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CIRCLE NEWS NO. 283Avatar Meher Baba Circle of Friends <ambcirclefriends@gmail.com>
Posted in group: Circle News

May 7, 2020 12:12 AM

*The Circle News*

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)


May 7

DONATE

Volume 283

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose an online event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES**Avatar's Abode Anniversary**

The Anniversary at Avatar's Abode is our primary annual celebration in early June of Beloved Avatar Meher Baba's 4-day visit to His Abode in June of 1958. However, with the extraordinary events happening throughout the world due to the ongoing pandemic, this year we will be celebrating the 62nd Anniversary "virtually". There is a silver lining! A virtual Anniversary creates an opportunity for Baba lovers worldwide to participate and contribute.

Please see the downloaded PDF about how to participate in this event at the bottom of this page. See attachment.

-- Submitted by Jim Frisino

Mimi Hay Design**THIS WEEK AT THE CIRCLE CENTER**

While the Circle Center remains physically closed, we are very much open, online. Our offerings have only increased since going virtual. Information about Circle-sponsored online events can be found in the [Circle Calendar](#). Please consult it regularly to keep up with late breaking online events.

FINANCIAL PLANNING SEMINAR TOMORROW!

TOMORROW, Friday May 8th, from 2:00-4:00 p.m. via ZOOM, Scott Luxich and Ulitza Kronemeyer, of New York Life Insurance Company, will do a FREE Financial Planning Seminar via the Internet (A.K.A. "Webinar") for the Baba Community and any others who wish to participate.

The ZOOM sign-in information is as follows:

To Join the Meeting, which begins at 2:00 p.m., click on this Link:

HYPERLINK "<https://nylife.zoom.us/j/95625056584?pwd=RTB2dFR1ZEUzWXRNTURTZ215eklXdz09>" \n _blank<https://nylife.zoom.us/j/95625056584?pwd=RTB2dFR1ZEUzWXRNTURTZ215eklXdz09>

The Meeting ID is 956 2505 6584 and the Password is 011777

To join by telephone the One Tap Mobile number is:
+19294362866,,95625056584# US (New York)

Dennis Wolterding will be available at any time from 1:50 p.m. thereafter, by telephone at 843-421-1479 to assist anyone having trouble entering the Meeting.



I am making pleated cotton face masks
With assorted designer fabrics including
A poly filter as a third layer.
Take a look and be safe! 🤞
Mimihaydesign.com/masks
Or call #843 283 3634
-- Submitted by Mimi Hay

Online Music Lessons

Keight (Kate) Brown is teaching music lessons on line--- socially safe- easy and fun. Piano and guitar. Keight has been teaching music lessons for over 20 years. For more info and testimonies go to her website www.voicethemusic.com - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. -- 843-503-8772. NMB and MB. [Website](#)

-- Submitted by Keight Brown

Circle Center Videos

Check out ever-new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

-- Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Moving, Condo For Sale

To our dear Baba community,
Steven and I have made a difficult decision to move back to Pennsylvania to be with our family. We plan to return several times a year to treat our patients. We would like to sell our condo first and try to fit the other puzzle pieces together after that is in place Where we would practice and live is flexible. The

The Webinar will cover, among other things:

- The History of New York Life and how the Company has prepared for times like these.
- Life Insurance 101 - Renting vs Owning your insurance
- The Value of a Dollar - How taxes affect your income
- Your Questions and Answers

If you wish to Pre-Register (not necessary) for the Webinar, you may do so by sending an e-mail to: [HYPERLINK "mailto:Ukronemeyer@ft.newyorklife.com"](mailto:Ukronemeyer@ft.newyorklife.com) \n _blankUkronemeyer@ft.newyorklife.comSubject line - NYL Webinar

In the body of the email just to do a quick introduction with their Name and phone number, and any questions they would like us to answer.

The Webinar is a great opportunity to have your questions answered, so please join us.

Those with questions may contact Dennis Wolterding at dennisjanwolterding@gmail.com or call him at 843-421-1479..

-- Submitted by Dennis Wolterding, Community Outreach Fellowship, and Education Director

PRESIDENT'S REPORT

A loving Jai Meher Baba to one and all!

"I want you to remain undisturbed and unshaken by the force of life's currents, for whatever the circumstances, they too will be of my own creation." – Meher Baba

We hope that all are well during this pandemic. Myrtle Beach is slowly opening up, so we will soon be able to open up the Circle Center to in-person meetings again... even so, we will continue the virtual meetings, as long as individual hosts are available to continue. The calendar is the most up-to-date and complete record of any meeting times, changes, and all the login information needed (ambcircleoffriends.com/calendar).

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing by attendees: music, poetry, readings... It is food for the soul, and every day is different and rich! Meherabad time 7-8 am and pm, which translates to 930-1030am/pm EDT. Our twice daily artis are attended by an average of 25-30 people and growing, some of them from far flung places: all parts of the US, India, Singapore, Dubai, Israel, even a drop-in from Paris! Absolutely everyone is warmly welcome. We plan to continue with livestreamed audio from the samadhi once they open again, if we get the logistics in place, and still have our own live sharing after the prayers.

*If you are interested in training to become a virtual Samadhi attendant, please reply to this email or simply show up to one of the regularly scheduled trainings. We have a rotating schedule of hosts so that no single person is overburdened. It is an honor to host arti, it's fun, and full of Baba's love. You need just a little tech skill and a lot of heart! Scheduled training times are Saturday 1045am EDT or Sunday 8pm EDT.

--Special One-time Events:

*Financial Planning Seminar May 8, 2-4pm EDT, led by representatives of NY Life Insurance in Myrtle Beach, SC will be on Zoom. Pre-registration is required, see calendar for more information.

condo is 1700sq ft 3 beds 2 1/2 baths and deck. If anyone is interested please let me know we're asking \$235,000 furnished 2 miles from the center. Contact Elaine Goodman at email elg777@icloud.com or phone 843-877-2614.

-- Submitted by Elaine Goodman

SERVICES

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

-- Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.
Call: 856-287-5400.

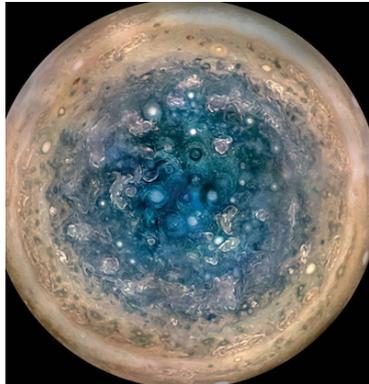
-- Submitted by Heidi Becker-Share

Massage

Massage makes everything better . Deep Tissue, Craniosacral and Reiki.
Emily Meyer 8434678988

-- Submitted by Emily Meyer

Birth Charts



Jupiter, courtesy NASA

Tired of wondering about your destiny? Me too. Curious to know more about yourself? Writing your autobiography? I read birth charts, without any fortune telling or prediction. I charge a lot, and there's a wait. You can see an example of my work [here](#).

-- Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well.

*The Northeast Gathering is going to host a day-long live Sahavas on Zoom on June 13, 8am to 10.30pm EDT. Special highlights are Peter Nordeen's debut appearance on Zoom at 10.45am-12.15pm EDT, and Adrienne Shamszad from 1.30-2.45pm EDT!

--Concerts:

*Adrienne Shamszad has scheduled another concert on Zoom for Sunday May 17, 330-430 pm EDT! The last concert was attended by over 70 people. The recording is available for viewing here: <https://youtu.be/Ln8aN19S4vg>

*NEW: starting TODAY, a weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us. Thursdays 11am-noon EDT. Hosted by Prashant Dadar in Meherabad, MS, India.

--Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the seventh of the series, attended by about 65 people from all over the country: <https://youtu.be/icYxWQuVkGc>

*Sharing meeting on Saturdays 3-4.30pm EDT continues to be popular – it is a chance to be together more conversationally. Hosted by Betty Lowman in Oregon.

*Rich Blum in Myrtle Beach, SC continues his discussion groups every other Tuesday at 4-5pm EDT, organized by topic rather than focused on a specific book. See the calendar for more details. A recording of the last session is here: <https://youtu.be/UerB4SiFYD8>

*Baba through Norina, led by Scott Makeig in Asheville NC, will meet Thursdays 7-830pm EDT. Details about this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

*Francis Brabazon's Stay with God, Fridays 11pm-midnight EDT, led by Max Reif in CA.

--Poetry and Art

*Poetry Series: Tracey Schmidt in Asheville, NC has planned seven poetry nights, featuring a different Baba lover poet each night, every Wednesday 7-8pm starting April 14. Check the calendar for more details.

*Hafiz/Rumi hour, this week 12.30-1.30 (normally Fridays 2-3pm), hosted by Reza Abrahamzadeh in CA and Feresteh Azad in North Myrtle Beach, SC. A link to the last event: <https://youtu.be/pDZFOR3-Dag>

*Limited series of Art Appreciation classes with Joe DiSabatino, who has taught this course for OLLI. Every other Monday, next class May 18, 2-4pm. See calendar for more details.

--Health, Wellness, Meditation:

*Ongoing Inquiry Circle weaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of last week's session <https://youtu.be/alx8qC8ihqc>.

Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

-- Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

-- Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

-- Submitted by Dennis Wolterding

House Painting, Pressure Washing, Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

-- Submitted by Jim West

All the session recordings can be found on Robin Vogel's YouTube channel.

*Yoga classes, with our own Adrienne Shamszad in CA, continue on Wednesdays at noon-1pm EDT. We bet you didn't know that she is an awesome yoga teacher!

*Daily gentle morning yoga led by Diantha Bovey in Myrtle Beach, SC, certified yoga instructor, happens every day 8-8:45am EDT!

*Weekly Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Weekly Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has just moved to Zoom.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

--Fun

*Weekly Baba dance party, Saturdays 8-9pm EDT! Roxy in CA plays us her awesome international music playlist. So much fun, a great way to shake off the cobwebs! Come shake a tail feather with us.

*A music video sharing hour: share your favorite Youtubes, mp3's, etc with each other, right in Zoom, Tuesdays 7-8pm EDT. Hosted by Fereshteh Azad in North Myrtle Beach, SC.

*And, a Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*NEW Karaoke on Zoom! Sing while accompanied by a musical track of your choice. Tuesdays 11am-noon. Hosted by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

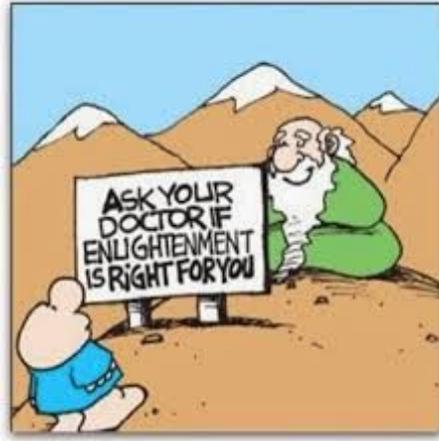
Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:
<https://www.ambcircleoffriends.com/calendar.html>

PS we have list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

-- Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.



For More About the Circle News [Go Here](#)