gmail.com](mailto:angelaleechen@gmail.com). Ask for the Baba lover discount! For more info, visit [Angelacupuncture.com](http://Angelacupuncture.com).

*~ Submitted by Dr Angela Lee Chen*

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### **Piano Lessons**

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

*~ Submitted by Betsy Tomasso*

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### **Experienced Caregiver Available**

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding [cwolterding@gmail.com](mailto:cwolterding@gmail.com) 612 849-0599

*~ Submitted by Dennis Wolterding*

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### **House Painting, Pressure Washing, Carpet Cleaning & Window Washing**

Call Jim West at 843 222 7507

*~ Submitted by Jim West*

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experienced with ZOOM, the sign-in information, including the Website Address, Meeting I.D. and Password are all there, as are the telephone numbers for those wishing to connect by phone).

So folks, PLEASE don't be afraid to call Circle Tech Support so that we can embrace you in our virtual arms and bring you to where it's happening.

Again, that contact information is: [dennisjanwolterding@gmail.com](mailto:dennisjanwolterding@gmail.com) or 843-421-1479

### **CALL US!**

P.S. For the visually-oriented among you, GREAT and SHORT instructional videos for using ZOOM are available at its Website at: <https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials>.

For many, the "Join a Meeting" Video is the only one you'll need to see in order to know how to connect with any Circle Event.

*~ Submitted by Dennis Wolterding, Community Outreach Fellowship, and Education Director*

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## **STAY INFORMED**

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB). Our events are very rarely on Mall pages.





“Slow day – all I’ve had so far is: Which is best  
– bath or shower?”

For More About the Circle News [Go Here](#)