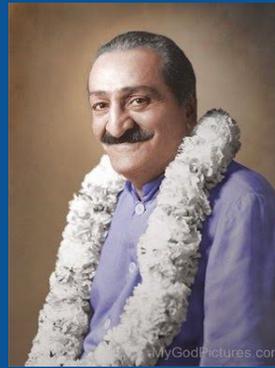


The Circle News

Avatar Meher Baba's Circle of Friends

[Website](#) [Calendar](#)
[Calendar SmartPhone View](#)



December 31

DONATE

Volume 316

- Our website: ambcircleoffriends.com
- Send your Circle News events (left side column items) directly to Chris Ott at christopherjonathanott@gmail.com.
- Guidelines for using Circle Zoom for your own event:
<https://docs.google.com/document/d/1f4WCpiHftqMCnPPGoi7O3KyopDA2wkmWaHQQPsfFeVnY/edit?usp=sharing>
- You can add our Circle calendar right on your desktop (and it will translate into your own time zone):
<https://calendar.google.com/calendar/u/3?cid=YW1iY2lyY2xlZnJpZW5kc0BnbWVpC5jb20>
- Our **recorded** Zoom meetings are on Youtube: <https://www.youtube.com/c/avatarmeherbabascircleoffriends>.
- You are welcome to join our **Community Directory**: please email ambcirclefriends@gmail.com with your name, anyone else in your household, phone, email, and address.
- We are also very active on **Facebook**: <https://www.facebook.com/groups/ambcirclefriends> as well as on **WhatsApp**:
<https://chat.whatsapp.com/CigRhRQZdnH1GLurVeHPvY>
- **Disclaimer: Items shared in this newsletter are consonant with The Circle Center's mission to communicate information of interest to the Community. In no way shall they constitute endorsement of any kind, nor do they necessarily represent the views of the Board of the Circle of Friends. Readers and listeners should use their own best judgment in evaluating all content.**

COMMUNITY NOTICES

New John Dennison Poetry

CIRCLE OF FRIENDS NEWS

Links to Circle-sponsored online Zoom events can be found in the [Circle Calendar](#).

President's Message



<https://www.youtube.com/watch?v=m-FnP-EZD3zk&t=15s>

-- Submitted by Chris Ott

Vegetarian Indian Meals (mostly organic)

Thursdays, January 7th & 19th,
delivered between 5 & 6 PM.

Taking orders for January 7th meal:

Saag Paneer, Masala rice, garlic naan, raita,
chutney. \$13

Please order by Noon, Tuesday, Jan, 5th.

text, phone: 843-902-5230

e-mail: seclusionhill1@gmail.com

give: name, address, phone, & no. of meals.

-- Submitted by Donna Stewart

Painting & Giclee For Sale

Selling this Laurie Blum "conference of the
birds" giclee I believe. \$200.



Call Radhabai. 860 368 8327.

-- Submitted by Betsy Tomasso

Happy New Year and a huge Jai Meher Baba from Myrtle Beach, Meher Baba's Home in the West!

A reminder, if you haven't seen this video yet, it explains how to access all the resources of the CoF in 7.5 minutes:

<https://youtu.be/m9M13zj9NI>

Tonight, in a separate email, you will be getting a personalized New Year Baba Quote!

Jeff Wolverton started a tradition at the Meher Spiritual Center of handing out folded slips of paper with a Baba quote - at the stroke of midnight on New Year's Eve - representing your quote for the year ahead. The Circle of Friends has been tasked with taking this tradition into the virtual world!

There are over 653 quotes on Jeff's list and our mailing list is about 930 strong, so chances are excellent that you will be getting your own unique Baba quote.

Please join Jeff Wolverton tomorrow, Jan 1, noon EST, in a live Zoom meeting to share our quotes and chat with him.

Happy 2021! May we manifest Baba's wish and will ever more in the year to come!

- Submitted by Angela Lee Chen, Circle of Friends President

Zoom Events

Everyone from anywhere is welcome to attend Circle Zoom – and to create meetings – because YOU are the friends that comprise the Circle! On the calendar, Circle Zoom meetings are preceded by the letter "Z" in the title, and they all use the same meeting ID and password. Zoom meetings by other organizations are indicated by a Z* (if you would like your event listed on our calendar, just let us know!)

All meetings marked Z have the same login. On the calendar, look for the "event" called Meeting Info at 6am EST, click on it, *scroll down* to the blue type "click here." That is the login link, and the line below that gives the meeting passcode. **Please NEVER share meeting password on Facebook or other social**

Massage Chair For Sale

New Homedics Zero Gravity massage chair for sale. Tony Little design, very comfortable. Call or text Radhabai at 860 368 8327.

-- Submitted by Betsy Tomasso

Clothes by Mimi Hay

New Biz "Panache"

Redesigned Originals

At Consignment prices

Pre - Holiday Gift Event

Also featuring local designer Sonja Alvarado, jewelry, handbags and more.

New "Beau-Ties" guys & gals

Steampunk jackets

Outdoors on the Deck

Mimi Hay *271 Cherry Lane

Briarcliffe Acres, Myrtle Beach

Saturday, Dec. 5th, 10-4pm

Or by Appt. 843-283-3634



-- Submitted by Mimi Hay

Dodge Caravan For Sale

2010 Dodge G. Caravan, 3.3L 6 cyl., 7 seater,

media.

Online Calendar: <https://www.ambcircleoffriends.com/calendar-list-view.html>

You can add the Circle calendar to your desktop for instant updates, and in your own time zone (click "save calendar" when prompted):

<https://calendar.google.com/calendar/u/3?cid=YW1iY2lyY2xlZnJpZW5kc0BnbWVpbC5jb20>

- Arti (prayers and live sharing from the heart)

*We host prayers recited to a recording of the Samadhi prayers, followed by sharing from attendees: music, poetry, short readings... all love and creativity for Baba is celebrated! Every day, twice a day at **9am/pm EST (6am/pm PST, 7.30am/pm IST)**. Everyone is warmly welcome. A recording of last Saturday's arti here: <https://youtu.be/7Faz189w62w>

--This week featured events:

*Dec 31, 3pm EST, the third of a series of three sessions to watch the documentary, "**HUMAN**" and discuss. Hosted by Cassandra Bramucci in CA. View the trailer: <https://youtu.be/0-Retnj3TsA>

*Jan 1, noon EST, join Jeff Wolverton to **read your New Year quote** and share about them!

*Jan 2, noon EST, Celebrating **Laura Delavigne** (a potluck sharing meeting) hosted by Karen Talbot and Ruth Appel.

*Jan 5 **Women's Tea with Mehera**, hosted by Priya Gangwani in Goa, India. Join us to evoke the feeling of having tea with Baba's Beloved.

*Every Friday 10.15am EST, a weekly talk and music from the Pune Bhajan Mandali! Digambar Gadekar and Pratap Ahir will alternate weeks, telling stories and taking questions from the audience. More details on the calendar.

*Every Saturday, an EastWest Satsang (gathering): a collaborative effort with the Constant Companion group in Mumbai, India. We will share arti as the Circle always does at 9am EST, followed immediately at 10am EST by a guest speaker. This Saturday, YOU are the special guest! Come share your Baba stories! Last Saturday **Mehernath Kalchuri** delivered a special 2-hour talk: <https://youtu.be/Up1Db1RrnwU>

--Concerts:

*A weekly Bhajan series, LIVE from India! Every week, a different musical family

they fold flat into floor, all new brakes 1 month old, new firestone tires 1 week old!, 73,000 mi. \$9,000 Great vehicle! (It just won't pull camper!)

Call Don McBride - 843-333-7770



-- Submitted by Don McBride

HOUSING - RENT/OWN

Lodging Outside Washington DC in Exchange for Assistance

Elderly and independent lady and longtime Baba lover is offering free permanent lodging outside of Washington DC, in exchange for light duties and personal assistance. There will be plenty of free time to pursue their own interest! If interested please contact: urreichstein@comcast.net.

-- Submitted by Roxy Naraghi

Room Available

Furnished room in condo with own bathroom. Shared common kitchen, living/dining, shared study with two desks. Washer/dryer use, cable internet accessible, heat and electric all included. Centrally located right off of Route 17 between Bare Foot Landing and Myrtle Beach Mall, in Myrtle Beach SC. Ground floor condo with porch, right on Intercoastal Waterway, with front and back door entrances. Best idyllic view in the entire complex. Plenty of parking, unit next to association pool and close to major shopping. I am a calm,

or guest will perform Baba bhajans for us (details of this week's guest will be on the calendar). Thursdays 10.15am EST. Organized by Prashant Dadar in Meherabad, MS, India. Last week we enjoyed Gayathri and her daughters, from DC: https://youtu.be/X2WxFU6A_v0

***Gayathri** and Anitha & Harshitha from Washington DC will perform bhajans for us! Jan 3, 11am EST

*Jan 17: A **joint concert** by Joe Stewart, Tim McAllister, Ruth Appel, Abhishek Shaw, 11am EST.

--Notable Upcoming Special Events this month

*Jan 10 Celebrating **Mansari Desai**

*Jan 16, Tina Holmes in "**Typhoid Mary:**" a solo play (video and discussion with Tina, the playwright).

*Jan 23: A celebration of **Sunas Ram Ginde**, son of Dr Ginde

*Jan 24: Celebrating **Francis Brabazon's Birthday**

*Jan 30 and 31: we will watch sections of the virtual Amartithi celebrations hosted by the Trust.

*Feb 7 Internment Day: A panel of speakers (Noasherwan Nalavala, Irwin Luck, Peter Nordeen, Jimmy Khan) to discuss the day Baba was interred.

*Upcoming EastWest Satsang (Saturday morning) guests:

- Jan 9 Gulnar and Freny Irani, followed by potluck sharing about their parents, **Sarosh and Viloo Irani**

- Jan 16 Paul Williams?

- Jan 23 Joe DiSabatino

- Feb 6 and 7 Conversation about the prayer, You Alone Exist

--Discussion groups

*Difficult Conversations: How to Discuss What Matters Most, hosted by Greg Dunn in NC. We are living in a challenging time. In the world generally, and the U.S. in particular, viewpoints are starkly divided, even among Baba-lovers. People of diverse viewpoints are actively sought for this group! Mondays 4pm EST.

*Tween Sahavas (ages 8-15) every Sunday 4-5pm EST, organized by Shilpa Kalavapudi of NJ. Here is the latest recording, with guest Meherveena in

friendly male with healthy lifestyle. I am retired but assuredly not needing companionship in this arrangement. I keep busy with projects, friends and exercise. The main thing I am looking for in a male roommate is honesty, respect and kindness. Also someone who is quite amenable to Covid Protocol. Asking \$657 with one month security deposit.

-- Submitted by Edward Henkel



Mumbai India: <https://youtu.be/8XvaT7RwFtU>

*Check out weekly Effort and Grace with Jeff Wolverton in North Myrtle Beach, SC, live on Zoom Sundays 5-7pm EST (after 7pm there is usually about an hour of free chat). Feel free to drop in without having attended previous sessions. Last week's discussion: <https://youtu.be/EH8dgYpfDsg>

*Informal chats with Jeff Wolverton: these are now Sunday and Tuesday nights, after evening arti, starting about 10pm EST. Past recordings of Jeff's informal chats: <https://www.youtube.com/playlist?list=PLhOXa4xSVdtxU3zhGO1jlaBiWrlUC8IU>

*Baba through Norina, led by Scott Makeig in Asheville NC, Mondays 7-8.45pm EST. Details about this week's reading is in the calendar.

*Rich Blum in Myrtle Beach, SC continues his discussion group every other Tuesday at 4-5pm EST. Currently, he is leading a reading of The Everything and the Nothing.

--**Reading Groups** (primarily focused on reading the book out loud together)

*Silent Word by Francis Brabazon meets on Mondays at noon EST, hosted by Marvin Winick in NJ.

*Discourses Reading Group Fridays at 2pm EST, hosted by Michele Corley in Myrtle Beach.

*Listen, Humanity, Saturdays 7.30pm EST. Hosted by Cassandra Bramucci in CA.

*God Speaks reading group Mondays 10.15am EST hosted by Eugene Nowacki in NY.

*The Nothing and the Everything, Wednesdays 2-3pm EST hosted by Cassandra Bramucci in CA.

*Mehera-Meher meets on Thursdays at 2-3pm EST, hosted by Tina Holmes in NY.

--**Poetry and Art**

*Learn Baba's Artis: we will learn melody, meaning and correct pronunciation of Baba's artis in their original languages. Tuesdays 10.30am EST. Led by Gopi Meher in Hyderabad. A recording of the second lesson, Hindi arti (Adi Sachetana): <https://youtu.be/GztBuTVRfr0>

*An Artist's View: a series of conversations with visual artists! Generally, the first Tuesday of the month, 7pm EST, we will have a conversation with an artist



Condo For Sale in Myrtle Beach

If you are looking to move to Myrtle Beach, directly across from Meher Center in Briarcliffe West, my next door neighbor is selling her condo. It is two bedrooms, two baths with a common shower, and everything but everything in it is new: appliances, windows, balcony doors, sinks, fixtures, cabinets, countertops, etc, you name it. I have seen many apartments here in this development, and none is as well appointed as this one. Her asking price is very reasonable, and keeping in line with the going prices for apartments here this size, but with far more to offer than just the four walls, etc. Unless you want to change the paint colors(the paint job is recent also), this place is move-in ready, and beautiful. If you are interested, contact me here via message and I will give you the contact information of the lady who is selling.

Please don't call after 7PM EST.

Eric Teperman

landline 843-273-4418

cell phone 917 494-9972

-- Submitted by Eric Teperman

about their work and process. Hosted by Mary Ellen Lynch in Myrtle Beach. **Jan 5: Marla Faith**

*Poetry Series: Tracey Schmidt in Asheville, NC organizes weekly poetry nights, featuring a different theme each week, every Wednesday 7pm EST. Most recent session: <https://youtu.be/BunDkMBAUyM>

*Drawing the Beloved: an opportunity to be guided by artist/art teacher Marla Faith, in capturing His essence in pencil, and improving your looking skills as you accurately draw what you see! Tuesdays 2:30-4pm EST.

*Art Appreciation classes with Joe DiSabatino in SC, who has taught this course for OLLI, takes place every alternate Monday, 2-4pm EST. See calendar for more details. A recent session: https://youtu.be/Wta_wLOsTP0

--Health, Wellness, Meditation:

*Dhuns and chants. Hosted by Roshani Shenazz in Mumbai, India. Three Sundays 7.30am EST. A recording of a recent session: <https://youtu.be/ilBBajBgVdc>

*Radiant Health: a 5-part workshop, 44-minutes each, Exploring the Healing Power of the Australian Arti. Led by Cindy Gough James in PA. Tuesdays 7.30pm EST, check calendar for exact dates. A recording of part 2: <https://youtu.be/XID1Lwhff-c>

*Naam Jap, now every other Saturday 2-3pm EST led by Marilyn Seides in Myrtle Beach, SC.

*Sharing Meeting every other Saturday 3pm EST, hosted by Betty Lowman in OR.

*Light Meditation with Jackie Boyce in SC on Sundays, 2-3pm EST.

*Feelings Check-in, hosted by Thia Griffin-Elliott in Boston, MA. Fridays 7pm EST.

*Guided Sufi heart meditation, with a laser focus on Meher Baba, let by Joe DiSabatino in Myrtle Beach SC, alternating Thursdays 7-8pm EST.

*A weekly ACA meeting with Denny Moore in Myrtle Beach, SC on Saturdays 930-1030am EST, by teleconference. Details on the calendar.

--Fun

*Vinyl Hour with Marvin Winick! He's pulling out all the most wonderful memories and weaving them into an hour of pleasure every Wednesday at

SERVICES

Home Help

Lin Sonner available for part time work, home help of various kinds.

linsonner@gmail.com

-- Submitted by Lin Sonner

Online Music Lessons

Piano and guitar. Keight has given music lessons for over 20 years. (Reduced rate for Babas.) Covid safety wearing masks, well ventilated room with air purifier. For more info and testimonies visit

www.voicethemusic.com - or call Keight @ 843-503-8772.

-- Submitted by Keight Brown

Local Delivery Solutions

Keight Brown is available for curbside pickup- groceries or picking up take out meals to go, or just running errands for you and other odd jobs. Socially safe service without contact. Stay home - stay safe.

843-503-8772. NMB and MB.

-- Submitted by Keight Brown

Bach Flower Remedies

Heidi Becker-Share, MSW, ACSW, LSW, QCSW, BFRP(certified)

40+ years experience. Bach Flower

Treatment naturally /gently removes negative emotions and thoughts

which interfere with living a balanced,

happy life. Confidential, Baba focused phone

consultations to restore emotional

well-being, mind-body health, and spiritual

fitness in all life arenas.

noon EST!

*A Cooking Exchange! Surekha Dadar in Meherabad cooks for us, live on Zoom! Her enthusiasm is thoroughly charming! Every Wednesday at 11am EST. Most recent recording: <https://youtu.be/udsY0Ygtuww>

*A Zoomulele Uke Jam led by Frank Eaton, III, in Myrtle Beach, SC meets every other Friday 4-5.30pm EST, details in the calendar. All instruments welcome!

--New notable videos:

*Dec 29 Celebrating **Robbie Basho**. We showed the documentary "Robbie Basho: Voice of the Eagle" and here is the potluck sharing about Robbie: <https://youtu.be/iFLi9jS9HTQ>

***Christmas Jam** Dec 25 – a lot of holiday fun: <https://youtu.be/6Bv0dxU18GA>

***Abhishek Shah** concert last weekend: <https://youtu.be/xip8KcuBAvc>

***Jim Meyer** concert from last weekend: <https://youtu.be/E8-ioxWVqEI>

Everyone from absolutely anywhere is welcome to attend. If you do not have access to a computer, you can even call in with a landline. Check the calendar frequently, as we add/edit events daily:

<https://www.ambcircleoffriends.com/calendar-list-view.html>

PS we have a list of tech savvy people who are happy to help you get online. Reply to this and we will get you tech help.

Fundraiser

Christmas gift ideas: this fundraiser benefits the Circle of Friends!
<https://www.customink.com/fundraising/meherbaba>

Five different choices of long sleeves, hoodies, tshirts, vneck and a tote... within each choice, scroll through for colors and sizes available! Items can be conveniently shipped directly to you and to all your recipients in time for a cheery holiday season!

~ Submitted by Angela Lee Chen

Call: 856-287-5400.

-- Submitted by Heidi Becker-Share

Birth Charts



(no predictions)

"It is a scientifically acknowledged fact that the stellar regions, planets and stars do exert an influence on the life and activity of this planet, the Earth." – Meher Baba, before February 1939, Meher Baba Journal, 1:4, p.76-77

If you'd like to see my notes for a birth chart, go [here](#).

ekaterinaflynn@gmail.com

-- Submitted by K. E. Flynn

Dr. Brad Mandell, Chiropractor

Now accepting new patients. Over 40 years experience helping sick people get well.

Non-force full spine and extremity treatment. Organ, nutrition and energy analysis. Laser and ultrasound therapy.

Chronic and difficult conditions. Call 843-957-0943

-- Submitted by Brad Mendell

Home Help

Lin Sonner still available for part time work, home help of various kinds.

linsonner@gmail.com

-- Submitted by Lin Sonner

Acupuncture and Chinese Medicine

STAY INFORMED

You can learn what's going on at THE CIRCLE CENTER here on The Circle News, and at our [Calendar](#). Our events are often also featured on our Facebook page at www.facebook.com/circlecenterMB. Our events are very rarely on Mall pages.

Angel Acupuncture 607 Briarwood Drive,
Suite 4 behind Sheriar Books. Walkins
possible, but appointments are
recommended. Call 843.655.4629 or email
angelaleecheen@gmail.com. Ask for the Baba
lover discount! For more info, visit
Angelacupuncture.com.

-- Submitted by Dr Angela Lee Chen

Piano Lessons

Piano lessons in N. Myrtle beach. 30 years
experience, all levels, reasonable fee. Call
Radhabai 843-281-0814

-- Submitted by Betsy Tomasso

For More About the Circle News [Go Here](#)