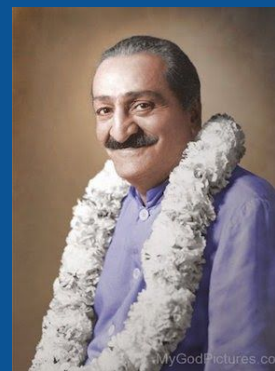


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



September 10

DONATE

Volume 301

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Zoom event, contact our president Angela Lee Chen at angelaleechen@gmail.com.
- Contact Circle of Friends directors at ambcirclefriends@gmail.com. Or call 843-272-2222.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Our YouTube page is: youtube.com/c/avatarmeherbabascircleoffriends
- **Disclaimer:** Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

I'm trying something new. I'm highlighting new posts in green, to make it easier to skim the newsletter for new content.

~ Chris Ott ~ Circle News Editor

Baba's birthday 1987 painting by Sally Amft

THIS WEEK ONLINE

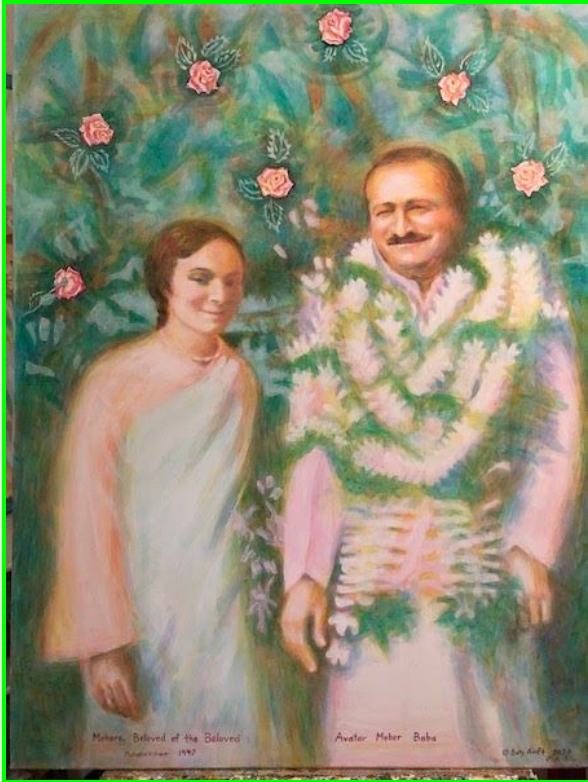
Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

Circle Center

Drop-in Hours (Mandatory Masks)

Saturday, September 12 · 3:00 – 5:00pm

The physical space of the Circle Center is open to all for



fellowship. Stop by to see who is around! Masks are mandatory for all public Circle events.

PRESIDENT'S REPORT

Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!

"Whatever you can understand is not God." ~ Meher Baba.

The Circle Center has opened our physical space for drop-in hours, now on Saturdays 3-5pm and facial coverings are **mandatory**. Sanitation and masks are available onsite. We are open to small groups by request.

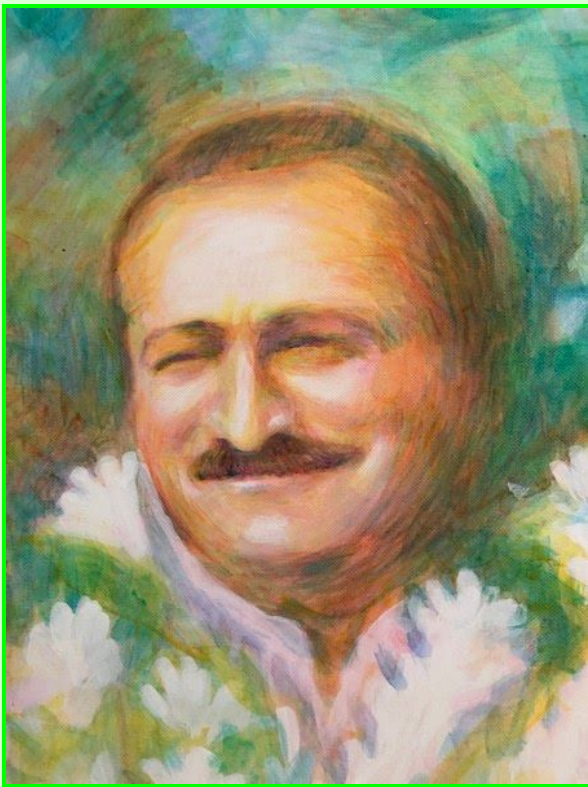
We have two Board positions open. Directors need not be local, though experience with Myrtle Beach is preferable. Please reply to this email if you are interested in learning more.

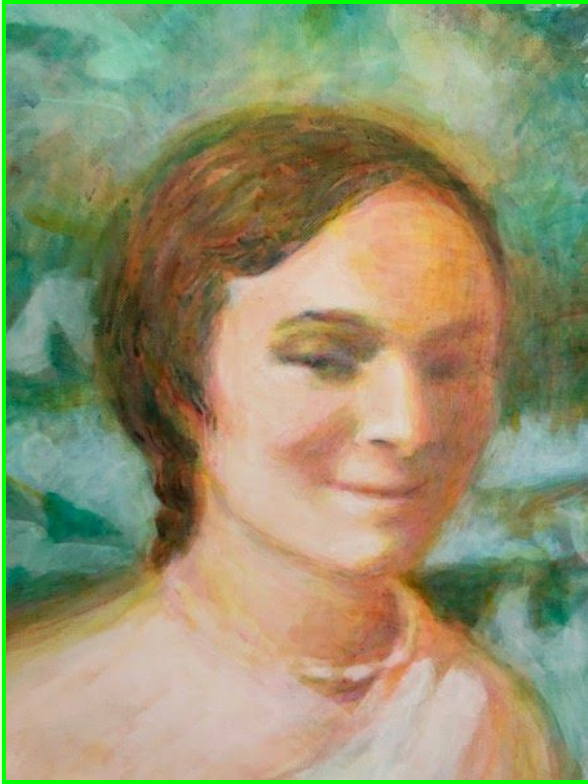
Our virtual meetings continue to grow, regularly bringing together people from all over the world. The calendar is the most up-to-date and complete record of all events and any last-minute changes. Our virtual meetings are preceded by the letter "Z" in the title, and they are all the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>. Absolutely everyone from anywhere is welcome at meetings – because YOU are the friends that comprise the Circle!

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends>. We are also very active on Facebook:





~ Submitted by Sally Amft

Charitable Giving

If anyone is feeling generous, www.allr.one is an excellent website for charitable giving, though not tax deductible.

~ Submitted by Laura Crabtree

Car For Sale

2009 Cadillac CTS Sedan 4D in excellent condition for sale. \$7,000.

Engine: V6, PFI, 3.6 Liter; Automatic, 6-spd Anti-theft system, keyless entry, power windows and door locks, A/C, cruise control, power steering, XM satellite, CD/MP3 (single disk), dual and side airbags, heated and power seats. Blue gray with tan leather interiors. Very clean and well-maintained. 112,000 miles and up to date on service. Car has no

<https://www.facebook.com/groups/ambcirclefriends> as well as on WhatsApp:

<https://chat.whatsapp.com/CigRhRQZdnHIGLurVeHPvY>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Meherabad time 7-8 am/pm, which translates to 930-1030am/pm EDT. Everyone is warmly welcome. A recording of last Saturday's arti here (includes an episode of our montly participants' coming-to-Baba stories!): <https://youtu.be/xITMiwrhogY>

~ This week featured events:

*Every Friday 11am EDT, a weekly talk and music from the Pune Bhajan Mandal! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience.

*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle usually does, followed by a guest speaker. This week, our guest is Mr Chittaranjan Gangde, secretary Avatar Meher Baba Centre in Akola M.S. India.

*Raine Eastman-Gannett in concert this Sat, Sep 12, noon-2pm EDT

*Jim Meyer is raring to go, this Sunday, Sep 13, 11am-12.30pm EDT. The last concert recording speaks for itself: <https://youtu.be/SgFelexQVuw>

known issues- the owner is surrendering his license and can no longer drive due to health issues. Contact Marie Principe 202-316-9913 if interested.



*Last week, Sarosh and Viloo's daughters Freny and Gulnar told family stories:
<https://youtu.be/gFnAeKDdw3Y>.

*Last week David Raffo, in Portland OR, presented an excellent slideshow of his own photos of Assisi while discussing St Francis and Meher Baba:
<https://youtu.be/oVVLjxBIJeN0>

-Upcoming featured events:

*Merwan Dubash will speak on Saturday Sep 19, 10.30am EDT.

*Mr Ramakrishnan scheduled for Sept 20, 11am EDT.

*Etzion Becker scheduled for Sep 21 and Sep 23.

-Concerts:

*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. This week, Michelle Shafer! See the calendar for future guests. A recording of Al Grasso's concert last week:
<https://youtu.be/Qbi6b3Nulss>

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with the Nafde family was enchanting:
<https://youtu.be/n94Bw3UyCr4>

*The Rubensteins are scheduled for Sept 19!

*Rajat Mishra's beautiful concert of last weekend:



~ Submitted by Marie Principe

<https://youtu.be/zMjbjjaZ3-Y> .

~Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT. Here is a link to the recording of last weekend's session, the 24th of the series, attended by about 60 people from all over the US and parts of the world:

<https://youtu.be/utDpF80MqXI>

*Informal chats with Jeff Wolverton: these are fairly impromptu, but they occur 3-5 nights a week, after evening arti, starting about about 10.30pm EDT. Past recordings of Jeff's informal chats:

<https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGOLjlaBiWrlUC8l0U> (there's 31 of them already, and counting!)

*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Baba through Norina, led by Scott Makeig in Asheville NC, will now meet Mondays 7-9pm EDT. Details about this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of The Everything and the Nothing.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

New Summer Masks



Price Drop: All Junior Size/Petite masks now \$10. All Junior/Petite Adult masks are now available for a reduced price. Shop the new shapes. Lightweight and breathable for summer activities outside or in. More room for the nose and mouth, breathability. Great for exercise and all-day wear. Wired at the nose for a custom fit. Check my website for details: www.mimihaydesign.com/masks
#843 283 3634

~ Submitted by Mimi Hay

Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#). And the Circle's new video for online events here. youtube.com/c/avatarmeherbabascircleoffriends

~Poetry and Art

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm EDT. Check the calendar for more details.

*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EDT.

*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EDT. See calendar for more details.

*A public live reading of the play: "Shireenmai: Mother of God" by Joe DiSabatino, is scheduled for Oct 4.

~Health, Wellness, Meditation:

*Naam Jap, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 9:30-10:30am EDT, by teleconference. Details on the calendar.

~ Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Room Needed

Steve Tischler is looking for a room to rent in N. Myrtle Beach. Call Steve @ 843-267-0990.

~ Submitted by Steve Tischler

Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to leave Texas in September. Thank you.

~ Submitted by Elizabeth Stohr

SERVICES

Handyman for Hire

Darrell Rotramel, retired construction and painting contractor with decades of experience in the industry remodeling and renovating homes, is looking to keep busy with fix-up, handyman work. He can refinish wood fixtures and wood furniture, paint walls and trims, hang doors and fix door knobs, hang shelves securely, change an electrical fixture, repair flooring, repair anything broken and/or replace and install new fixtures, etc, etc. Negotiable fee per job. Please call: +1 (206) 390-8476

~ Submitted by Heather Dawn Masciandaro on behalf of her father Darrell Rotramel

Online Music Lessons

~Fun

*A Cooking Exchange! Surekha Dadar in Meherabad will cook for us, live on Zoom. She also wants to know what you are cooking! Every Wednesday at 11am-12.30pm EDT.

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 4:30-5:30 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

*Movie Nights Saturdays 7-8pm EDT: every week a different video will be shown. Curated by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from all over the country, and meetings that run the gamut.

Absolutely everyone from anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar very frequently, as we add events almost daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

Keight Brown is teaching music lessons online ~ socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com ~ or call Keight @ 843-503-8772.

~ Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home ~ stay safe. ~

843-503-8772. NMB and MB. [Website](#)

~ Submitted by Keight Brown

Experienced Pet Care

My name is Bradley and I am looking for work as a dog walker and or pet sitter. I have worked with all kinds of animals and even spent a summer volunteering at a wildlife rehabilitation center. I have also volunteered at the Humane Society and worked at a dog kennel. Rates negotiable. The best way to reach me is by email at bradleyjco@gmail.com or by text at 301-910-1563.

~ Submitted by Bradley Cohen

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts

~ Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

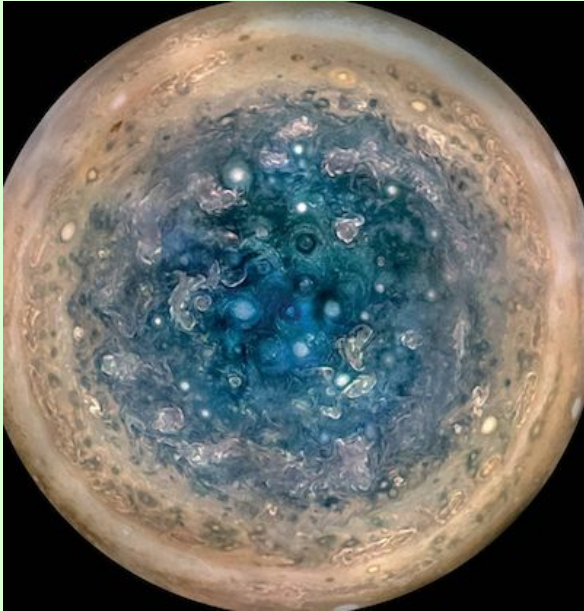
You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.

Call: 856-287-5400.

~ Submitted by Heidi Becker-Share

Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony.

Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can see the kind of work I do [here](#). You can email me at ekaterinaflynn@gmail.com.

~ Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

~ Submitted by Brad Mendell

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

~ Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books.

Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

~ Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

~ Submitted by Betsy Tomasso
