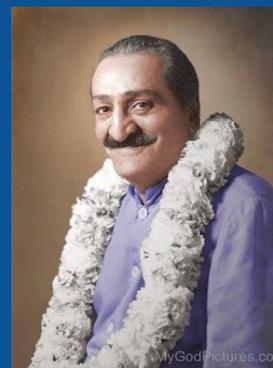


# The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)  
[Calendar SmartPhone View](#)



October 22

DONATE

Volume 307

- Send community notices (left column items) to editor Chris Ott at [christopherjonathanott@gmail.com](mailto:christopherjonathanott@gmail.com).
- To propose a Zoom event, contact our president Angela Lee Chen at [angelaleechen@gmail.com](mailto:angelaleechen@gmail.com). See **Guidelines here:** <https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoI7O3KyopDA2wkmWaHQQPsFeVnY/edit?usp=sharing>
- Contact Circle of Friends directors at [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com). Or call 843-272-2222.
- Our Facebook page is [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB).
- Our YouTube page is: [youtube.com/c/avatarmeherbabascircleoffriends](http://youtube.com/c/avatarmeherbabascircleoffriends)
- **Disclaimer: Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.**

## COMMUNITY NOTICES

### New Rule

We have a problem with the Circle News. It is becoming too long and in some browsers it gets clipped. Therefore, we are instituting a new rule, where services (like classes, lessons, handyman) must be renewed every 4 weeks. Otherwise they will be deleted until they are. We will start deleting next week. Please email me to keep them instated. christopherjonathanott

## CIRCLE OF FRIENDS NEWS

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

## Special Message

Avatar Meher Baba's Circle of Friends (CoF) is an all-volunteer, non-profit organization dedicated to bringing forth truth, love, purity and beauty. Per our Bylaws, "We are aspirants who strive to remember Avatar Meher Baba through love,

-- Submitted by Chris Ott - Circle News Editor

**Marla's New Book available through Sheriar Books**

<https://www.sheriarbooks.org/product/the-diver-and-the-pearl/>

**Dodge Caravan For Sale**

2010 Dodge G. Caravan, 3.3L 6 cyl., 7 seater, they fold flat into floor, all new brakes 1 month old, new firestone tires 1 week old!, 73,000 mi. \$9,000 Great vehicle! (It just won't pull camper!)

Call Don McBride - 843-333-7770



-- Submitted by Don McBride

**Items For Sale**

iPad 9.7", retina, Wi-fi, 128 G storage!! (2017), \$290 (compare Amazon refurb. \$355 +) Office desk real wood, oak dovetail drawers, mahogany veneer (no particle board!), glass top \$125, Chair \$40  
truthlovepuritybeauty@gmail.com

iPhone - 843-333-7770

-- Submitted by Don McBride

**Moving Sale - moving out of state soon!  
Major Downsizing. Releasing household +**

fellowship and service to one and all."

Almost 5 years ago, we acquired a 3600 sq foot space in the Myrtle Beach Mall, which we call The Circle Center, directly across the street from the Meher Spiritual Center. We are open to host meetings of just about any kind: we have hosted speakers and musicians traveling through the area on pilgrimage, crafting or dance parties, book releases, Sahavas and reunions, just to name a few... before COVID we were host to 8-10 events a week. Anyone with an idea for a meeting or with something to share with the community could reserve our space. We met our obligations entirely through donations from participants or through regular contributions from donors like you.

Since COVID and concerns about meeting in enclosed spaces, we have moved our attention to Zoom, with the same universal mindset – that anyone with an idea for a meeting or with something to share with the community could create events on Zoom, and we would provide the platform to help them deliver it. The number and range of meetings has skyrocketed to over 35 meetings a week and growing, with everyone's pooled creativity, energy and dedication. Just as in our physical space, most events are not "sponsored" by the Circle of Friends, and what happens within meetings is the responsibility of the event anchors. But, their enthusiasm, and the love and attention of those who participate, is what makes our Circle so dynamic. The Circle is YOU. Welcome to the Circle, friends. Make yourselves at home!

For those who are intrigued, here is a link to the Guidelines for using Circle Zoom for your event:

<https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoI7O3KyopDA2wkmWaHQQPsFeVnY/edit?usp=sharing>  
Click "join group" for our very active FB group:  
<https://www.facebook.com/groups/ambcirclefriends>  
Enter your email address for weekly updates:

### patio goods.

- Brand new Car cover for 4 door sedan
- Unique wood round seated chair
- Oakwood tv folding stand/tray
- Mahogany wood tv folding stand/tray
- 2 - 3 drawer Sterilite plastic dressers/drawers.
- 4 plastic storage bins
- Yoga mats
- Utility grocery folding shopping cart on wheels.
- Plants/Planters
- Throw rugs
- 2 Italian square white salad/pasta bowls

Call Christina Bella

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Serious Inquiries Only.

Will provide pix.

(910)880-8213.

-- Submitted by Christina Bella

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### Help/Support Requested:

Looking for a person or persons to help me pack, sort through clothes and belongings. 2 hr. stints. Happy to gift clothes, plant, kitchen stuff, etc as appears appropriate in exchange for help. Live in Little River 1 min. off Rt. 17. Garage apartment. Landlord selling house. 1 month notice. Trusting Baba is directing and sending open hearts. Much gratitude. Christina Bella (910) 880-8213

-- Submitted by Christina Bella

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### Dear Women who love Meher Baba

The archive here in Asheville (MAC) is sponsoring a women's story project related to the women mandali. See the letter attached to the bottom of this email.

<https://www.ambcircleoffriends.com/subscribe-to-the-circle-news.html>

Check out our online calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

And click "subscribe" on our Youtube channel (we generate 1-5 videos every day!):

<https://www.youtube.com/c/AvatarMeherBabasCircleofFriends>

Add yourself to the WhatsApp group:

<https://chat.whatsapp.com/LdF4YgVNqtnEweckPbM8Kd>

For those who are local, the Circle Center space is open for drop-ins on Saturdays 3-5pm (facial coverings mandatory) and we are open to your ideas for small meetings.

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## In-Person Events

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### How Can The Circle Center Serve You? A Conversation

Sat, October 24, 3:00pm – 4:30pm

The Circle Center is the 3600 sq feet in the Mall across the street from the Meher Spiritual Center that the Circle of Friends rents to host meetings of every kind. Since the pandemic hit, it has been critically underutilized. We invite the community to give us ideas for how to become useful again, and what is the path toward that goal.

Hosted by John Leiter and Dennis Wolterding in Myrtle Beach in person at the Circle Center, as well as on Zoom.

For Zoom login info, visit

[www.ambcircleoffriends.com/calendar-list-view.html](http://www.ambcircleoffriends.com/calendar-list-view.html)

The Circle Center will be open for this Meeting and there will be an opportunity for participants to speak there. Facial coverings and social distancing will be required.

If you have any questions, call Dennis Wolterding at 843-421-1479 or e-mail at [dennisjanwolterding@gmail.com](mailto:dennisjanwolterding@gmail.com)

-- Submitted by Evie Lindemann & Anne Barker

## Oktoberfest



20% off all mask orders for October  
Reusable, washable lined face masks  
For safety and ease of wear. New  
lightweight  
Curved masks with nose wires as well as  
Adjustable pleated masks are on sale during  
The month of October.

Check my website for details:  
[www.Mimihaydesign.com/masks](http://www.Mimihaydesign.com/masks)  
843-283-3634

-- Submitted by Mimi Hay

## Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#).  
And the Circle's new video for online events  
here.

[youtube.com/c/avatarmeherbabascircleoffri](https://youtube.com/c/avatarmeherbabascircleoffri)

-- Submitted by Dr Angela Lee Chen

## Far Side Cinema

It is a forum of exploration and education... thinking outside of the box. True education is: "Giving people information and teaching/allowing them to think for themselves." In this age, the dawning of the age of Intuition, Meher Baba's "Great Awakening" is upon us - this is a struggle of the forces of Light and Dark. DARKNESS: Energy that wants to suppress and control. Where as, LIGHT: Breaks the structures of power and sets the in-prisoned energies free. The question posed is "What does the New Humanity look like" in the various institutions we now have, how will they change? Areas of inquiry: Financial, Geopolitics, Exopolitics, Free Energy, Secret Space Program, Health and Well-being - thru the filter of the Spiritual- the Bottom Line. The phenomenon of Q Anon will be tended to. The seeking of Truth is at the forefront of our endeavors AND the "tying of our camels", as it were. Baba has said "It is sufficient to hold on to My Daaman, and to repeat my name" -My name has power "-to keep your connection to Me". AND here at the Far Side Cinema for those "with eyes to see and ears to hear", in a non-judgmental atmosphere, seek to ease these tumultuous months and years of the: "Transition" "The Ascension" "The Event" "The Great Awakening" "Meher Baba's Manifestation"- "the ending of a cycle of Cycles" .....and that which has NEVER happened before..... The cobra is about to pass through the room.....

Please call me if your attending, to make sure there is a meeting, in my move from SC schedules change:  
Don McBride 843-333-7770, cell/text.

-- Submitted by Don McBride

## Halloween Concert

Z Laurece West in Concert  
Saturday, October 31 · 3:30 – 4:30pm  
Songs of Love & Celebration for Baba

[ends](#)

-- Submitted by Chris Ott, Editor

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## HOUSING - RENT/OWN

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## SERVICES

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### Online Music Lessons

Keight Brown is teaching music lessons online --- socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit [www.voicethemusic.com](http://www.voicethemusic.com) - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

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### Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. -- 843-503-8772. NMB and MB. [Website](#)

-- Submitted by Keight Brown

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### Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)  
40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual

More Details to Come

-- Submitted by Dr Angela Lee Chen

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## Zoom Events

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Jai Meher Baba to all, from Myrtle Beach, Baba's Home in the West!

"Come prepared to receive not so much of my words, but of my Silence." ~ Meher Baba, Gift of Love pg 22.

The Circle Center has opened our physical space for drop-in hours, now on Saturdays 3-5pm and facial coverings are \*mandatory.\* Sanitation and masks are available onsite. We are open to small groups by request. We have two Board positions open. Directors need not be local, though experience with Myrtle Beach is preferable. Please reply to this email if you are interested in learning more.

Our virtual meetings continue to grow, bringing together people from all over the world every day. The calendar is the most up-to-date and complete record of all events and any last-minute changes. Our virtual meetings are preceded by the letter "Z" in the title, and they are all the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z\* (if you would like your event listed on our calendar, just let us know!) A link to the calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>.

Everyone from anywhere is welcome to attend meetings and to create them – because YOU are the friends that comprise the Circle!

Our recorded Zoom meetings are here:

<https://www.youtube.com/c/avatarmeherbabascircleoffriends>.

You are welcome to join our Community Directory, no matter where you live: please email [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com) with your name, anyone else in your household, phone, email, address. We are also very active on Facebook:

fitness in all life arenas.

Call: 856-287-5400.

-- Submitted by Heidi Becker-Share

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### Birth Charts

I think of the birth chart as a sort of map of the sanskaras we were born with. It doesn't tell the future, rather it shows the talents and potentials we brought over from our previous lives. It also points out the areas we need to work on to attain poise, balance and harmony. Understanding a birth chart requires a joint effort, a willingness to share your experiences and insights. You can see the kind of work I do [here](#). You can email me at [ekaterinaflynn@gmail.com](mailto:ekaterinaflynn@gmail.com).

-- Submitted by K. E. Flynn

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### Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

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### Home Help

Lin Sonner still available for part time work, home help of various kinds.

[linsonner@gmail.com](mailto:linsonner@gmail.com)

-- Submitted by Lin Sonner

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### Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email

<https://www.facebook.com/groups/ambcirclefriends> as well as on WhatsApp:

<https://chat.whatsapp.com/CigRhRQZdnH1GLurVeHPvY>

- Arti (prayers and live sharing from the heart)

\*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Every day, twice a day at 9.30am/pm EDT. As of November 1, our timing will change to 9am/pm EST (7.30am/pm IST). Everyone is warmly welcome. A recording of last Saturday's arti here:

<https://youtu.be/rdpEMlxzBTA>

--This week featured events:

\*Oct 24, 12pm EDT Vijay Bhalekar recounts his family's Baba stories (he met Baba as a child) and will sing ghazals and bhajans that were sung before Baba.

\*Oct 24, 3pm EDT: How Can the Circle Center Serve You? A conversation about how we can utilize the physical space in the Mall during this time of COVID. Simultaneously and in-person and Zoom event.

\*Celebrating Bhau Kalchuri Sunday Oct 25 (a potluck meeting). Oct 23 is the anniversary of Bhauji's reunion with Baba.

\*Every Friday 11am EDT (as of Nov 6, start time will be 10.15am EST), a weekly talk and music from the Pune Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience.

\*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle always does at 9.30am EDT (new start time as of Nov 1), followed immediately by a guest speaker.

--New notable videos:

angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

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### Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

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\*Last week, as part of the EastWest Satsang, Noasherwan Anzar, co-hosted by Peter Nordeen, gave a special 3-hour presentation on the New Life. Naosherwan's boyhood home in Dehra Dun was essentially the home base of Baba's work in the New Life period! <https://youtu.be/mQd96FHDL9k>

\*Abishek Kalpana Shah was in concert last weekend. Abishek sings Western songs tweaked into Baba songs. Beautiful on voice and guitar, you will enjoy it! <https://youtu.be/LCt18K81OCM>

### --Upcoming Events

\*Oct 31: Halloween Costume Ball – all on Zoom! Costumes recommended, heck if you can't decide, wear them all sequentially – you are at home!! Costume "parade" followed by a dance party right in your own living room. Let's have some fun!

Oct 31 Celebrating Robert Dreyfuss (a potluck meeting).

\*Upcoming EastWest Satsang guests:

Oct 31<sup>st</sup> Meherkrupa Palve part 2

Nov 7<sup>th</sup> Your stories

Nov 14 Marla Faith Poetry and stories

### --Concerts:

\*A weekly house concert series, every Tuesday, 11am-noon EDT. Each week will feature a different musician. This week Janice Rieman of Meherabad! Last week, Thea Stacey, a veteran professional musician "new" to Baba presented original songs written to Baba <https://youtu.be/aXIYkc87uSs>

\*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 11am-noon EDT. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with the grandchildren of Pratap Ahir, Aseem and Nidhi Ahir: <https://youtu.be/xyJgsIP5AVU>

--Reading and discussion groups:

\*Teen/Preteen Sahavas (ages 8-15) every Sunday 4-5pm EDT, stay a little after 5 to interact with Jeff Wolverton.

\*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EDT (after 7pm there is usually about an hour of free chat). Here is a link to the recording of last weekend's session, the 31st of the series, attended by people from all over the US and parts of the world:

<https://youtu.be/yG1vnm-NLVg>

\*Informal chats with Jeff Wolverton: these are fairly impromptu, now Sunday and Tuesday nights, after evening arti, starting about 10.30pm EDT. Past recordings of Jeff's informal chats:

<https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGO1jlaBiWriUC8I0U>

\*Sharing Baba stories on Saturdays 3-5pm EDT continues to be popular – any Baba stories! Sharing is informal, reminiscent of conversation around the Refectory kitchen. Hosted by Betty Lowman in Oregon.

\*Baba through Norina, led by Scott Makeig in Asheville NC, Mondays 7-9pm EDT. Details about this week's reading is in the calendar.

\*God Speaks reading group Mondays 11am-noon EDT hosted by Eugene Nowacki in NY.

\*Reading Beams, Wednesdays 2-3pm EDT hosted by Cassandra Bramucci in CA.

\*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EDT. Currently, he is leading a reading of The Everything and the Nothing.

\*Mehera-Meher Reading Group meets on Thursdays at 2-3pm EDT, hosted by Tina Holmes in New York.

--Poetry and Art

\*An Artist's View: a series of conversations with visual artists! Generally, the first Tuesday of the month, 7pm EDT, we will have a conversation with an artist about

their work and process. This month, Max Reif on Nov 10. Hosted by Mary Ellen Lynch in Myrtle Beach.

\*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different Baba lover poet each week, every Wednesday 7-8pm EDT. Check the calendar for more details. Last week's poetry by Marla Faith: <https://youtu.be/rBthuEvh0z4>

\*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EDT.

\*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EDT. See calendar for more details.

--Health, Wellness, Meditation:

\*Meditations on the Seven Realities by Meher Baba. Each week we will discuss one Reality. Hosted by Roshani Shenazz in Mumbai, India. Sundays, 8am EDT starting Oct 18.

\*Radiant Health: a 44-minute immersion into the energies that can create radiant health on every level of our beings. 5-part workshop led by Cindy Gough James in PA. Tuesdays 7.30pm EDT starting Oct 13. A recording of the last session: <https://youtu.be/8FEPKguGMTw>

\*Don't Worry, Be Happy, I Will Help You. Learn simple heart-focused, somatic and energetic techniques and practices that reduce worry/stress and reorient us to our heart's wisdom. Taught by Mary Barrett in MA. Every other Wednesday, 4-5pm EDT. A recording of last week's session: <https://youtu.be/2sjKb3aBhxA>

\*Naam Jap, Saturdays 2-3pm EDT led by Marilyn Seides in Myrtle Beach, SC.

\*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EDT.

\*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EDT.

\*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EDT.

\*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EDT, by teleconference. Details on the calendar.

--Fun

\*A Cooking Exchange! Surekha Dadar in Meherabad cooks for us, live on Zoom! Her enthusiasm is thoroughly charming! Every Wednesday at 11am-12.30pm EDT.

\*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-6pm EDT, details in the calendar. All instruments welcome!

\*Suspended for a couple of weeks: Acting/Improv classes Mondays 430-530 pm EDT, taught by Tina Holmes in NY, an actor who has done years of improv in a murder mystery company and appeared in 4 Broadway shows. Improv helps you to be in the moment and think on your feet, which is useful in many life situations.

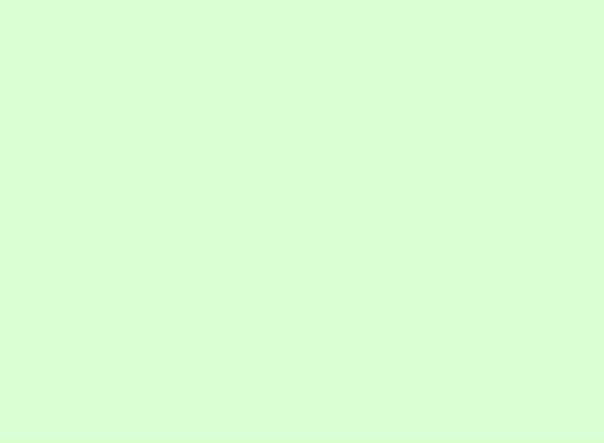
Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from everywhere, and meetings that run the gamut.

Everyone from absolutely anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar frequently, as we add/edit events daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

*~ Submitted by Angela Lee Chen, Circle of Friends President*



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## STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB). Our events are very rarely on Mall pages.

For More About the Circle News [Go Here](#)