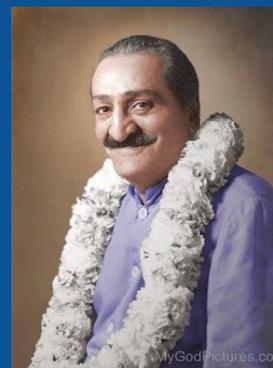


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



July 30

DONATE

Volume 295

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Zoom event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com. Or call 843-272-2222.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Our YouTube page is: youtube.com/c/avatarmeherbabascircleoffriends
- **Disclaimer:** Items shared in this newsletter, or presentations by speakers at the Circle Center, are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

Mimi Hay Design

THIS WEEK ONLINE

Information about Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

PRESIDENT'S REPORT

Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!



I am making pleated cotton face masks with assorted designer fabrics, including a poly filter as a third layer. Take a look and be safe! Mimihaydesign.com/masks
Or call #843 283 3634

~ Submitted by Mimi Hay

Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#). And the Circle's new video for online events here.

[youtube.com/c/avatarmeherbabascircleoffriends](https://www.youtube.com/c/avatarmeherbabascircleoffriends)

~ Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Rental

2nd fl duplex, 1/1, \$1100, 2 mo. min., incl. utilities & wifi, fully furnished eclectic style, light filled, open floor plan, 960 sf., plus 300sf covered porch with ocean breeze, 5 short blocks to bch, covered balcony overlooking garden, hardwood fl, ceiling fans, central heating/ac, no sound bet fls, 4 miles from Baba Center. No pets, no smoking. contact Donna Stewart,

“When we have clarity of mind, Baba works with us. When we have confusion of mind, Baba works within us.” ~ Bal Natu.

The Circle Center is slowly opening up our physical space to very small groups by request, as well as drop-in hours on Sundays from 3-5pm. Sanitation and masks are available, but visiting the Circle is at your own risk.

Our virtual meetings continue to grow, regularly bringing together people from all over the world. The calendar is the most up-to-date and complete record of all events and any last-minute changes, and virtual meetings are preceded by the letter “Z” in the title. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>. Absolutely everyone from anywhere is welcome at our meetings!

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends/videos> (we are in the process of migrating all our Zoom videos to the new Youtube channel). We are also very active on Facebook:

<https://www.facebook.com/groups/ambcirclefriends>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Meherabad time 7-8 am/pm, which translates to 930-1030am/pm EDT. Everyone is warmly welcome.

843.902.5230.



~ Submitted by Donna Stewart

~Special and One-time Events:

*NEW every Friday 11am EDT, a weekly talk and music from the Poona Bhajan Mandal! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience. More about them: <https://www.meherbabatravels.com/his-close-ones/men1/dr-digambar-r-gadekar/>

*Astrology of COVID, July 30 7-9pm. Joe DiSabatino will lead a seminar on the 2020 astrological alignments in effect during the global pandemic, economic downturn, and social unrest. As a follower of Meher Baba, Joe understands that He is in charge, and that God uses natural laws to carry out His Divine Plan. Astrology is the study of natural laws—the universal archetypal energy patterns and their ever-changing cycles of interaction.

*Farshid Namiranian speaks about Esfandiar Vessali! Sunday Aug 2, 11am-12.30 pm EDT. Guaranteed to be a showstopper, you must not miss this event!

*The next Jim Meyer concert is scheduled for Aug 9, 11am-12.30pm EDT. The last concert recording speaks for itself: <https://youtu.be/NOaMx57B4Gc>

*celebrating Margaret Poley, who met Baba, Aug 5, 2-3pm EDT.

*Future dates for Mandal! "Potluck" sharing meetings: Aug 14 for Aloba, Aug 16 for Mani, Aug 31 for Eruch, details in the calendar.

*Goher Mobed, daughter of Minoo Kharas, will tell us stories of her father and Baba! Sunday Aug 23, 11am EDT.

Room Needed

Steve Tischler is looking for a room to rent in N. Myrtle Beach. Call Steve @ 843-267-0990.

~ Submitted by Steve Tischler

House For Sale

Anyone want to buy a wonderful home in N. Myrtle Beach? Mature landscaping in a very private backyard - hard to find around here! Half-acre lot feels like much more. 3Bed3Ba house with an outbuilding featuring another bed and full bath upstairs and huge workshop downstairs. Loads of excellent closet space. Recently updated kitchen and baths, low-maintenance brick ranch on a crawl space. Saltwater pool, easy golf-cart access to the beach about a mile away.

https://www.zillow.com/homedetails/1720-Cenith-Dr-North-Myrtle-Beach-SC-29582/11117991_zpid/?view=public

~ Submitted by Angela Lee Chen

Beautiful House for sale in Briarcliffe Acres! (Jerry's Old House)

11 South Gate Road which was home to Jerry and Shirla Edwards and had been blessed with many Baba events, gatherings and celebrations will come on the Market in mid July. This house has upto 3500+ heated square footage with 5 bedrooms and 3 1/2 baths. An oversized attached garage and a screened patio. The south border of the property is adjusted to Meher Center! A must see! Call Mehernoush for exclusive early

~Concerts:

*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. See the calendar for details.

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Akarsh's concert was phenomenal: https://youtu.be/_lxqThtCk

~Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 19th of the series, attended by about 60 people from all over the US and parts of the world: <https://youtu.be/9YsrNiElRz8>

*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 6-8pm EDT. Details about this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of The Everything and the Nothing.

showing now at 843-331-0769



~ Submitted by Mehernoush McPherson

Don McBride's House in Timber Ridge is For Sale

Adorable all brick home for a great price at Timber Ridge Village of North Myrtle Beach. A Must see before it goes on the market! This house has two bedrooms, two baths, a carolina room and a screened patio with a wood stove! Real oak wood flooring throughout and an oversized one car attached garage. Heating and AC system is less than a year old. This house is well built and well maintained and has new appliances and fixtures! The community has the lowest HOA in the area and it is a golf cart ride away from the beach! Please call Mehernoush at 843-331-0769 for private viewing.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

~Poetry and Art

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm. Check the calendar for more details.

*Limited series of Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, every other Monday, 2-4pm. See calendar for more details.

~Health, Wellness, Meditation:

*Ongoing Inquiry Circle interweaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug in Montana, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of the latest session <https://youtu.be/SY1b4VWpAtuA>. All the previous sessions can be found on the Circle's YouTube channel.

*A 7-part series every Saturday entitled From Shadows to Light: A weekly topic is addressed with Meher Baba's own words, accompanied by a beautiful animated movie in 7 parts, followed by a period of meditative silence. Presented by Meherveena of Mumbai, India. Saturdays 11am-noon EDT starting Aug 8.

*Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has moved to Zoom.



~ Submitted by Mehernoush McPherson

Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to leave Texas in September. Thank you.

~ Submitted by Elizabeth Stohr

SERVICES

Online Music Lessons

Keight Brown is teaching music lessons online ~ socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT to start June 11. A recording of the last session:
<https://youtu.be/5XBeFlqNhSM>

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

-Fun

*A Cooking Exchange! Surekha Dadar in Meherabad will cook for us, live on Zoom. She also wants to know what you are cooking! Every Wednesday at 11am-12.30pm EDT.

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 430-530 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

*Movie Nights Saturdays 7-8pm EDT: every week a different Baba-related video will be shown. Curated by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be

for over 20 years. For more info and testimonies visit www.voicethemusic.com - or call Keight @ 843-503-8772.

- Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. ~

843-503-8772. NMB and MB. [Website](#)

- Submitted by Keight Brown

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

- Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified) 40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas. Call: 856-287-5400.

together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

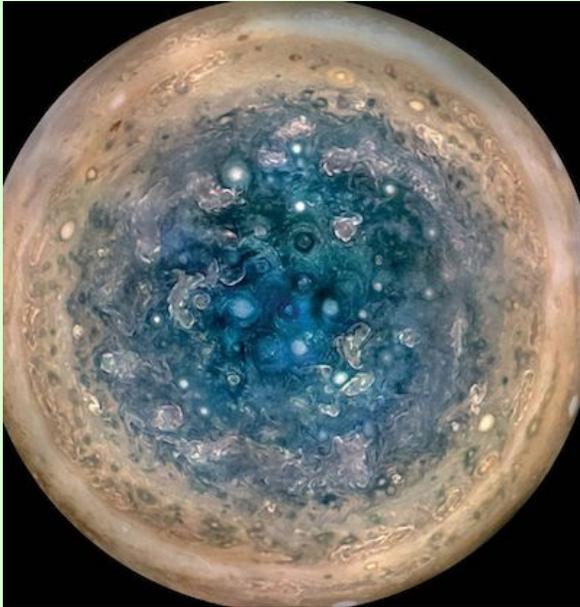
- Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

~ Submitted by Heidi Becker-Share

Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony.

Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can see the kind of work I do [here](#). You can email me at ekaterinaflynn@gmail.com.

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call

843-957-0943

~ Submitted by Brad Mendell

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

~ Submitted by Dennis Wolterding

Most of the new arrivals seem incapable of conversation. They just stare at their hands in despair.

