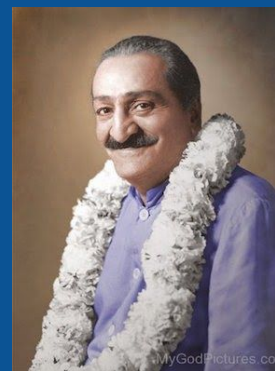


# The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)  
[Calendar SmartPhone View](#)



## August 20

DONATE

## Volume 298

- Send community notices (left column items) to editor Chris Ott at [christopherjonathanott@gmail.com](mailto:christopherjonathanott@gmail.com).
- To propose a Zoom event, contact our president Angela Lee Chen at [angelaleechen@gmail.com](mailto:angelaleechen@gmail.com).
- Contact Circle of Friends directors at [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com). Or call 843-272-2222.
- Our Facebook page is [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB).
- Our YouTube page is: [youtube.com/c/avatarmeherbabascircleoffriends](https://youtube.com/c/avatarmeherbabascircleoffriends)
- **Disclaimer:** Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

## COMMUNITY NOTICES

### Landscaper Needed for Sheriar Books

Sheriar Books is looking for an individual or company to handle the landscaping around the bookstore building. If you have any recommendations, please contact Laura Smith at 843-272-1339 or email: [laura@sheriabooks.org](mailto:laura@sheriabooks.org)

~ Submitted by Laura Smith

### Car For Sale

## THIS WEEK ONLINE

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

## PRESIDENT'S REPORT

Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!

2009 Cadillac CTS Sedan 4D in excellent condition for sale. \$7,000.

Engine: V6, PFI, 3.6 Liter; Automatic, 6-spd Anti-theft system, keyless entry, power windows and door locks, A/C, cruise control, power steering, XM satellite, CD/MP3 (single disk), dual and side airbags, heated and power seats. Blue gray with tan leather interiors. Very clean and well-maintained. 112,000 miles and up to date on service. Car has no known issues- the owner is surrendering his license and can no longer drive due to health issues. Contact Nick Principe 919-618-2297 if interested.



“I am ever conscious that I am you. While you are never conscious that I am in you. Daily I support you and share your consciousness. Now I want you to uphold me, so that one day you can share my consciousness.” ~ Meher Baba, The Everything and the Nothing Ch 44.

The Circle Center has opened our physical space to small groups by request. We also have drop-in hours on Sundays 2-5pm. Sanitation and masks are available and optional. Visiting the Circle is at your own risk.

We have two Board positions open. Directors need not be local, though experience with Myrtle Beach is preferable. Please reply to this email if you are interested in learning more.

Our virtual meetings continue to grow, regularly bringing together people from all over the world. The calendar is the most up-to-date and complete record of all events and any last-minute changes. Virtual meetings are preceded by the letter “Z” in the title. Zoom meetings by other organizations are indicated by a Z\* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>. Absolutely everyone from anywhere is welcome at meetings – because YOU are the friends that comprise the Circle!

NOTE: Password will change on Sept 1, for preventive security.

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends>. We are also very active on Facebook:

<https://www.facebook.com/groups/ambcirclefriends> as well as on WhatsApp:

<https://chat.whatsapp.com/CigRhRQZdnHIGLurVeHP>



vY

- Arti (prayers and live sharing from the heart)

\*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Meherabad time 7-8 am/pm, which translates to 930-1030am/pm EDT. Everyone is warmly welcome. A recording of last Saturday's arti here: <https://youtu.be/AAGhVHzZvN0>

-Featured Events:

\*Every Friday 11am EDT, a weekly talk and music from the Pune Bhajan Mandal! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience. A recording of Pratap's talk last week: <https://youtu.be/WF0J0vJyeqs>

\*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle usually does, followed by a guest speaker. This Saturday will feature Irwin Luck, part 2. Last weekend, a recording of Irwin Luck part 1: <https://youtu.be/X6qB-AXGQQM>

\*Goher Mobed, daughter of Minoo Kharas, will tell us stories of her father and Baba! Sunday Aug 23, 11am EDT.

\*Aug 29, 12-2pm EDT, Bob Mossman and Farshid Namiranian come together to discuss the book *The Boys*, a book about the Prem Ashram. Hosted by Laura Smith of Sheriar Books, in Myrtle Beach.

\*Aug 31 for Eruch, noon-2pm EDT, another "potluck"



~ Submitted by Marie Principe

## New Summer Masks

sharing meeting.

-Some recent recordings: the Aloha celebration (Mehrddad called in from Tehran!): <https://youtu.be/RNs8j8-Qbw>

-The Mani celebration: a 3-hour meeting, cut down to 2 hours so that Youtube could hold it... wonderful stories, photos, notecards, slideshows, even tears.  
<https://youtu.be/2XlwW-2IGZw>

-Concerts:

\*Cindy Lowe in concert, Saturday Aug 22, noon-1.30pm EDT, accompanied by Cliff Hackford.

\*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. See the calendar for details. A recording of Tricia Alexander's concert last week: <https://youtu.be/zTAbncfCRml>

\*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with Pratap Ahir was very sweet:  
<https://youtu.be/nVWFraVglHxo>

\*Aug 30 Upasana and Behnaz in concert! Excellent young singers in Mumbai. You will not want to miss this concert!

\*Rajat in concert Sept 6!

\*The next Jim Meyer concert is scheduled for Sunday, Sep 13, 11am-12.30pm EDT. The last concert recording speaks for itself: <https://youtu.be/SgFelexQVuw>



**Price Drop: All Junior Size/Petite masks now \$10.** All Junior/Petite Adult masks are now available for a reduced price. Shop the new shapes. Lightweight and breathable for summer activities outside or in. More room for the nose and mouth, breathability. Great for exercise and all-day wear. Wired at the nose for a custom fit. Check my website for details: [www.mimihaydesign.com/masks](http://www.mimihaydesign.com/masks)  
#843 283 3634

~ Submitted by Mimi Hay

---

### Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#). And the Circle's new video for online events here. [youtube.com/c/avatarmeherbabascircleoffriends](https://youtube.com/c/avatarmeherbabascircleoffriends)

~ Submitted by Chris Ott, Editor

---

~Reading and discussion groups:

\*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 22nd of the series, attended by about 60 people from all over the US and parts of the world: <https://youtu.be/TvVfZrvZpnA>

\*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

\*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 6-8pm EDT. Details about this week's reading is in the calendar.

\*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

\*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of The Everything and the Nothing.

\*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

~Poetry and Art

\*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm EDT. A recording of last week's poetry: <https://youtu.be/ff2BE0gBmg8> Check the calendar for more details.

## HOUSING - RENT/OWN

---

### Looking For a Small Apartment

I love it here and am looking to stay. I need a studio or one bedroom apartment. If not Myrtle Beach or North Myrtle, it can be in one of the nearby neighboring towns. I would prefer the \$500-\$600 range per month, but can go a little higher, if ideal. I am 27 and live very quietly and cleanly. I have some handyman skills and can be helpful to you. Please call Matthew Teperman at 732-616-8536

*~ Submitted by Eric Teperman on behalf of his nephew Matthew Teperman*

---

### Looking for a Kind Soul

I usually don't ask anyone for help because people make promises and don't keep them. But now I have to leave the house I've been living in with my cats because the landlord sells it. Is there a kind human being that would want me and my kitties as a tenant? We like it clean, safe and very quiet. Anywhere between the border of North Carolina and up to Charleston would be ok (yes, I would have to leave the Meher Center but for my cats I would do it). I doubt that there is a truly caring soul but if in case there is email

mgerhardt2013@outlook.com or text me 843-251-1797.

*~ Submitted by Monika Gerhardt*

---

### Room Needed

Steve Tischler is looking for a room to

\*NEW Starting Sept 1: Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EDT.

\*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EDT. A recording of the last session: <https://youtu.be/8Ev-pawrRwY> See calendar for more details.

-Health, Wellness, Meditation:

\*Ongoing Inquiry Circle interweaving Meher Baba on the Mind with The Work of Byron Katie, led by Anne Haug in Montana, Certified Facilitator, Wednesdays 3:30-5 EDT. Here is a link to the recording of the latest session <https://youtu.be/lqVW5IM-6rk0>. All the previous sessions can be found on the Circle's YouTube channel.

\*Japa, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

\*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT has moved to Zoom.

\*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

\*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT. A recording of the last session: <https://youtu.be/EhxlXdKu0eU>

\*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by

rent in N. Myrtle Beach. Call Steve @ 843-267-0990.

*~ Submitted by Steve Tischler*

---

### Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to leave Texas in September. Thank you.

*~ Submitted by Elizabeth Stohr*

---

## SERVICES

---

### Handyman for Hire

Darrell Rotramel, retired construction and painting contractor with decades of experience in the industry remodeling and renovating homes, is looking to keep busy with fix-up, handyman work. He can refinish wood fixtures and wood furniture, paint walls and trims, hang doors and fix door knobs, hang shelves securely, change an electrical fixture, repair flooring, repair anything broken and/or replace and install new fixtures, etc, etc. Negotiable fee per job. Please call: +1 (206) 390-8476

*~ Submitted by Heather Dawn Masciandaro on behalf of her father Darrell Rotramel*

---

### Online Music Lessons

Keight Brown is teaching music lessons online ~ socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons

teleconference. Details on the calendar.

-Fun

\*A Cooking Exchange! Surekha Dadar in Meherabad will cook for us, live on Zoom. She also wants to know what you are cooking! Every Wednesday at 11am-12.30pm EDT.

\*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

\*Acting/Improv classes Mondays 4:30-5:30 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

\*Movie Nights Saturdays 7-8pm EDT: every week a different video will be shown. Curated by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:  
<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to

for over 20 years. For more info and testimonies visit [www.voicethemusic.com](http://www.voicethemusic.com) - or call Keight @ 843-503-8772.

*- Submitted by Keight Brown*

---

### **Local Delivery Solutions**

Keight Brown is available for curbside pickup groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. ~ 843-503-8772. NMB and MB. [Website](#)

*- Submitted by Keight Brown*

---

### **Experienced Pet Care**

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at [bradleyjco@gmail.com](mailto:bradleyjco@gmail.com) or by text at 301-910-1563.

*- Submitted by Bradley Cohen*

---

### **Bach Flower Remedies**

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified) 40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas. Call: 856-287-5400.

help you get online. Reply to this and we will get you tech help.

*- Submitted by Angela Lee Chen, Circle of Friends President*

---

## **STAY INFORMED**

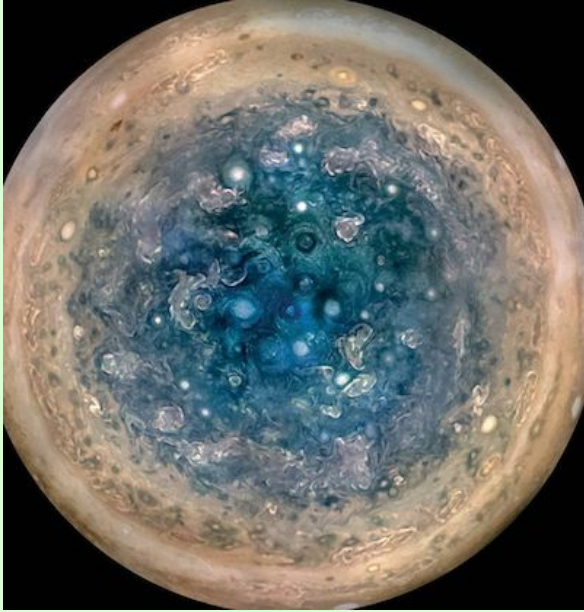
You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB). Our events are very rarely on Mall pages.



~ Submitted by Heidi Becker-Share

---

## Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony.

Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can see the kind of work I do [here](#). You can email me at [ekaterinaflynn@gmail.com](mailto:ekaterinaflynn@gmail.com).

~ Submitted by K. E. Flynn

---

### **Dr. Brad Mandell, Chiropractor**

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call

843-957-0943

*~ Submitted by Brad Mendell*

---

### **Home Help**

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

*~ Submitted by Lin Sonner*

---

### **Acupuncture and Chinese Medicine**

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

*~ Submitted by Dr Angela Lee Chen*

---

### **Piano Lessons**

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

*~ Submitted by Betsy Tomasso*

---

### **Experienced Caregiver Available**

Social worker, former assisted living manager and caregiver extraordinaire will take care of you or your dog at very reasonable rates. Contact: Cynthia Wolterding cwolterding@gmail.com 612 849-0599

*~ Submitted by Dennis Wolterding*

---



**“Sorry – just getting back from a guru retreat.”**

For More About the Circle News [Go Here](#)