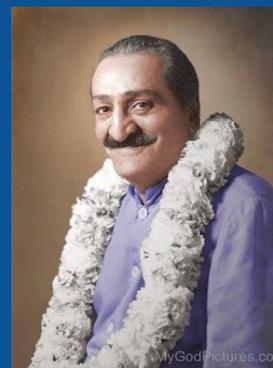


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



August 6

DONATE

Volume 296

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Zoom event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com. Or call 843-272-2222.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Our YouTube page is: youtube.com/c/avatarmeherbabascircleoffriends
- **Disclaimer: Items shared in this newsletter, or presentations by speakers at the Circle Center, are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.**

COMMUNITY NOTICES

Circle Survey

This is an informal survey designed to help us, The Circle of Friends, determine what unfulfilled needs our community might have, which seems especially important during this time of coronavirus. Please take the time to answer a few questions.

Do you or anyone you know need :

THIS WEEK ONLINE

Information about Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

PRESIDENT'S REPORT

Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!

Help with errands or shopping?
Help with meals?
Help with in-home services, such as house cleaning or repairs?
Do you need financial help or help setting up a go fund me page?
Do you need companionship?
Do you need help with medical visits or medications or any other medical needs?
Do you need transportation to doctors, etc?
Do you need someone to call you for a wellness check periodically?, daily?
Do you need help planning for aging at home?
Do you need help accessing service provided by government agencies?
Do you have a hurricane plan if you live in a flood zone or need one for health reasons?
If you get Coronavirus, do you want food delivered or someone to phone and check on you?
Other?

Please respond by an email to Judy Mangold at jmangold101@gmail.com or phone Judy at 843-504-8083.

This survey is more for the purposes of information gathering. At this point we do not necessarily have all the organization in place to provide these services but that is our goal, so we appreciate your help so we can find out what is needed and what to focus on.

*~ Submitted by Judy Mangold & Pat Burrell,
Circle of Friends Service Committee*

“When we have clarity of mind, Baba works with us. When we have confusion of mind, Baba works within us.” ~ Bal Natu.

The Circle Center is slowly opening up our physical space to very small groups by request, as well as drop-in hours on Sundays from 3-5pm. Sanitation and masks are available, but visiting the Circle is at your own risk.

Our virtual meetings continue to grow, regularly bringing together people from all over the world. The calendar is the most up-to-date and complete record of all events and any last-minute changes, and virtual meetings are preceded by the letter “Z” in the title. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>. Absolutely everyone from anywhere is welcome at our meetings!

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends/videos> (we are in the process of migrating all our Zoom videos to the new Youtube channel). We are also very active on Facebook:

<https://www.facebook.com/groups/ambcirclefriends>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Meherabad time 7-8 am/pm, which translates to 930-1030am/pm EDT. Everyone is warmly welcome.

Poem from Dean

Do you see it? The blackest of clouds on the horizon?

Slowly a dawning of darkness unfolds so that the light from within can be seen.

Do you see how you have been caught in the circus of thieves?

For they have stolen your voice and your knowing, for they have stolen your light and your power.

The thieves of the world revel in coyote's blood and dance to blue severed heads.

I see the song of mischief being played from the million eyed shadow, who's laughter echoes from the eyes of clowns jesters and harlequins.

I watch the masses staring into the eyes of that shadow mesmerized by the song of chaos and calamity.

So the darkest of nights will come and the light bearers will hold vigil for those seeking.

You can dance in the circus of thieves or you can seek the light of the Beloved, it is your choice....choose wisely.

~ Submitted by Dean Mendoza

Two New Videos Celebrating the Anniversary of Avatar Meher Baba's 1956 visit to Meher Mount

["Open Up the Door"](#)

Recorded to celebrate the 2020 anniversary of Avatar Meher Baba's 1956 visit to Meher Mount. "Open Up the Door" with lyrics by Mani S. Irani and music by Mani S. Irani and Buz Connor.

~Special and One-time Events:

*Every Friday 11am EDT, a weekly talk and music from the Poona Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience. A recording of Pratap Ahir's talk last week: <https://youtu.be/7qNKK4u-oCo>

*The next Jim Meyer concert is this Sunday, Aug 9, 11am-12.30pm EDT. The last concert recording speaks for itself: <https://youtu.be/NOaMx57B4Gc>

*Future dates for Mandali "Potluck" sharing meetings: Aug 15 for Aloba, Aug 16 for Mani, Aug 31 for Eruch, details in the calendar.

*Goher Mobed, daughter of Minoos Kharas, will tell us stories of her father and Baba! Sunday Aug 23, 11am EDT.

*Aug 29, 11am-1pm EDT, Bob Mossman and Farshid Namiranian come together to discuss the book *The Boys*, a book about the Prem Ashram. Hosted by Laura Smith of Sheriar Books, in Myrtle Beach.

*A recording of Farshid's talk of last weekend: <https://youtu.be/mENW7qcqu2U>

~Concerts:

*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. See

"Dhun"

Recorded to celebrate the 2020 anniversary of Avatar Meher Baba's 1956 visit to Meher Mount. "Dhun" is a call-and-response repetition of Avatar Meher Baba's name.

For the back story see

[Music in Celebration of Meher Baba's Visit](#)

~ Submitted by Margaret Magnus

Book Inclusion, *The Pearl Diver*.

I'm putting together a book of art (and poems, dreams, etc) inspired by Baba's story of The Pearl Diver on page 20 of *The Everything and the Nothing*. If you have made something based on this parable or want to make a new creation on this theme, please contact me at gratitudemarla@gmail.com. to have your work considered for inclusion. Thanks!

~ Submitted by Marla Faith

New Book by Laurent & Friends

Laurent Weichberger has a new book at Amazon. [Go here](#).

the calendar for details. A recording of Angela and Cliff's concert: <https://youtu.be/gdlMCEbbhFA> A recording of Tim's concert: <https://youtu.be/Wixkb2uCzsc>

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with the Kale family was delightful: <https://youtu.be/ub9M5tvYzdg>

~Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 20th of the series, attended by about 60 people from all over the US and parts of the world: <https://youtu.be/zYIH-jDnFAk>

*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 6-8pm EDT. Details about this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of *The Everything and the Nothing*.

SURRENDER

WITH
MEHER BABA



Laurent Weichberger
& Companions

~ Submitted by Laurent Weichberger

Gardening Help Needed.

Caren Haas. 843-450-3529 (very part time) :) Please call before 8 p.m.

~ Submitted by Caren Haas

Free Air Conditioner

I have a Frigidaire 10,000 BTU's air conditioner. It's a slider casement kind for a window that opens side to side. Could possibly fit in a regular window too. The front is 20" height and 14" wide. Not super cold for a huge room but it does cool a regular room.

Text Susan White at 843-267-2742

~ Submitted by Susan White

New Summer Masks

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

~Poetry and Art

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm. Check the calendar for more details.

*Limited series of Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, every other Monday, 2-4pm. See calendar for more details.

~Health, Wellness, Meditation:

*Ongoing Inquiry Circle interweaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug in Montana, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of the latest session <https://youtu.be/SY1b4WpAtuA>. All the previous sessions can be found on the Circle's YouTube channel.

*Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has moved to Zoom.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*Guided Sufi heart meditation, with a laser focus on



Lightweight for easy wear, exercise, and breathability. Multiple styles and colors. Check my website for details:

www.mimihaydesign.com/masks

#843 283 3634

~ Submitted by Mimi Hay

Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#). And the Circle's new video for online events here.

youtube.com/c/avatarmeherbabascircleoffriends

~ Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Looking for a Kind Soul

I usually don't ask anyone for help because people make promises and don't

Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT to start June 11. A recording of the last session:
<https://youtu.be/5XBeFlqNhSM>

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

~Fun

*A Cooking Exchange! Surekha Dadar in Meherabad will cook for us, live on Zoom. She also wants to know what you are cooking! Every Wednesday at 11am-12.30pm EDT.

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 430-530 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

*Movie Nights Saturdays 7-8pm EDT: every week a different video will be shown. Curated by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run

keep them. But now I have to leave the house I've been living in with my cats because the landlord sells it. Is there a kind human being that would want me and my kitties as a tenant? We like it clean, safe and very quiet. Anywhere between the border of North Carolina and up to Charleston would be ok (yes, I would have to leave the Meher Center but for my cats I would do it). I doubt that there is a truly caring soul but if in case there is email mgerhardt2013@outlook.com or text me 843-251-1797.

~ Submitted by Monika Gerhardt

Rental Needed

I have finally arrived in NMB; was supposed to move here in March. I'm looking for a rental 1bedroom or studio. Would love to stay in NMB but I have a car and I'm flexible. My email is akiick@msn.com phone 208-908-8115. I'm staying with a friend in Little River until I find my new home. Thanks, Alice Kiick.

~ Submitted by Alice Kiick

Room Needed

Steve Tischler is looking for a room to rent in N. Myrtle Beach. Call Steve @ 843-267-0990.

~ Submitted by Steve Tischler

Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to

the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:
<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

~ Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

leave Texas in September. Thank you.

~ Submitted by Elizabeth Stohr

Rental Available

2nd fl duplex, 1/1,\$1100, 2 mo. min.,incl. utilities & wifi, fully furnished eclectic style, light filled, open floor plan, 960 sf., plus 300sf covered porch with ocean breeze, 5 short blocks to bch, covered balcony overlooking garden, hardwood fl, ceiling fans, central heating/ac, no sound bet fls,4 miles from Baba Center. No pets, no smoking. contact Donna Stewart, 843.902.5230.





~ Submitted by Donna Stewart

House For Sale

Anyone want to buy a wonderful home in N. Myrtle Beach? Mature landscaping in a very private backyard - hard to find around here! Half-acre lot feels like much more. 3Bed3Ba house with an outbuilding featuring another bed and full bath upstairs and huge workshop downstairs. Loads of excellent closet space. Recently updated kitchen and baths, low-maintenance brick ranch on a crawl space. Saltwater pool, easy golf-cart access to the beach about a mile away.

https://www.zillow.com/homedetails/1720-Cenith-Dr-North-Myrtle-Beach-SC-29582/11117991_zpid/?view=public

~ Submitted by Angela Lee Chen

Don McBride's House in Timber Ridge is For Sale

Adorable all brick home for a great price at Timber Ridge Village of North Myrtle Beach. A Must see before it goes on the market! This house has two bedrooms, two baths, a carolina room and a screened patio with a wood stove! Real oak wood flooring throughout and an oversized one car attached garage. Heating and AC system is less than a year old. This house is well built and well maintained and has new appliances and fixtures! The community has the lowest HOA in the area and it is a golf cart ride away from the beach! Please call Mehernoush at 843-331-0769 for private viewing.



~ Submitted by Mehernoush McPherson

SERVICES

Online Music Lessons

Keight Brown is teaching music lessons online ~ socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com - or call Keight @ 843-503-8772.

~ Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. ~ 843-503-8772. NMB and MB. [Website](#)

~ Submitted by Keight Brown

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

~ Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW,

LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower
Treatment naturally /gently removes
negative emotions and thoughts
which interfere with living a balanced,
happy life. Confidential, Baba focused
phone consultations to restore emotional
well-being, mind-body health, and
spiritual fitness in all life arenas.

Call: 856-287-5400.

~ Submitted by Heidi Becker-Share

Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map
of the sanskaras we were born with. It
doesn't tell the future, rather it shows the
talents and potentials we brought over
from our previous lives. It also points out
the areas we need to work on to attain
poise, balance and harmony.

Understanding a birth chart requires a
joint effort, a willingness to share your
experiences and insights. You can see the
kind of work I do [here](#). You can email me

at ekaterinaflynn@gmail.com.

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleecheen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso

Experienced Caregiver Available

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very

reasonable rates. Contact: Cynthia
Wolterding cwolterding@gmail.com
612 849-0599

~ Submitted by Dennis Wolterding



“I have to say I had a different impression of what Reiki is all about.”

For More About the Circle News [Go Here](#)