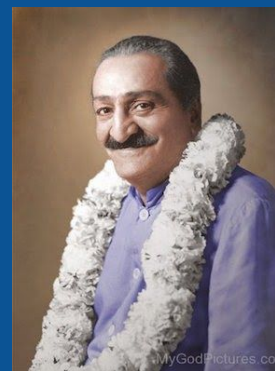


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



November 12

DONATE

Volume 309

- Our website: ambcircleoffriends.com
- Guidelines for using Circle Zoom for your own event:
<https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoI7O3KyopDA2wkmWaHQQPsFeVnY/edit?usp=sharing>
- NEW: You can add our Circle calendar right on your desktop (and it will translate into your own time zone):
<https://calendar.google.com/calendar/u/3?cid=YW1iY2lyY2xlZnJpZW5kc0BnbWFpbC5jb20>
- Our recorded Zoom meetings are on Youtube: <https://www.youtube.com/c/avatarmeherbabascircleoffriends>.
- You are welcome to join our Community Directory: please email ambcirclefriends@gmail.com with your name, anyone else in your household, phone, email, and address.
- We are also very active on Facebook: <https://www.facebook.com/groups/ambcirclefriends> as well as on WhatsApp: <https://chat.whatsapp.com/CigRhRQZdnH1GLurVeHPvY>
- **Disclaimer: Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.**

COMMUNITY NOTICES

**New John Dennison Baba Poem Series
 videoed by Chris Ott**

<https://www.youtube.com/watch?v=6wy-P1MfgfQ&t=1s>

-- Submitted by Chris Ott

Dodge Caravan For Sale

2010 Dodge G. Caravan, 3.3L 6 cyl., 7 seater,

CIRCLE OF FRIENDS NEWS

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

President's Message

they fold flat into floor, all new brakes 1 month old, new firestone tires 1 week old!, 73,000 mi. \$9,000 Great vehicle! (It just won't pull camper!)

Call Don McBride - 843-333-7770



-- Submitted by Don McBride

Items For Sale

iPad 9.7", retina, Wi-fi, 128 G storage!! (2017), \$290 (compare Amazon refurb. \$355 +) Office desk real wood, oak dovetail drawers, mahogany veneer (no particle board!), glass top \$125, Chair \$40
truthlovepuritybeauty@gmail.com

iPhone - 843-333-7770

-- Submitted by Don McBride

Oktoberfest



20% off all mask orders for October
Reusable, washable lined face masks
For safety and ease of wear. New lightweight

Curved masks with nose wires as well as Adjustable pleated masks are on sale during The month of October.

Check my website for details:

Jai Meher Baba from Myrtle Beach, Meher Baba's Home in the West!

Baba says, in the Travail of the New World Order: "Have hope. I have come to help you in surrendering yourselves to the cause of God, and in accepting his grace of love and truth. I have come to help you in winning the one victory of all victories — to win yourself."

So much has been said of the effects of the pandemic, but one thing specific to the Circle of Friends is that the creation of a Zoom platform for Baba meetings has turned into a way the Baba family can connect all across the globe – without even leaving the comfort of your own home.

From a very humble beginning as one lone meeting to discuss COVID as a local community, way back on March 18, to the first of a weekly reading group to discuss Effort and Grace the following Sunday (immediately attended by over 60 participants!), we added twice daily arti the Monday after that – and since then we have exploded our meeting types, attendees, event anchors and video collection!

We now host between 40-45 Zoom meetings every week. Log in to our Circle Zoom meeting ID at any time of the day or evening and chances are good that you will run across some wonderful Baba lovers, sharing in His love. Our Youtube channel boasts over 150 videos made since March, and growing by about 15 more each week. Our mailing list, community directory, Facebook group and Youtube subscribers have grown exponentially in a mere seven months.

This phenomenal growth is not attributable to any single individual – it is a team effort – and YOU are the team! These virtual gatherings have gained enough momentum to live on, even after the pandemic is history.

Perhaps it is time to turn our attention to a larger purpose: "Real happiness lies in making others happy." How else can the Circle of Friends serve you? And perhaps even more significantly, how can the Circle support you in making others happy? Just as most of our events are not generated by the Circle of Friends, but rather supported by the organization, what if we could foster and support grassroots service projects – in your own neighborhoods, towns, even countries?

What if we, as a global community, could generate ideas that make manifest Baba's love, compassion and perfect humanity in practical, tangible and productive ways? What if each of us pooled our collective creativity and mutual support into projects, be they micro or large, that

Www. Mimihaydesign.com/masks
843-283-3634

-- Submitted by Mimi Hay

Circle Center Videos

Check out [Robin Vogel's YouTube Channel](#).
And the Circle's new video for online events [here](#).

-- Submitted by Chris Ott, Editor

HOUSING - RENT/OWN

SERVICES

Online Music Lessons

Keight Brown is teaching music lessons online --- socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit www.voicethemusic.com - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. -- 843-503-8772. NMB and MB. [Website](#)

-- Submitted by Keight Brown

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)

could bring a small dimension of the New Humanity closer to reality. What would that even look like? We are so excited to hear your ideas!

- Submitted by Angela Lee Chen, Circle of Friends President

In-Person Events

Zoom Events

Our virtual meetings continue to grow, bringing together people from all over the world - every day. The calendar is the most up-to-date and complete record of all events and any last-minute changes. **Everyone from anywhere is welcome to attend meetings – and to create them – because YOU are the friends that comprise the Circle!**

On the calendar, Circle Zoom meetings are preceded by the letter “Z” in the title, and they all use the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!)

Online Calendar:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

NEW You can add the Circle calendar to your desktop, where it will appear in your own time zone (click “save calendar” when prompted):

<https://calendar.google.com/calendar/u/3?cid=YW1iY2lyY2xlZnJpZW5kc0BnbWVpbC5jb20>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Every day, twice a day at **9am/pm EST (6am/pm PST, 7.30am/pm IST)**. Everyone is warmly welcome. A recording of last Saturday's arti here (includes Baba stories): https://youtu.be/BOgpigk1B_0

--This week featured events:

*Every Friday 10.15am EST, a weekly talk and music from the Pune Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories

40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.

Call: 856-287-5400.

-- Submitted by Heidi Becker-Share

Birth Charts



(no predictions)

"It is a scientifically acknowledged fact that the stellar regions, planets and stars do exert an influence on the life and activity of this planet, the Earth." – Meher Baba, before February 1939, Meher Baba Journal, 1:4, p.76-77

If you'd like to see my notes for a birth chart, go [here](#).

ekaterinaflynn@gmail.com

-- Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

and taking questions from the audience.

*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle always does at 9am EST, followed immediately by a guest speaker. This week, YOU are the special guest! Come tell your Baba stories. A recording of last week, Meherkrupa Palve part 2: <https://youtu.be/7f8MaAYRH94>

--New notable videos:

***Janice Rieman in Concert!** Due to popular demand, she was back for a second Zoom concert last weekend: <https://youtu.be/YT9xotRnFC0>

***Celebrating Pendu.** Peter Nordeen presented a slideshow of his life, followed by potluck sharing. https://youtu.be/GBC_r-FIDmM A very special event.

--Upcoming Special Events

*Nov 22: Remembering Esfandiar Vessali: Farshid Namirianian to speak for 45 minutes followed by a potluck sharing meeting – don't miss this one!

*Upcoming EastWest Satsang (Saturday mornings) guests:

Nov 21 Dara and Amrit Irani

Nov 28 Mehernath and Raj Kalchuri

Dec 5 your Baba stories

--Concerts:

***This Saturday, Nov 14, 11.15am EST, Suneetha and Shailaja will perform bhajans in Telugu and English!**

***Also Sat Nov 14, Michael McConkey will have an in-person concert at the Circle Center, to be simultaneously livecast into Zoom, 3.30pm EST.**

***Sunday, Nov 15 Jim Meyer in Concert, 11am EST.**

*A weekly house concert series, every Tuesday, 10.15am EST. Each week will feature a different musician. This week our very own **Ruth Appel!** Last week, the delightful and talented SJ Ursrey: <https://youtu.be/cZW9c9hdPPk>

*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 10.15am EST. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert with Hema Shirdhonkar &

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

-- Submitted by Lin Sonner

Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email angelaleechen@gmail.com. Ask for the Baba lover discount! For more info, visit

Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

Family: <https://youtu.be/3XqDLFf3jCQ>

*Nov 21 Meher Jammers return for another episode of Radio Meherabad, Saturday Night Live!

--Discussion groups

***NEW: Difficult Conversations: How to Discuss What Matters Most**, hosted by Greg Dunn in NC. We are living in a challenging time. In the world generally, and the U.S. in particular, viewpoints are starkly divided, even among Baba-lovers. People of diverse viewpoints are actively sought for this group! Mondays 4pm EST starting Nov 23.

*Teen/Preteen Sahavas (ages 8-15) every Sunday 4-5pm EST, organized by Shilpa Kalavapudi of NJ. A recording of a recent one:

<https://youtu.be/bRbKfVKZG3Y>

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EST (after 7pm there is usually about an hour of free chat). Feel free to drop in without having attended previous sessions.

Last week's discussion: <https://youtu.be/S--JuPMX2xw>

*Informal chats with Jeff Wolverton: these are fairly impromptu, now Sunday and Tuesday nights, after evening arti, starting about 10pm EST. Past recordings of Jeff's informal chats:

<https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGO1JlaBiWrlUC8IU>
U

*Baba through Norina, led by Scott Makeig in Asheville NC, Mondays 7-8.45pm EST. Details about this week's reading is in the calendar.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EST. Currently, he is leading a reading of The Everything and the Nothing.

--**Reading Groups** (primarily focused on reading the book out loud together)

*Silent Word meets on Mondays at noon EST, hosted by Marvin Winick in NJ.

*Discourses Reading Group Fridays at 2pm EST, hosted by Michele Corley in Myrtle Beach.

*Listen Humanity, Saturdays 7.30pm EST. Hosted by Cassandra Bramucci in CA.

*God Speaks reading group Mondays 10.15am EST hosted by Eugene Nowacki in NY.

*Beams, Wednesdays 2-3pm EST hosted by Cassandra Bramucci in CA.

*Mehera-Meher meets on Thursdays at 2-3pm EST, hosted by Tina Holmes in New York.

--Poetry and Art

*An Artist's View: a series of conversations with visual artists! Generally, the first Tuesday of the month, 7pm EST, we will have a conversation with an artist about their work and process. Hosted by Mary Ellen Lynch in Myrtle Beach.

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different theme each week, every Wednesday 7pm EST. Last week's poetry on death: <https://youtu.be/aoxhE8dZNf4>

*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EST.

*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EST. See calendar for more details. A recording of last week's session: <https://youtu.be/Ko8VJy73BuM>

--Health, Wellness, Meditation:

*Meditations on the Seven Realities by Meher Baba. Each week we will discuss one Reality. Hosted by Roshani Shenazz in Mumbai, India. Seven Sundays, 7.30am EST. A recording of the first session: <https://youtu.be/S8ryg6eUCmM>

*Radiant Health: a 44-minute immersion into the energies that can create radiant health on every level of our beings. 5-part workshop led by Cindy Gough James in PA. Tuesdays 7.30pm EST, check calendar for exact dates. A recording of the last session: <https://youtu.be/ycaQRPYsBxw>

*Don't Worry, Be Happy, I Will Help You. Learn simple heart-focused, somatic and energetic techniques and practices that reduce worry/stress and reorient us to our heart's wisdom. Taught by Mary Barrett in MA. Every other Wednesday, 4-5pm EST. A recording of a recent session: <https://youtu.be/2sjKb3aBhxA>

*Naam Jap, Saturdays 2-3pm EST led by Marilyn Seides in Myrtle Beach, SC.

*Sharing meeting every other Saturday 3pm EST, hosted by Betty Lowman in OR.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EST.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7-8pm EST.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EST.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EST, by teleconference. Details on the calendar.

--Fun

*A Cooking Exchange! Surekha Dadar in Meherabad cooks for us, live on Zoom! Her enthusiasm is thoroughly charming! Every Wednesday at 11am EST. Most recent recording: <https://youtu.be/zv79jJFW4n8>

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-5.30pm EST, details in the calendar. All instruments welcome!

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from everywhere, and meetings that run the gamut.

Everyone from absolutely anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the calendar frequently, as we add/edit events daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall

pages.

For More About the Circle News [Go Here](#)