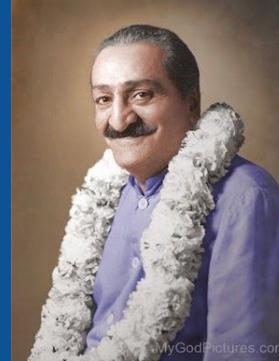




The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



June 4

[DONATE](#)

Volume 287

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose an online event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

Bike Wanted

I'm looking to buy or borrow a ladies bicycle. If you have one and would consider lending or selling it, I am in real need of one. The stores are all sold out due to high demand. Pls call Andrea Winzimer 843-655-1586/ or email zimerwinz@gmail.com.

~ Submitted by Anndrea Winzimer

Free queen bed BOX Spring only

THIS WEEK AT THE CIRCLE CENTER

Circle Center offerings have only increased since going virtual. Information about Circle-sponsored online events can be found in the [Circle Calendar](#). Please consult it regularly to keep up with late breaking online events.

PRESIDENT'S REPORT

First taker gets it. Very good clean shape.
Contact Phyllis Fillmore at 843-272-3071.
~ Submitted by Phyllis Fillmore

Free Corner Cabinet

Well made, oak veneer, good condition.
Makes good TV stand. Adjustable shelf,
width 35.5"x depth 20" text 843 999 4899
or email cinlowe@gmail.com.



~ Cindy Lowe

Show Time

A Poem by John Dennison

Take a peek behind the curtain the cast is
ready to perform all are attired in
dramatic array the director and producer
Sits in the first row expecting the best
The curtain rises

A loving Jai Meher Baba to one and all!

"God is omnipresent, and the one who calls out sincerely to Him never fails to be heard and receive His help."

~ Meher Baba, Mastery in Consciousness

Greetings to all, from Myrtle Beach, Baba's Home in the West! The Circle Center is slowly opening up our physical space to very small groups by request, as well as starting up drop-in hours on Sundays from 3-5pm. On those days, our volunteers will wear masks and handle sanitation. Everyone else is encouraged but not required to follow suit.

We will continue the virtual meetings indefinitely, as long as individual hosts are available to continue. The calendar is the most up-to-date and complete record of any meetings, and virtual meetings are indicated by the word "Zoom" in the title. All details of events and any needed login info is available here:

www.ambcircleoffriends.com/calendar.html. Below is a summary of the ongoing virtual meetings.

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing by attendees: music, poetry, readings, prayers in other languages... all love and creativity for Baba is celebrated! Meherabad time 7-8 am and pm, which translates to 930-1030am/pm EDT. Absolutely everyone is warmly welcome.

*An amazing community has built up around twice daily virtual Arti on Zoom! As a token of the love we have developed for each other, a tshirt has been designed. If we

one by one
the characters come on stage
they know their lines by heart
though sometimes the mind gets in the way
The subject is so ancient
one might experience déjà vu. It's the old old story
acted out anew
The protagonist
is about to lose everything but he does not know it yet he has yet to experience it
The house lights dim
the stage lights also
as our hero comes to his defining moment
Suddenly something happens and he realizes he has lost everything
The audience applauds
with some hesitation
they don't know how to respond the theater fills with light
the director stands and smiles walks up onto the stage
and embraces the hero. Everything else disappears
It's the greatest show on earth

~Submitted by John Dennison

Avatar's Abode 2020 Virtual Anniversary
June 5th, Friday thru June 8th Monday
Lovers from around the world have generously shared their love and devotion for our Beloved in personal videos, we are honoured to try and present them to you during this virtual Anniversary of Baba's visit to His Avatar's Abode.
To access more updated information use the Avatar's Abode website:

sell more than the minimum, we will be able to split the proceeds between the Circle of Friends and the Meher Spiritual Center, which needs our support in this difficult time. The shirt is available in three colors and three styles (short sleeve, long sleeve, hoodie sweatshirt). Order yours here:
<https://www.customink.com/fundraising/meherbaba>

*If you are interested in training to become a virtual Samadhi attendant, please reply to this email or simply show up to one of the regularly scheduled trainings. It is an honor to host arti, it's fun, and full of Baba's love. Scheduled training times are Saturday 1045am EDT or Sunday 8pm EDT.

~Special One-time Events:

*Once a month, George Chen and Meher Baba House in NY have been inviting guest scholars to read a discourse with us. This Saturday June 6, 7-9pm, the special guest is Charles Haynes. Details for how to log in are on the Circle calendar.

*Harper Lee, a solo show written and performed by Tina Holmes in NYC tells the secrets of Harper Lee's inscrutable life. June 9, 2-3pm EDT.

*The Northeast Gathering will host a day-long live Sahavas on Zoom on June 13, 8am to 10.30pm EDT. Special highlights are Peter Nordean's debut appearance on Zoom at 10.45am-12.15pm EDT, and Adrienne Shamszad from 1.30-2.45pm EDT! More details of individual events of the Sahavas day are as shown on the Circle calendar.

*Celebrating Mohammed the Mast: June 17 marks the anniversary of his dropping his body. Bring your stories (and songs and poems!) to remember him by. June 17,

https://www.avatarsabode.com.au/anniversary_at_avatars_abode.html

The Program hours:

On Friday 10:00 am - 11am AEST (Brisbane Australia time) there will be a Jitsi virtual Social Gathering available. Please see the Abode's website for details.

Our programming will be presented in blocks of one hour sessions on our YouTube channel, Avatar's Abode Virtual Anniversary 2020.

Avatar Meher Baba arrived on the Abode at approximately 11:30 am, this is when we raise Baba's flag and begin the Anniversary. Bill Le Page who was here in 1958 with Baba will be raising the flag which will be live streamed. Our first presentations will start on Friday at 12:00 pm 12:30, 2nd at 1:30-2:30, 3rd at 3:00-4:00. Saturday and Sunday the sessions are: 10:30-11:30, 12:00-1:00, 2:00-3:00, and 3:30-4:30. 2:30 pm is approximately the time that Baba departed, and so Monday will be a shorter program. Sessions are: 10:30-11:30, 12:00-1:00, 2:00-2:30. The Anniversary concludes with the lowering of the flag. Afterwards at 3:00-4:00 a Jitsi Goodbye Social will be available.

All presented programs will be available for replay.

We will be posting the full details of the daily programs on the Abode's website. In addition to our programming, over 160 videos offered for the Anniversary will be made available for personal browsing as the Anniversary begins with our viewing platform: Anniversary Avatar's

1.30-2.30pm EDT.

~Concerts:

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. A recording of the Madhukar Dadar family concert:
<https://youtu.be/6Bl9HLnAqR8>

*Concert: Michelle Shafer of Chicago, IL will play for us live on Zoom! June 7, 3.30-4.30 EDT

~Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 11th of the series, attended by almost 60 people from all over the country: <https://youtu.be/4ILmkBac7Jk>

*Sharing meeting on Saturdays 3-4.30pm EDT continues to be popular – it is a chance to be together informally, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Rich Blum in Myrtle Beach, SC continues his discussion groups every other Tuesday at 4-5pm EDT, organized by topic rather than focused on a specific book. See the calendar for more details.

*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 6-8pm EDT. Details about

Abode 2020 on Vimeo.

Baba willing we hope that the peace and compassion of the Baba's Abode will be accessible to you all, virtually.

Avatar Meher Baba Ki Jai

2020 Avatar's Abode Virtual Anniversary Subcommittee

~ Submitted by Jim Frisino

Mimi Hay Design



I am making pleated cotton face masks
With assorted designer fabrics including

this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

*Francis Brabazon's Stay with God, Fridays 11pm-midnight EDT, led by Max Reif in CA.

*Movie Nights starting Saturday, June 13, 7-8pm EDT: every week a different Baba-related video will be shown. Curated by Tina Homes in NY.

--Poetry and Art

*Hafiz/Rumi hour, this week 12.30-1.30 (normally Fridays 2-3pm), hosted by Reza Abrahamzadeh in CA and Fereshteh Azad in SC. A link to the last event: <https://youtu.be/UwugZdTFS8s>

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm. Check the calendar for more details.

*Limited series of Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, every other Monday, 2-4pm. See calendar for more details.

--Health, Wellness, Meditation:

*Ongoing Inquiry Circle interweaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug

A poly filter as a third layer.

Take a look and be safe! 😊

Mimihaydesign.com/masks

Or call #843 283 3634

~ Submitted by Mimi Hay

Online Music Lessons

Keight Brown is teaching music lessons online -- socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting.

Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com - or call Keight @ 843-503-8772.

~ Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. --

843-503-8772. NMB and MB. [Website](#)

~ Submitted by Keight Brown

Circle Center Videos

Check out ever-new videos of Circle Center events at [Robin Vogel's YouTube Channel](#).

~ Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Rental

Four miles north of Baba Center, few blocks from beach, quiet, spacious, one bedroom. contact Donna Stewart,

in Montana, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of last week's session <https://youtu.be/k4c8D2tEvdA>. All the previous sessions can be found on Robin Vogel's YouTube channel.

*Yoga classes, with our own Adrienne Shamszad in CA, continue on Wednesdays at noon-1pm EDT. We bet you didn't know that she is an awesome yoga teacher!

*Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has moved to Zoom.

*NEW Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*A seven-week series of "Shadows to Light" meditation classes hosted by the Bombay Center. Sundays 8-930am EDT. See calendar for more details.

*NEW guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, every other Thursday 7-8pm EDT to start June 11.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

--Fun

*Weekly Baba dance party, now meeting on Mondays 8-9pm EDT! Roxy in CA plays us her awesome international/disco playlist. So much fun, a great way to shake off the cobwebs! Come shake a tail feather with us.

843.902.5230



~ Submitted by Donna Stewart

Baba House in Oregon For Sale

We are selling our home in Scotts Mills Oregon, hoping to find a Baba Lover who will love it as much as we have. It was the home of the Northwest Sahavas for about 20 years, until 2013, when sahavas moved closer to Portland. The Portland Baba group is active, fun-loving

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 4:30-5:30 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:
<https://www.ambcircleoffriends.com/calendar.html>

PS we have list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

~ Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events

and welcoming. For Baba lovers, we're asking \$469,000 for our 2,400 sq. ft. 4-bedroom, 2-bath home, with 2 barns on 3 gently sloping acres. Bhauji has been here, he named our home Baba House. Meheru and the twins Sohrab and Rustom were also visitors, as well as many sahavas guests over the years. Scotts Mills is about an hour south of Portland, and 1/2 hour east of Salem, so commuting to work is reasonable. Photos and more details about the house are at this Redfin link:

<https://www.redfin.com/OR/Scotts-Mills/135-8th-St-97375/home/26389761>

Bonus: we are a 10-min walk from a beautiful county park with a big creek and waterfall, a daily highlight for us and our dog. For more details, and perhaps a video tour, call us at (503) 507-0274.

~ Submitted by Betty Lowman

SERVICES

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

~ Submitted by Bradley Cohen

Bach Flower Remedies

are very rarely on Mall pages.

Heidi Becker-Share, MSW, ACSW,
LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower
Treatment naturally /gently removes
negative emotions and thoughts
which interfere with living a balanced,
happy life. Confidential, Baba focused
phone consultations to restore emotional
well-being, mind-body health, and
spiritual fitness in all life arenas.

Call: 856-287-5400.

~ Submitted by Heidi Becker-Share

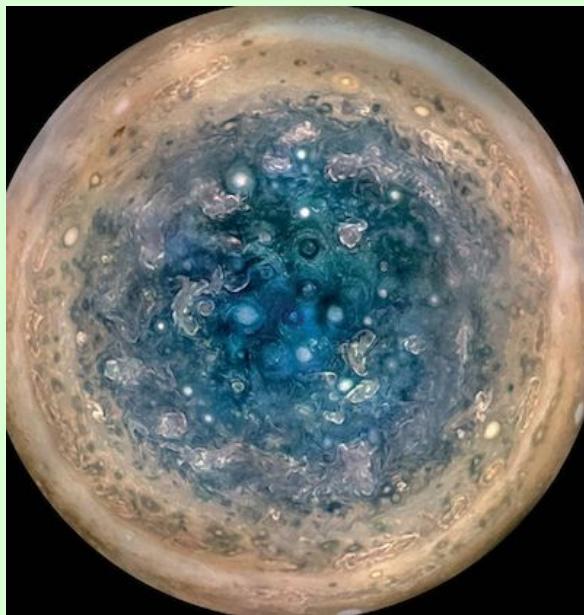
Massage

Massage makes everything better . Deep
Tissue, Craniosacral and Reiki.

Emily Meyer 8434678988

~ Submitted by Emily Meyer

Birth Charts



Jupiter, courtesy NASA

Tired of wondering about your destiny?
Me too. Curious to know more about
yourself? Writing your autobiography? I

read birth charts, without any fortune telling or prediction. I charge a lot, and there's a wait. You can see an example of my work [here](#).

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

~ Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia

Wolterding cwolterding@gmail.com
612 849-0599

~ Submitted by Dennis Wolterding

House Painting, Pressure Washing, Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

~ Submitted by Jim West



**"God's forgiveness of sins ... is that
like a spiritual bailout program?"**

For More About the Circle News [Go Here](#)