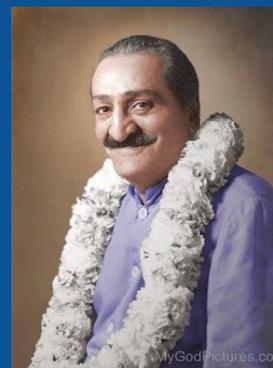


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



October 8

DONATE

Volume 305

- Send community notices (left column items) to editor Chris Ott at christopherjonathanott@gmail.com.
- To propose a Zoom event, contact our president Angela Lee Chen at angelaleechen@gmail.com. See **Guidelines here:** <https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoI7O3KyopDA2wkmWaHQQPsFeVnY/edit?usp=sharing>
- Contact Circle of Friends directors at ambcirclefriends@gmail.com. Or call 843-272-2222.
- Our Facebook page is www.facebook.com/circlecenterMB.
- Our YouTube page is: youtube.com/c/avatarmeherbabascircleoffriends
- **Disclaimer:** Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.

COMMUNITY NOTICES

New more readable font. Newer items are now highlighted in pink.

~ Submitted by Chris Ott - Editor

Fundraiser for Meher Fund by Helen Hill, Maryann Barnhart and Mette Ipsen

<https://www.facebook.com/donate/428434424737555/>

If you prefer donating directly to Meher Fund, you can click on

THIS WEEK ONLINE

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

President's Letter

Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!

"There is no reason at all for any of you to worry.

<https://www.meherfund.org> to donate. Be sure to send a follow up email at questions@meherfund.org mentioning you are donating for the "THE PACIFIC CREST TRAIL RELAY HIKE!" to ensure matching funds. Thank you!

-- Submitted by Betty Lowman

Home For Sale near the Center

Lovely two-story home for sale in the Forest at Briarcliffe subdivision, close to the Baba Center, on a half-acre of land. Classic four bedrooms upstairs and either bedroom or office downstairs; 2.5 baths. Big family room with fireplace, hardwoods, and slider to a large back deck. Large kitchen and dining room, big windows, and a peekaboo view of waterway from the Master. Two car garage. Surrounded by mature trees, azaleas and other perennials. Many recent upgrades, many done by skilled Baba lovers. Listed at \$389,900. Call Carolyn at 843-272-4114.



Baba was, Baba is and Baba will also be eternally existent." ~ — Meher Baba

The Circle Center has opened our physical space for drop-in hours, now on Saturdays 3-5pm and facial coverings are *mandatory.* Sanitation and masks are available onsite. We are open to small groups by request.

We have two Board positions open. Directors need not be local, though experience with Myrtle Beach is preferable. Please reply to this email if you are interested in learning more.

Our virtual meetings continue to grow, bringing together people from all over the world every day. The calendar is the most up-to-date and complete record of all events and any last-minute changes. Our virtual meetings are preceded by the letter "Z" in the title, and they are all the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>.

Everyone from anywhere is welcome to attend meetings and to create them – because YOU are the friends that comprise the Circle!

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends>

. We are also very active on Facebook:

<https://www.facebook.com/groups/ambcirclefriends> as well

as on WhatsApp:

<https://chat.whatsapp.com/CigRhRQZdnH1GLurVeHPvY>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi



-- Submitted by Carolyn Ball

I have Not yet sold my house!

North Myrtle Beach off 33rd Ave. Timber Ridge Village: 2 -1/2 bedroom stick/site built -NOT modular or mobile - value appreciates! remodeled current: HVAC system 1 yr old replaced entire ductwork - NO dirt, mold, New overhead garage door, new rear door,

prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Meherabad time 7-8 am/pm, which translates to 930-1030am/pm EDT. Everyone is warmly welcome. A recording of last Saturday's arti here: https://youtu.be/61C2NV_FNM4

--This week featured events:

***Oct 10, 11.30am EDT Meher Jammers – a group of excellent Young Adult Sahavas singers will perform a round robin of fabulous music! Prepare to be delighted! Hosted by Siddharth Verma in Mumbai, India.**

***Oct 11, 11am EDT Jim Meyer returns for another devotional concert!**

*Every Friday 11am EDT, a weekly talk and music from the Pune Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience.

*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle usually does, followed by a guest speaker. This week, Jyoti Ghandi will share of her pilgrimages to places Meher Baba has been! Last week shared our own Baba stories: <https://youtu.be/m72lgsSkt2c>

--New notable videos:

*** The live play reading of Shireen Mai: Mother of God was super well-received! The international cast worked hard to portray their characters, and the hard work shows! Here is the recording: <https://youtu.be/wwFrHOZh7sg>**

New countertops kitchen, lighting, roof with 15 yrs of life, brick veneer, New front window! Remodel 9 yr ago: C. Tile floors - 2 bathrooms, kitchen, foyer, Carolina porch, with wood stove,- 3/4" solid oak flooring elsewhere except one carpet bedroom.
\$179,000 - Call Mehernoush - 843-331-0769



-- Submitted by Don McBride

Items For Sale

iPad 9.7", retina, Wi-fi, 128 G storage!! (2017), \$290 (compare Amazon refurb. \$355 +) Office desk real wood, oak dovetail drawers, mahogany veneer (no particle board!), glass top \$125, Chair \$40
truthlovepuritybeauty@gmail.com
iPhone - 843-333-7770

-- Submitted by Don McBride

Moving Sale - moving out of state soon!

--Upcoming Events

***Celebrating Bhau Kalchuri Sunday Oct 25 (a potluck meeting).**

*Upcoming EastWest Satsang guests:

17th Oct Naosherwan Nalavala will present a 2-hour New Life Special

24th & 31st Oct Meherkrupa Palve

7th Nov Your stories

--Concerts:

***Tonight, Oct 8, 7pm EDT: Raine Eastman-Gannett in Concert! She is in fine form! A link to her last concert:**

<https://youtu.be/OrLAoTWtSv0>

*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. This week, the! They are such a feel-good professional musician duo... you just have to tune in! Last concert, the Levins gave us quite a show: <https://youtu.be/fVYquwFTIUU>

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with Niraj Deshmukh and others: <https://youtu.be/9GCnbViplg>

--Reading and discussion groups:

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT.

Major Downsizing. Releasing household + patio goods. Updated

- Beautiful bakers rack. Exc. quality.
- 8x10 Oriental Wool rug - beige, pink/mauve/blue. Beautiful
- 5' x 7'. Thick Wool Oriental Rug - Dark mint green with mauve/pink +
- Oak rocking chair (good shape) needs protection coat if want.
- Pineknott bookcase. High Quality. 6 shelves with 2 drawers under selves. 4'w x 3'h x 1.5'd.
- Antique & hand made Round chair. (high quality dark wood don't know what kind)
- Oak rocking chair (needs protection coat if want.
- Hand painted sweet nightstand or end table.
- 2 triangle metal plant stands.
- Oak tv folding stand
- Mahogany folding tv wood stand
- 36" Round wicker table.
- Whirlpool air purifier
- Variety of table lamps
- 3 - 3 drawer sterile plastic dressers/drawers +.
- Yoga mats & case.
- Pix frames, silver, gold. Pictures.
- Throw rugs
- Hand painted sweet nightstand or end table; white with pastels.
- Tons of puzzles
- Utility grocery folding shopping cart on wheels.
- Hunter table fan
- Mega Camp Swiss Gear green camping chair
- Glass 2qt/3qt. Cracker Style Jars, sealed

Here is a link to the recording of last weekend's session, the 28th of the series, attended by people from all over the US and parts of the world: <https://youtu.be/Ld-Z9DtMnPM>

*Informal chats with Jeff Wolverton: these are fairly impromptu, but they occur 1-2 nights a week, after evening arti, starting about 10.30pm EDT. Past recordings of Jeff's informal chats:

<https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGO1jlaBiWriUC8I0U>

*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

*Baba through Norina, led by Scott Makeig in Asheville NC, Mondays 7-9pm EDT. Details about this week's reading is in the calendar.

*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of The Everything and the Nothing.

*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

--Poetry and Art

*An Artist's View: a series of conversations with visual artists! Generally, the first Tuesday of the month, 7pm EDT, we will have a conversation with an artist about their work and process. Hosted by Mary Ellen Lynch in Myrtle Beach.

*Poetry Series: Tracey Schmidt in Asheville, NC organizes

suction.

- Grain, etc. storage containers for food, etc.
- Red Kitchen Aid kettle
- Thick wool white blanket - qu/king size
- 2 VCR players (yup! For those who have a need and know what they are!)
- Kitchen pots and pans (good quality only),
- Dishes (Kosta Boda) - dinner plates, etc.
- Plants
- Whirlpool air purifier
- Grocery folding wire shopping cart w/wheels.

Serious Inquiries Only.

Welcome to call at (910) 880-8213.



weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm EDT. Check the calendar for more details. Last week's poetry by Marla Faith:

<https://youtu.be/rBthuEvh0z4>

*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EDT.

*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EDT. See calendar for more details.

--Health, Wellness, Meditation:

***NEW Meditations on the Seven Realities by Meher Baba. Each week we will discuss one Reality. Hosted by Roshani Shenazz in Mumbai, India. Mondays, 8am EDT starting Oct 12.**

***NEW Radiant Health: a 44-minute immersion into the energies that can create radiant health on every level of our beings. 5-part workshop led by Cindy Gough James in PA. Tuesdays 7.30pm EDT starting Oct 13.**

*Don't Worry, Be Happy, I Will Help You. Learn simple heart-focused, somatic and energetic techniques and practices that reduce worry/stress and reorient us to our heart's wisdom. Taught by Mary Barrett in MA. Every other Wednesday, 4-5pm EDT. A recording of last week's session: <https://youtu.be/2sjKb3aBhxA>

*Naam Jap, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm



-- Submitted by Christina Bella

Help/Support Requested:

Looking for a person or persons to help me pack, sort through clothes and belongings. 2 hr. stints. Happy to gift clothes, plant, kitchen stuff, etc as appears appropriate in exchange for help. Live in Little River 1 min. off Rt. 17. Garage apartment. Landlord selling house. 1 month notice. Trusting Baba

EDT.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

--Fun

*A Cooking Exchange! Surekha Dadar in Meherabad cooks for us, live on Zoom! Her enthusiasm is thoroughly charming! Every Wednesday at 11am-12.30pm EDT. A recording of last week's Veg Pulaav: <https://youtu.be/3mkNkUjZx-U>

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

*Acting/Improv classes Mondays 430-530 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

*Movie Nights Saturdays 7-8pm EDT: every week a different video will be shown. Curated by Tina Holmes in NY.

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both

is directing and sending open hearts. Much gratitude. Christina Bella (910) 880-8213

-- Submitted by Christina Bella

Dear Women who love Meher Baba

The archive here in Asheville (MAC) is sponsoring a women's story project related to the women mandali. See the letter attached to the bottom of this email.

-- Submitted by Evie Lindemann & Anne Barker

Garage Sale

It's time for a Garage Sale at 11 South Gate Rd. All kinds of goodies for everyone. Saturday Oct 10 begins 8 am until 1 pm Rain or Shine.

Emily Meyer at hanumom@live.com

-- Submitted by Emily Meyer

New Book

The Diver and the Pearl; story by Meher Baba and Hafiz, art and poetry by Marla Faith and guests. A short parable by Hafiz is retold by Meher Baba, and then illustrated with colored pencil drawings by Marla Faith. Several other artists have also contributed their work in this section: Mindy Tiberi, Joe DiSabatino, Tom Riley, Jean Vigodsky, Ingka Hella Charters, and Michael Childs. The next half of the book contains Marla's art (paintings, drawings, collages) of Meher Baba in realistic and imaginary styles, as well as her poetry about Meher Baba. This is an uplifting book of beautiful images and mystical poetry and story. The book has been a work of love from Laurent Weichberger at OmPoint Press, and Karl Moeller, book designer. It can be purchased directly from [Amazon](#), and [Barnes and](#)

hands. The Circle's schedule is busier than ever, with hosts from everywhere, and meetings that run the gamut.

Everyone from absolutely anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar frequently, as we add/edit events daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

-- Submitted by Angela Lee Chen, Circle of Friends President

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

[Noble:](#)

-- Submitted by Marla Faith

Books to India

If there is anyone travelling from USA to India anytime down the line, and can carry a box of BABA Books for Mumbai, kindly email on meheroshani33@gmail.com

-- Submitted by Roshani Shenazz

Car For Sale

2009 Cadillac CTS Sedan 4D in excellent condition for sale. \$7,000.

Engine: V6, PFI, 3.6 Liter; Automatic, 6-spd
Anti-theft system, keyless entry, power windows and door locks, A/C, cruise control, power steering, XM satellite, CD/MP3 (single disk), dual and side airbags, heated and power seats.

Blue gray with tan leather interiors. Very clean and well-maintained. 112,000 miles and up to date on service. Car has no known issues- the owner is surrendering his license and can no longer drive due to health issues. Contact Marie Principe 202-316-9913 if interested.







-- Submitted by Marie Principe

Octoberfest



20% off all mask orders for October
Reusable, washable lined face masks
For safety and ease of wear. New
lightweight
Curved masks with nose wires as well as
Adjustable pleated masks are on sale
during
The month of October.

Check my website for details:

Www. Mimihaydesign.com/masks

843-283-3634

-- Submitted by Mimi Hay

Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#).

And the Circle's new video for online events
here.

[youtube.com/c/avatarmeherbabascircleoffri
ends](https://youtube.com/c/avatarmeherbabascircleoffriends)

-- Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

Room or Cottage Needed

Seeking room or cottage to rent for the months of November - March. Dates are very flexible. Ideally I'd like to be within walking distance of the Meher Center (even though it still might be closed). I'm also happy to dogsit or plant-sit for anyone who happens to be traveling this winter. I'm a writer, vocalist, healer, editor and yogini and a New York snowbird. Jai Baba! Lee
845-399-7184 harrington.lee@gmail.com

-- Submitted by Lee Harrington

Ocean-View Bungalow and Lot For Sale in NW Ecuador



Located in the La Playa Escondida Eco-Tourism Forest Reserve, two lots totaling 1476.73 m², both lots situated on a virgin hill overlooking the Pacific Ocean, a 5 min walk down to the semi-private beach. One lot has an open-air 2-story bungalow. The lot adjacent is undeveloped land. Private & quiet bungalow in a semi-tropical forest reserve. Retired and semi-retired Ex-Pats also live nearby. If interested, please

contact mikayla@nutsntwigs.com or visit playaescondidaec.com

-- Submitted by Mikayla - Nuts n Twigs

Apartment Needed

My name is Elizabeth Stohr. I'm looking for a place to rent for me and my dog and cat. It can't be more than \$400 a month since I'm on a fixed income. My phone number is 254-350-8220. I'm looking to leave Texas in September. Thank you.

-- Submitted by Elizabeth Stohr

SERVICES

Online Music Lessons

Keight Brown is teaching music lessons online --- socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. -- 843-503-8772. NMB and MB. [Website](#)

-- Submitted by Keight Brown

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)

40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.

Call: 856-287-5400.

-- Submitted by Heidi Becker-Share

Birth Charts



Jupiter, courtesy NASA

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony. Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can see the kind of work I do [here](#). You can email me at ekaterinaflynn@gmail.com.

-- Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

-- Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

NO CARTOON TODAY
WE ARE RETHINKING OUR CARTOON POLICY

For More About the Circle News [Go Here](#)