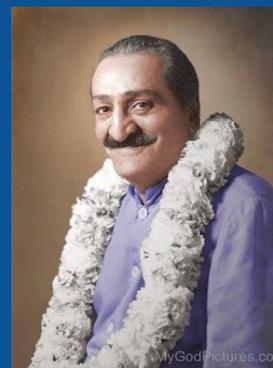


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



June 11

DONATE

Volume 288

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose an online event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Items shared in this newsletter or presentations by speakers at the Circle Center are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

Celebration of Life for Jeff Tanguay

THIS WEEK AT THE CIRCLE CENTER

Circle Center offerings have only increased since going virtual. Information about Circle-sponsored online events can be found in the [Circle Calendar](#). Please consult it regularly to keep up with late breaking online events.

PRESIDENT'S REPORT



On Saturday, June 20th, from 11:30 am to 1:30 pm, we will gather in The Avatar Meher Baba's Circle of Friends Zoom virtual meeting room to celebrate the life of Jeff Tanguay, who passed away on May 20th. We welcome everyone to share their stories. If you cannot be there on Saturday, you can email me at jeff062020@gmail.com, and I will read out at the gathering what you have written. You can also send an audio or video file. A complete video recording will be available afterwards. Email me for more information, and any questions about using Zoom or the Circle website. Here is the Circle Center calendar listing:

<https://tinyurl.com/Jeff-listing-June20>
~ Submitted by David Silverman

Good Working Appliances For Sale
Refrigerator, beige, \$175 (90 day

A loving Jai Meher Baba to one and all!

"God is omnipresent, and the one who calls out sincerely to Him never fails to be heard and receive His help."

~ Meher Baba, *Mastery in Consciousness*

Greetings to all, from Myrtle Beach, Baba's Home in the West! The Circle Center is slowly opening up our physical space to very small groups by request, as well as starting up drop-in hours on Sundays from 3-5pm. On those days, our volunteers will wear masks and handle sanitation. Everyone else is encouraged but not required to follow suit.

We will continue the virtual meetings indefinitely, as long as individual hosts are available to continue. The calendar is the most up-to-date and complete record of any meetings, and virtual meetings are indicated by the word "Zoom" in the title. All details of events and any needed login info is available here:

www.ambcircleoffriends.com/calendar.html. Below is a summary of the ongoing virtual meetings.

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing by attendees: music, poetry, readings, prayers in other languages... all love and creativity for Baba is celebrated! Meherabad time 7-8 am and pm, which translates to 930-1030am/pm EDT. Absolutely everyone is warmly welcome.

*An amazing community has built up around twice daily virtual Arti on Zoom! We have together designed some fundraising tshirts, the proceeds of which will be split

pro-rated warranty), 31" w x 65" h; Electric range/oven, 4 burner, beige, 30", \$175 (90 day pro-rated warranty), Dishwasher, white, 24" \$100, (90 day warranty).

Please arrange for your pick-up and delivery - I can't do everything!

Contact: Don McBride, 843-333-7770 - call or text.

~ Submitted by Don McBride

Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to leave Texas in September. Thank you.

~ Submitted by Elizabeth Stohr

Bike Wanted

"I'm looking to buy or borrow a ladies bicycle. If you have one and would consider lending or selling it, I am in real need of one. The stores are all sold out due to high demand. Pls call Andrea Winzimer 843-655-1586/ or email zimerwinz@gmail.com.

~ Submitted by Andrea Winzimer

Free queen bed BOX Spring only

First taker gets it. Very good clean shape. Contact Phyliss Fillmore at 843-272-3071.

~ Submitted by Phyliss Fillmore

Free Corner Cabinet

Well made, oak veneer, good condition. Makes good TV stand. Adjustable shelf, width 35.5" x depth 20" text 843 999 4899 or email cinlowe@gmail.com.

between the Circle of Friends and the Meher Spiritual Center. Order yours here:

<https://www.customink.com/fundraising/meherbaba>

*If you are interested in training to become a virtual Samadhi attendant, please reply to this email or simply show up to one of the regularly scheduled trainings. It is an honor to host arti, it's fun, and full of Baba's love. Scheduled training times are Saturday 1045am EDT or Sunday 8pm EDT.

~Special One-time Events:

*This Saturday, the Northeast Gathering will host a day-long live Sahavas on Zoom on June 13, 8am to 10.30pm EDT. Special highlights are Peter Nordeen's debut appearance on Zoom at 10.45am-12.15pm EDT, and Adrienne Shamszad from 1.30-2.45pm EDT! More details of individual events of the Sahavas day are as shown on the Circle calendar.

*Jim Meyer in Concert! Live, June 16, 11am-1pm EDT

*June 16, 7-8pm A discussion about the spiritual ramifications of the Coronavirus and its possible role in Baba's manifestation. This will be a sharing meeting, where everyone is invited to bring quotes, stories, experiences you have had during this historic time we are living in. Moderated by Judy Mangold in Myrtle Beach, SC.

*Celebrating Mohammed the Mast: June 17 marks the anniversary of his dropping his body. Bring your stories (and songs and poems!) to remember him by. June 17, 1.30-2.30pm EDT.

* A Celebration of the life of Jeff Tanguay, longtime lover



~ Cindy Lowe

Helpless

A Poem by John Dennison

Sometimes I feel like
a complete and utter failure
a human experiment gone terribly wrong
how could I think this thought
how could I say what i just said
did I actually behave this way
truly, I am often quite disappointed in my
own self
What if I told you
I imagined everything
in the first stanza
that I imagined every word of it would
this be closer to the truth really speaking.

of Avatar Meher Baba, June 20, 11.30am-1.30pm EDT.
Hosted by David Silverman.

~Concerts:

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India.

*Last weekend's Michelle Shafer concert can be viewed here: <https://youtu.be/RVrP3oaY9Ro>

~Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 12th of the series, attended by almost 60 people from all over the country: <https://youtu.be/vgGNvIvAsb8>

*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Rich Blum in Myrtle Beach, SC continues his discussion groups every other Tuesday at 4-5pm EDT, organized by topic rather than focused on a specific book. See the calendar for more details.

*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 6-8pm EDT. Details about this week's reading is in the calendar.

quite frankly,
I haven't a clue
What I know is this
this is what I know
i have given everything to him nothing i
have is mine
having said this
let me also say
I do not worry about anything. Any thing?
Well, maybe one thing
Is my head at his feet?
~ Submitted by John Dennison

Mimi Hay Design



*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

*Francis Brabazon's Stay with God, Fridays 11pm-midnight EDT, led by Max Reif in CA.

*Movie Nights starting Saturday, June 13, 7-8pm EDT: every week a different Baba-related video will be shown. Curated by Tina Homes in NY.

~Poetry and Art

*Hafiz/Rumi hour Fridays 2-3pm, hosted by Reza Abrahamzadeh in CA and Feresteh Azad in SC. A link to the last event: <https://youtu.be/6xtMW5T4IU>

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm. Last week's session: https://youtu.be/x_9IUjg2zyw. Check the calendar for more details.

*Limited series of Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, every other Monday, 2-4pm. See calendar for more details.

~Health, Wellness, Meditation:

*Ongoing Inquiry Circle interweaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug in Montana, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of last week's session



I am making pleated cotton face masks
With assorted designer fabrics including
A poly filter as a third layer.

Take a look and be safe! 😊

Mimihaydesign.com/masks

Or call #843 283 3634

~ Submitted by Mimi Hay

Online Music Lessons

Keight Brown is teaching music lessons online ~ socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com
- or call Keight @ 843-503-8772.

~ Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. ~

843-503-8772. NMB and MB. [Website](#)

~ Submitted by Keight Brown

Circle Center Videos

Check out ever-new videos of Circle

<https://youtu.be/kVdRh90K9Nw>. All the previous sessions can be found on Robin Vogel's YouTube channel.

*Yoga classes, with our own Adrienne Shamszad in CA, continue on Wednesdays at noon-1pm EDT. We bet you didn't know that she is an awesome yoga teacher!

*Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has moved to Zoom.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, every other Thursday 7-8pm EDT to start June 11.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 9:30-10:30am EDT, by teleconference. Details on the calendar.

~Fun

*Weekly Baba dance party, now meeting on Mondays 8-9pm EDT! Roxy in CA plays us her awesome international/disco playlist. So much fun, a great way to shake off the cobwebs! Come shake a tail feather with us.

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 4:30-5:30 pm EDT, taught

Center events at [Robin Vogel's YouTube Channel](#).

~ Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Beautiful House for sale at Briarcliffe Acres!

11 South Gate Road which was home to Jerry and Shirla Edwards and had been blessed with many Baba events, gatherings and celebrations will come on the Market in mid July. This house has upto 3500+ heated square footage with 5 bedrooms and 3 1/2 baths. An oversized attached garage and a screened patio. The south border of the property is adjusted to Meher Center! A must see! Call Mehernoush for exclusive early showing now at 843-331-0769



by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:
<https://www.ambcircleoffriends.com/calendar.html>

PS we have a list of tech-savvy people who are happy to help you get online. Reply to this and we will get you tech help.

~ Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

~ Submitted by Mehernoush McPherson

Rental

Four miles north of Baba Center, few blocks from beach, quiet, spacious, one bedroom. contact Donna Stewart, 843.902.5230



~ Submitted by Donna Stewart

Baba House in Oregon For Sale

We are selling our home in Scotts Mills

Oregon, hoping to find a Baba Lover who will love it as much as we have. It was the home of the Northwest Sahavas for about 20 years, until 2013, when sahavas moved closer to Portland. The Portland Baba group is active, fun-loving and welcoming. For Baba lovers, we're asking \$469,000 for our 2,400 sq. ft. 4-bedroom, 2-bath home, with 2 barns on 3 gently sloping acres. Bhauji has been here, he named our home Baba House. Meheru and the twins Sohrab and Rustom were also visitors, as well as many sahavas guests over the years. Scotts Mills is about an hour south of Portland, and 1/2 hour east of Salem, so commuting to work is reasonable. Photos and more details about the house are at this Redfin link:

<https://www.redfin.com/OR/Scotts-Mills/135-8th-St-97375/home/26389761>

Bonus: we are a 10-min walk from a beautiful county park with a big creek and waterfall, a daily highlight for us and our dog. For more details, and perhaps a video tour, call us at (503) 507-0274.

~ Submitted by Betty Lowman

SERVICES

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates

negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

~ Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.
Call: 856-287-5400.

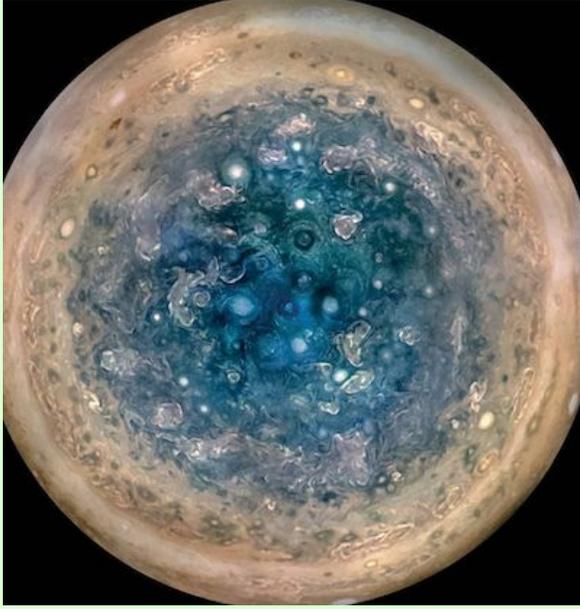
~ Submitted by Heidi Becker-Share

Massage

Massage makes everything better . Deep Tissue, Craniosacral and Reiki.
Emily Meyer 8434678988

~ Submitted by Emily Meyer

Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony.

Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can write me at ekaterinaflynn@gmail.com. You can see the kind of work I do [here](#)

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

Computer or Cell Phone Problems?

Laura & Tommaso's son Uli, who is 15 years old, has a knack for computers and cell phones. He's helped many in the community already with technical issues. \$10 an hour and has his own transportation. Call or text 843-655-1988.

~ Submitted by Laura Smith

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

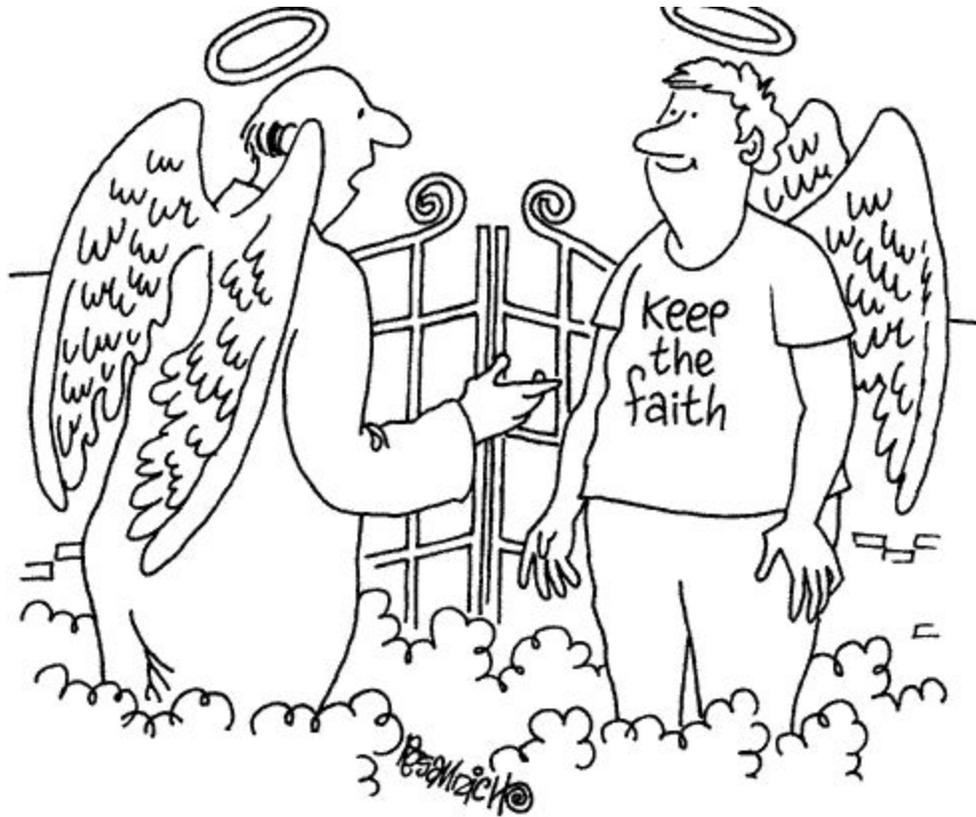
Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

~ Submitted by Dennis Wolterding

House Painting, Pressure Washing,
Carpet Cleaning & Window Washing

Call Jim West at 843 222 7507

~ Submitted by Jim West



**“I really don’t think that T-shirt is
necessary, now that you’re up here.”**

For More About the Circle News [Go Here](#)