



## CIRCLE NEWS NO. 311

Avatar Meher Baba Circle of Friends <ambcirclefriends@gmail.com>  
To: circle-news@googlegroups.com

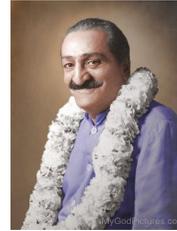
Thu, Nov 26, 2020 at 9:29 AM



## The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)  
[Calendar](#) [SmartPhone View](#)



November 26

DONATE Volume 311

- Our website: [ambcircleoffriends.com](http://ambcircleoffriends.com)
- Send your Circle News events (left side column items) directly to Chris Ott at [christopherjonathanott@gmail.com](mailto:christopherjonathanott@gmail.com).
- Guidelines for using Circle Zoom for your own event: <https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoi7O3KyopDA2wkmWaHQQPsfFeVnY/edit?usp=sharing>
- You can add our Circle calendar right on your desktop (and it will translate into your own time zone): <https://calendar.google.com/calendar/u/3?cid=YW1iY2lyY2xlZnJpZW5kc0BnbWFpbC5jb20>
- Our **recorded** Zoom meetings are on Youtube: <https://www.youtube.com/c/avatarmeherbabascircleoffriends>.
- You are welcome to join our **Community Directory**: please email [ambcirclefriends@gmail.com](mailto:ambcirclefriends@gmail.com) with your name, anyone else in your household, phone, email, and address.
- We are also very active on **Facebook**: <https://www.facebook.com/groups/ambcirclefriends> as well as on **WhatsApp**: <https://chat.whatsapp.com/CigRhRQZdnH1GLurVeHPvY>
- **Disclaimer: Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.**

## COMMUNITY NOTICES

**Seeking Tech Support**

Snowbird seeking assistance installing and running music software (Omnisphere) on a Mac. Can anyone recommend a local sound engineer or techie-type who is familiar with music setup? Thanks! Lee  
[harrington.lee@gmail.com](mailto:harrington.lee@gmail.com)  
-- Submitted by Lee Harrington

**Condo For Sale in Myrtle Beach**

If you are looking to move to Myrtle Beach, directly across from Meher Center in Briarcliffe West, my next door neighbor is selling her condo. It is two bedrooms, two baths with a common shower, and everything but everything in it is new: appliances, windows, balcony doors, sinks, fixtures, cabinets, countertops, etc, you name it. I have seen many apartments here in this development, and none is as well appointed as this one. Her asking price is very reasonable, and keeping in line with the going prices for apartments here this size, but with far more to offer than just the four walls, etc. Unless you want to change the paint colors( the paint job

## CIRCLE OF FRIENDS NEWS

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

## President's Message

Jai Meher Baba and a very Happy Thanksgiving from Myrtle Beach, Meher Baba's Home in the West!

# THE UNIVERSAL MESSAGE

## Meher Baba

I have come not to teach but to awaken. Understand therefore that I lay down no precepts.

Throughout eternity I have laid down principles and precepts, but mankind has ignored them. Man's inability to live God's words makes the Avatar's teaching a mockery. Instead of practising the compassion he taught, man has waged crusades in his name. Instead of living the humility, purity and truth of his words, man has given way to hatred, greed and violence.

is recent also), this place is move-in ready, and beautiful.

If you are interested, contact me here via message and I will give you the contact information of the lady who is selling.

Eric Teperman

landline 843-273-4418

cell phone 917 494-9972

-- Submitted by Eric Teperman

### Dodge Caravan For Sale

2010 Dodge G. Caravan, 3.3L 6 cyl., 7 seater, they fold flat into floor, all new brakes 1 month old, new firestone tires 1 week old!, 73,000 mi. \$9,000 Great vehicle! (It just won't pull camper!) Call Don McBride - 843-333-7770



-- Submitted by Don McBride

## HOUSING - RENT/OWN

### Housesitting for Jan and Feb



Lovely home in Briarwood across from the Center available to a tidy Baba lover or Baba couple while I'm away from approximately Jan 8 through Feb 25. Beautiful house for your home away from home, including guest bedroom but not maser. Your cost is expenses of \$350 per month plus watering plants and help with mail. No pets (please don't ask). Now that the Baba Center is open for visitors outdoors, this is a lovely opportunity to be nearby and to immerse in the incredible silence and energy of our Beloved. Call Carolyn 843-272-4114.

-- Submitted by Carolyn Ball

## SERVICES

### Online Music Lessons

Keight Brown is teaching music lessons online --- socially safe, easy and fun. She is also teaching lessons outside on her porch and patio, weather permitting. Piano and guitar. Lessons for Baba lovers half price. Keight has given music lessons for over 20 years. For more info and testimonies visit [www.voicethemusic.com](http://www.voicethemusic.com) - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

### Local Delivery Solutions

Because man has been deaf to the principles and precepts laid down by God in the past, in this present avataric form I observe Silence. You have asked for and been given enough words — it is now time to live them. To get nearer and nearer to God you have to get further and further away from "I", "My", and "Mine". You have not to renounce anything but your own self. It is as simple as that, though found to be almost impossible. It is possible for you to renounce your limited self by my Grace. I have come to release that Grace.

I repeat, I lay down no precepts. When I release the tide of Truth which I have come to give, men's daily lives will be the living precept. The words I have not spoken will come to life in them.

I veil myself from man by his own curtain of ignorance, and manifest my Glory to a few. My present avataric Form is the last Incarnation of this cycle of time, hence my Manifestation will be the greatest. When I break my Silence, the impact of my Love will be universal and all life in creation will know, feel and receive of it. It will help every individual to break himself free from his own bondage in his own way. I am the Divine Beloved who loves you more than you can ever love yourself. The breaking of my Silence will help you to help yourself in knowing your real self.

All this world confusion and chaos was inevitable and no one is to blame. What had to happen has happened; and what has to happen will happen. There was and is no way out except through my coming in your midst. I had to come, and I have come. I am the Ancient One.

**THE GOD-MAN**, pp. 343-344, by C. B. Purdom

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- Submitted by Angela Lee Chen, Circle of Friends President

## In-Person Events

### CC Concert Series: Poetry, song and stories

Saturday, November 28·3:30 – 5:00pm

Description:

Al Grasso, Fereshteh Azad, Nan Wicker and Jeff Wolverton with Cliff Hackford on drums will entertain you with some inspired poetry, song and stories in an offering of thanksgiving to our Beloved Baba.

Hafez in Farsi and English translations, Bhau Kalchuri, and Brian Darnell's poetry by Fereshteh.

Dan Ladinsky's renderings selected by him for the occasion, and our own Myrtle Beach Bill Ramsey's poetry by Al as well as some of his own.

Nan and Jeff sing songs by several wonderful songwriters about the inner journey with and to the Beloved...some imagining the Beloved singing to us.

Come in person or join us on zoom.

Facial covering required. Please arrive at the Circle by 3:15.

There will be no food during program, enter via main hall entrance after 3:30.

### **SAVE THE DATE: DECEMBER 12, 2020**

*The 15<sup>th</sup> Annual Meeting of Avatar Meher Baba's Circle of Friends*

*The Circle's 15<sup>th</sup> Annual Meeting will take place on December 12, 2020 beginning at 5:00 p.m. **The Entire Meeting will be transmitted via ZOOM**, but some events, including a light dinner of pizza and snacks; **a concert by Larry Green and Jeff Wolverton** and Election of Directors, will take place **live** at The Circle Center in Myrtle Beach Mall. **The Keynote Address will be delivered by Peter Nordeen via ZOOM.***

*Since social distancing will be observed at The Circle Center, so attendance may be somewhat limited and reservations will be requested.*

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you. Socially safe service without contact. Stay home - stay safe. -- 843-503-8772. NMB and MB. [Website](#)  
 -- Submitted by Keight Brown

### Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)  
 40+ years experience. Bach Flower Treatment naturally /gently removes negative emotions and thoughts which interfere with living a balanced, happy life. Confidential, Baba focused phone consultations to restore emotional well-being, mind-body health, and spiritual fitness in all life arenas.  
 Call: 856-287-5400.  
 -- Submitted by Heidi Becker-Share

### Birth Charts



(no predictions)  
 "It is a scientifically acknowledged fact that the stellar regions, planets and stars do exert an influence on the life and activity of this planet, the Earth." – Meher Baba, before February 1939, Meher Baba Journal, 1:4, p.76-77  
 If you'd like to see my notes for a birth chart, go [here](#).  
[ekaterinaflynn@gmail.com](mailto:ekaterinaflynn@gmail.com)  
 -- Submitted by K. E. Flynn

### Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well. Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy. Chronic and difficult conditions. Call 843-957-0943  
 -- Submitted by Brad Mendell

### Home Help

Lin Sonner still available for part time work, home help of various kinds.  
[linsonner@gmail.com](mailto:linsonner@gmail.com)  
 -- Submitted by Lin Sonner

### Acupuncture and Chinese Medicine

Angel Acupuncture 607 Briarwood Drive, Suite 4 behind Sheriar Books. Walkins possible, but appointments are recommended. Call 843.655.4629 or email [angelaleechechen@gmail.com](mailto:angelaleechechen@gmail.com). Ask for the Baba lover discount! For more info, visit [Angelacupuncture.com](http://Angelacupuncture.com).  
 -- Submitted by Dr Angela Lee Chen

### Piano Lessons

Piano lessons in N. Myrtle beach. 30 years experience, all levels, reasonable

## Zoom Events

Happy Thanksgiving!

Our virtual meetings continue to grow, bringing together people from all over the world - every day. The calendar is the most up-to-date and complete record of all events and any last-minute changes. **Everyone from anywhere is welcome to attend meetings – and to create them – because YOU are the friends that comprise the Circle!**

On the calendar, Circle Zoom meetings are preceded by the letter "Z" in the title, and they all use the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z\* (if you would like your event listed on our calendar, just let us know!)

**\*\*\*\*PLEASE READ: Now each event will no longer hold its own login info, since all Z meetings have the same login.** Instead, an event on the calendar 6am EST, named "Meeting Info" will hold the login info for the following 24-hours of Z meetings. **Please NEVER share meeting password on Facebook or other social media.\*\*\*\***

**Online Calendar:** <https://www.ambcircleoffriends.com/calendar-list-view.html>

You can add the Circle calendar to your desktop for instant updates, and in your own time zone (click "save calendar" when prompted):  
<https://calendar.google.com/calendar/u/3?cid=YW11Y2lyY2xiZnJpZW5kc0BnbWFpbC5jb20>

**- CoF Annual General Meeting, Dec 12 on Zoom, a portion also in person at the Circle Center**

Virtual elections of four Board members whose term is due, a live concert at the Circle Center with **Larry Green and Jeff Wolverton**, followed by a Zoom keynote address by **Peter Nordeen!** More details soon!

**- Arti (prayers and live sharing from the heart)**

\*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Every day, twice a day at **9am/pm EST (6am/pm PST, 7.30am/pm IST)**. Everyone is warmly welcome. A recording of last Saturday's arti here: [https://youtu.be/gU9\\_baEWKbw](https://youtu.be/gU9_baEWKbw)

**--This week featured events:**

\*Every Friday 10.15am EST, a weekly talk and music from the Pune Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience. More details on the calendar.

\*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle always does at 9am EST, followed immediately at 10am EST by a guest speaker. This weekend, **Meher Akshay Bundellu** will speak. Last weekend, Dara and Amrit Irani: <https://youtu.be/p815uizDvOg>

\*Thursday Dec 3, noon EST: Celebrating **Kitty Davy**: Cathy Riley to start us off with a short presentation, followed by a potluck sharing meeting.

\*Friday Dec 4, noon EST: Celebrating **Josephine Esther Ross**: her daughter, Anne Ross, to start us off, followed by a potluck sharing meeting. Please bring her poetry or a story to share!

\*Saturday Dec 5, 11.15am EST: We will show the documentary that Bob Fredericks made about the Dec 2, 1962 **auto accident** in Udtara near Satara.

\*Sunday Dec 6: Celebrating **Elizabeth Patterson**: Charles Haynes to start us off, followed by a potluck sharing meeting.

**--Concerts:**

\*This Saturday, Nov 28, 3.30pm EST: the in-person concert at the Circle Center will also be Zoomcast: **Jeff and Nan**, Cliff Hackford on percussion; Al Grasso and Fereshteh Azad to open

\***Nikki Acharya** House Concert Sunday Nov 29, 10.15am EST

\*A weekly Bhajan series, LIVE from India! Every week, a different musical family or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 10.15am EST. Organized by Prashant Dadar in Meherabad, MS, India. Last week's concert was

fee. Call Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

performed by the super loveable family of Meher Kale:

<https://youtu.be/Ct3Fr7Hk7Jl>

\*Tricia Alexander Dec 3

\*Buz Connor Dec 20

\*Jim Meyer Dec 27

#### --Notable Upcoming Special Events

\*Dec 13 a discussion of the prayer, "**You Alone Exist**"

\*Dec 19 A celebration of **Adele Wolkin**

\*Dec 19 The Best Christmas Pageant Ever: a reading

\*Upcoming EastWest Satsang (Saturday morning) guests:

Dec 5 Your Baba Stories

Dec 12 Nana Kher family

Dec 19 Roshani Shenazz

Dec 26 Mehernath Kalchuri

#### --Discussion groups

\***NEW Difficult Conversations: How to Discuss What Matters Most**, hosted by Greg Dunn in NC. We are living in a challenging time. In the world generally, and the U.S. in particular, viewpoints are starkly divided, even among Baba-lovers. People of diverse viewpoints are actively sought for this group! Mondays 4pm EST.

\*Tween Sahavas (ages 8-15) every Sunday 4-5pm EST, organized by Shilpa Kalavapudi of NJ. Here is the latest recording:

<https://youtu.be/R83-UpdKnJA>

\*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EST (after 7pm there is usually about an hour of free chat). Feel free to drop in without having attended previous sessions. Last week's discussion: <https://youtu.be/00wPlzBa92o>

\*Informal chats with Jeff Wolverton: these are fairly impromptu, now Sunday and Tuesday nights, after evening arti, starting about 10pm EST. Past recordings of Jeff's informal chats: <https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGO1jlaBiWrlUC8lOU>

\*Baba through Norina, led by Scott Makeig in Asheville NC, Mondays 7-8.45pm EST. Details about this week's reading is in the calendar.

\*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EST. Currently, he is leading a reading of [The Everything and the Nothing](#).

#### --Reading Groups (primarily focused on reading the book out loud together)

\*[Silent Word](#) by Francis Brabazon meets on Mondays at noon EST, hosted by Marvin Winick in NJ.

\*[Discourses](#) Reading Group Fridays at 2pm EST, hosted by Michele Corley in Myrtle Beach.

\*[Listen, Humanity](#), Saturdays 7.30pm EST. Hosted by Cassandra Bramucci in CA.

\*[God Speaks](#) reading group Mondays 10.15am EST hosted by Eugene Nowacki in NY.

\*[Beams](#), Wednesdays 2-3pm EST hosted by Cassandra Bramucci in CA.

\*[Mehera-Meher](#) meets on Thursdays at 2-3pm EST, hosted by Tina Holmes in NY.

#### --Poetry and Art

\***NEW Learn Baba's Artis**: we will learn melody, meaning and correct pronunciation of Baba's artis in their original language. Tuesdays 10.15am starting Dec 1. Taught by Meher Tej in Hyderabad.

\*An Artist's View: a series of conversations with visual artists! Generally, the first Tuesday of the month, 7pm EST, we will have a conversation with an artist about their work and process. Hosted by Mary Ellen Lynch in Myrtle Beach. A recording of the last one, with Max Reif: [https://youtu.be/Ajk\\_wGTndXs](https://youtu.be/Ajk_wGTndXs)

\*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different theme each week, every Wednesday 7pm EST. Last week's poetry on Native American poetry:

<https://youtu.be/AbMbxWuKW3I>

\*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EST.

\*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EST. See calendar for more details. A recording of last week's session:

<https://youtu.be/kzFpzdMAfKw>

#### --Health, Wellness, Meditation:

\*Meditations on the Seven Realities by Meher Baba. Each week we will discuss one Reality. Hosted by Roshani Shenazz in Mumbai, India. Seven Sundays, 7.30am EST. A recording of the first session:

<https://youtu.be/S8ryg6eUCmM>

\*Radiant Health: a 44-minute immersion into the energies that can create radiant health on every level of our beings. 5-part workshop led by Cindy Gough James in PA. Tuesdays 7.30pm EST, check calendar for exact dates. A recording of the last session: <https://youtu.be/8mymG8L3d4Q>

\*Don't Worry, Be Happy, I Will Help You. Learn simple heart-focused, somatic and energetic techniques and practices that reduce worry/stress and reorient us to our heart's wisdom. Taught by Mary Barrett in MA. Every other Wednesday, 4-5pm EST. A recording of a recent session:

<https://youtu.be/2sjKb3aBhxA>

\*Naam Jap, now every other Saturday 2-3pm EST led by Marilyn Seides in Myrtle Beach, SC.

\*Sharing meeting every other Saturday 3pm EST, hosted by Betty Lowman in OR.

\*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EST.

\*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7pm EST.

\*Guided Sufi heart meditation, with a laser focus on Meher Baba, led by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EST.

\*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EST, by teleconference. Details on the calendar.

#### --Fun

\***NEW Vinyl Hour with Marvin Winick!** He's pulling out all the most wonderful memories and weaving them into an hour of pleasure every Wednesday at noon EST!

\*A Cooking Exchange! Surekha Dadar in Meherabad cooks for us, live on Zoom! Her enthusiasm is thoroughly charming! Every Wednesday at 11am EST. Most recent recording: <https://youtu.be/fBSin1ACE8o>

\*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-5.30pm EST, details in the calendar. All instruments welcome!

#### --New notable videos:

\*Last weekend, **Farshid Namirani** spoke to us about Esphandiar Vessali <https://youtu.be/hpgL7f2gunM>

\***Raine Eastman-Gannett** gave a Zoom concert last week: <https://youtu.be/NEA5XSv4Quc>

\***Meher Jammers** returned for a second episode of Radio Meherabad, Saturday Night Live! <https://youtu.be/xA4QZKvCRy>

\***Tim McAllister and Joe Stewart** had a wonderful joint House Concert last week: [https://youtu.be/l6\\_fwJe67vE](https://youtu.be/l6_fwJe67vE)

Join us online at the virtual Circle Center - we can be together in this pandemic, holding onto Baba's damaan with both hands. The Circle's schedule is busier than ever, with hosts from everywhere, and meetings that run the gamut.

Everyone from absolutely anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a phone. Check the

calendar frequently, as we add/edit events daily: <https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

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## Fundraiser

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Christmas gift ideas: this fundraiser benefits the Circle of Friends!  
<https://www.customink.com/fundraising/meherbaba>  
Five different choices of long sleeves, hoodies, tshirts, vneck and a tote...  
within each choice, scroll through for colors and sizes available! Items can  
be conveniently shipped directly to you and to all your recipients in time  
for a cheery holiday season!



-- Submitted by Angela Lee Chen

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## STAY INFORMED

12/11/2020

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You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at [www.facebook.com/circlecenterMB](http://www.facebook.com/circlecenterMB). Our events are very rarely on Mail pages.

**For More About the Circle News [Go Here](#)**

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Upcoming events: [Calendar](#)  
Recorded events: [Circle YouTube Channel](#)  
E-newsletter: [Circle News](#)  
Facebook join [FB Group](#) and like [FB Page](#)